

Medication Audit Checklist

Diphenhydramine (Benadryl®) Hydroxyzine (Vistaril®, Atarax® [DSC])

July 2023

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Indication		
If a medication is prescribed for an off-label indication, documentation in the patient chart is recommended.	Comments	Does this indication require a physician review?
Label: • Anxiety • Insomnia (diphenhydramine) • Parkinsonism and other EPS (diphenhydramine)		
Off Label: • Insomnia (hydroxyzine)		

Contraindications	Comments	Does this contraindication require a physician review?
 Anticholinergic intoxication Delirium Early pregnancy (hydroxyzine) Hypersensitivity to medication prescribed Prolonged QT interval (hydroxyzine, diphenhydramine) or risk factors for QT prolongation (hydroxyzine doses ≥100mg) – such as concomitant QT prolonging medications, electrolyte imbalance, preexisting heart disease, family history of congenital long QT syndrome 		

Patient Monitoring	Comments	Does this require a physician review?
Baseline Tests: • Pregnancy test (females)		
Ongoing Tests: • Pregnancy test (females) as clinically indicated		