

Texas Health Steps Caries Risk Assessment Tool

FACTOR	LOW	MODERATE	HIGH
Caries Activity	None	Within 24 months	Within 12 months
Demineralized Areas	No white spots	1 white spot	> 1 white spot
Family History - Mother	No decay	Low caries rate	High caries rate
Family History - Father	No decay	Low caries rate	High caries rate
Family History - Siblings	No caries activity	Low caries rate	High caries rate
Presence of plaque, gingivitis	None	Moderate	Visible plaque on anterior teeth
Fluoride Exposure	Optimal	Low to optimal	Low
Sugar Consumption (Including bottle or sippy cup use)	With meals only	1-2 between meals	> 3 between meals
Dental Home	Established	Irregular use	None
Special Conditions			Enamel hypoplasia Special needs patient Impaired salivary flow