



TEXAS
Health and Human
Services

Residential Treatment Center Project

Information for Families,
Children and Adolescents,
and Community Members



What is the Residential Treatment Center Project?

The Residential Treatment Center (RTC) Project is a partnership between the Department of Family and Protective Services (DFPS) and the Health and Human Services Commission (HHSC). The RTC Project provides children and teenagers with intensive mental health care in an RTC setting while the guardian keeps legal responsibility for their child or teenager.



What are the Goals?

The goal of the RTC Project is to provide treatment support for families with a child or teenager who may be placed into DFPS custody because of their mental health care needs. The RTC Project supports families by:

- Connecting families to mental health services available in their community through their local mental health or behavioral health authority (LMHA or LBHA).
- Paying for the cost of an RTC to meet their child or teenager's mental health needs when families do not have the resources to pay for residential placement.

For additional questions or information, email: rtcproject@hhs.texas.gov



Your child or teenager may or may not get RTC services. If your child or teenager is not placed in a residential treatment center through the RTC Project, your LMHA or LBHA will connect you with mental health services in the LMHA/LBHA or in your community to support your family.

Requirements:

- The child or teenager is a resident of Texas.
- The child or teenager is 5–17 years old.
- The child or teenager has a qualifying serious emotional disturbance.
- The child or teenager is eligible to be in an RTC.
- There is no current abuse or neglect in the household.
- The family may be placing their child or teenager into DFPS custody because of the seriousness of their child or teenager’s mental health needs.
- The family will support the mental health needs of their child or teenager throughout the RTC Project treatment process.

Referral and Eligibility Process

To learn more about the RTC Project referral process, visit:
texasrhs.org/residentialtreatmentcenterproject