

The Medically Dependent Children Program (MDCP)

The Medically Dependent Children Program (MDCP), offers enhanced, community-based services for individuals who need the level of care provided in a nursing facility but who would like to remain in the community. These services are provided in addition to other Medicaid benefits, like doctor's visits and personal care services. The following is a partial list of eligibility criteria. (For a complete list of eligibility criteria, see [1 Texas Administrative Code 353.1155](#)) To be eligible, child or young adult must:

- Be under age 21,
- Meet the level of care criteria for medical necessity for nursing facility care as determined by HHSC, and
- Be determined financially eligible for Medicaid. Financial eligibility is based on the child or young adult's income and resources.

What are the services an MDCP enrolled individual has access to?

You will have access to Medicaid services including an array of long term services and supports, unlimited prescriptions, and a named service coordinator. Some of the services you can be assessed for include:

- Personal care services (PCS)- basic attendant care to help you with activities of daily living, like preparing meals, bathing, cleaning,
- Private duty nursing (PDN)- nursing services for people who meet the medical necessity criteria, and who require individualized, continuous, skilled care beyond the care provided through home health,
- Physical, speech and occupational therapies, and
- MDCP services.

MDCP services include:

- Respite- a service that provides temporary relief from caregiving during the times when the primary caregiver would normally provide care. This service can be provided at home or outside of the home.
- Flexible Family Support Services- a service which is individualized to you and supports you so you can participate in age-appropriate activities like child care, independent living and post-secondary education.
- Adaptive aids- devices to treat, rehabilitate, prevent or compensate for conditions resulting in disability or loss of function and enable you to perform activities of daily living or control the environment in which you live.
- Minor home modifications- physical changes to help you move around your home safely, like a wheelchair ramp or modifying your bathroom to make it easier to use.
- Transition assistance- a one-time financial service to help you move out of a nursing home and back to the community. This service can help with payment for deposits or help you set up your home.
- Employment Assistance - helps you locate paid employment in the community.
- Supported Employment - helps you keep competitive employment or self-employment.
- Financial Management Services - services delivered by a financial management services agency (FMSA) through the consumer directed services (CDS) option.

In STAR Kids, a nurse from the health plan you pick will schedule a time that works for you to come and perform an assessment to see if you're eligible for these services.