

Assisted Living Facility Information



What are personal care services?

Personal care services are:

- Help with feeding, dressing, moving, bathing and other personal needs.
- General supervision or oversight of the physical and mental well-being of a person who needs help to:
 - » Keep a private and independent residence in the facility.
 - » Manage his or her personal life, even if the person has a guardian.

What is an assisted living facility?

An assisted living facility must:

- Provide food and shelter to four or more people who aren't related to the owner of the establishment.
- Provide either or both:
 - » Personal care services.
 - » Administration of medication by a person who's licensed or authorized in Texas.



Complaint and Incident Intake: 800-458-9858

What types of assisted living facilities are there?

A **Type A** facility cares for residents who:

- Do not require routine care during sleeping hours.
- Can leave the facility unassisted in an emergency.
- Can follow directions during an emergency.

A **Type B** facility cares for residents who:

- May require care from staff during sleeping hours.
- Need help transferring to and from a wheelchair.
- Need assistance to get out of the facility or are unable to follow directions during an emergency.

Who are typical assisted living residents?

Assisted living residents may:

- Have symptoms of mental or emotional disorder, but are not considered at risk of imminent harm to self or others.
- Need help with movement.
- Need help with bathing, dressing and grooming.
- Need help with routine skin care, such as putting on lotions or treating minor cuts and burns.
- Need reminders to encourage toilet routine and prevent incontinence.
- Need temporary services by professional personnel.
- Need someone to administer medication or supervise them when taking medication.
- Need help with meals, which may include feeding.
- Need support or supervision to eat because of social or psychological reasons from temporary illness.
- Be hard of hearing or have a speech disability.
- Be incontinent but not have pressure sores.
- Require an established therapeutic diet.
- Require self-help devices.

Resources

Complaint and Incident Intake:
800-458-9858

Find and compare Texas facilities at

apps.hhs.texas.gov/LTCSearch.

**Office of the
Long-Term Care Ombudsman**

Advocates for residents with information and complaints:
800-252-2412

**Texas Office
of the Attorney General**

Medicaid fraud control:
800-252-8011

Information in this pamphlet is consistent with Texas Health and Safety Code, Chapter 247, and Texas Administrative Code (TAC), Title 26, Part 1, Chapter 553.