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IDD-BHS DATA BOOK

**A Reference to Community Mental Health
and Substance Use Services**

Fiscal Year 2020

Office of Decision Support

Purpose



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The purpose of the *IDD-BHS Data Book* is to present, statewide data trends for community mental health and substance use services for policy and practice decision making.

This is not intended as a comprehensive guide, but as a quick reference for HHSC staff in response to frequently-asked, general questions from behavioral health stakeholders. Therefore, data presented here should *not* be taken out of this context.

For further information, contact the Office of Decision Support

Email: IDD-BHSDecisionSupport@hhsc.state.tx.us

Community Mental Health Services



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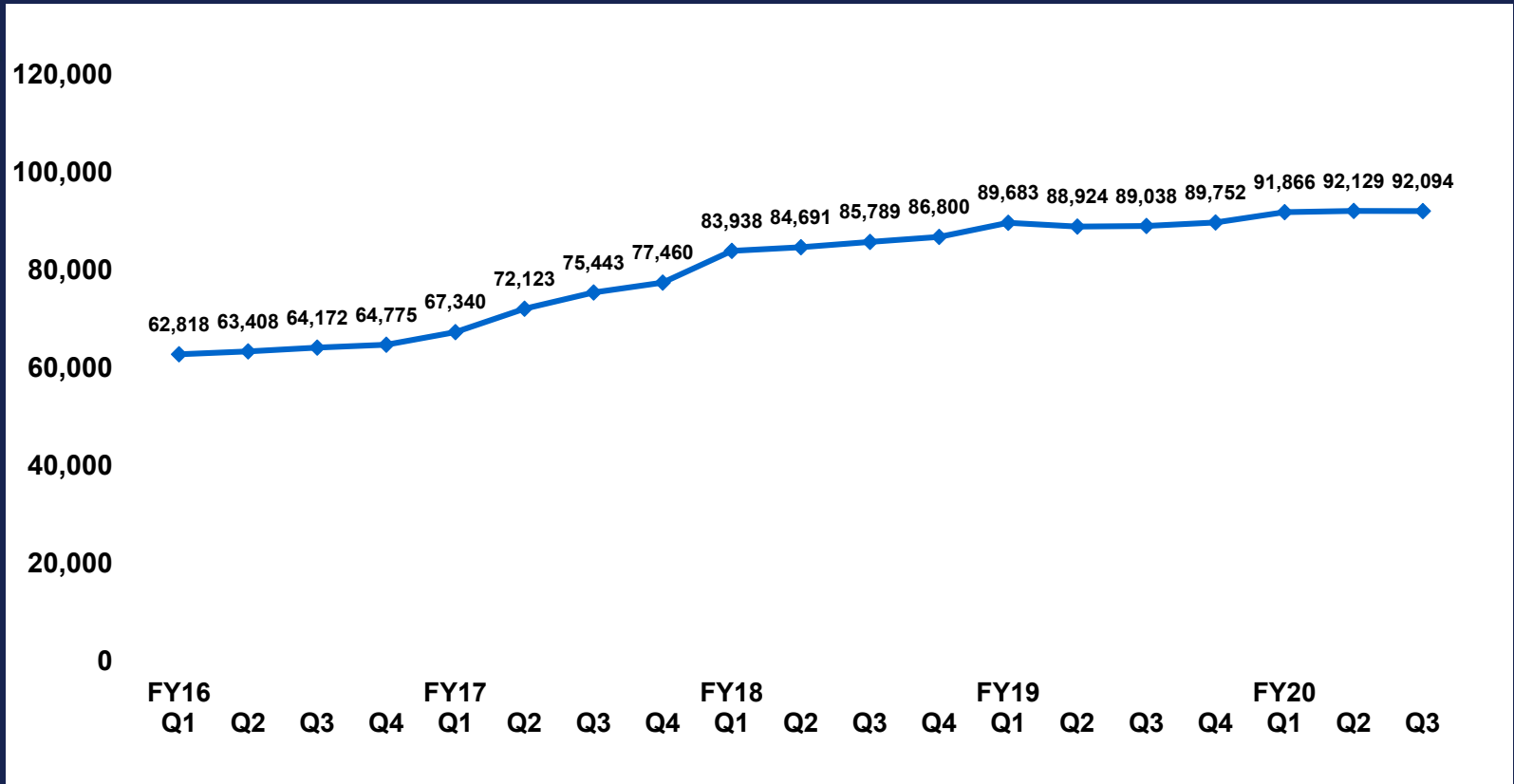
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Figure 1.1. Average Monthly Number of Adults Receiving Community Mental Health Services



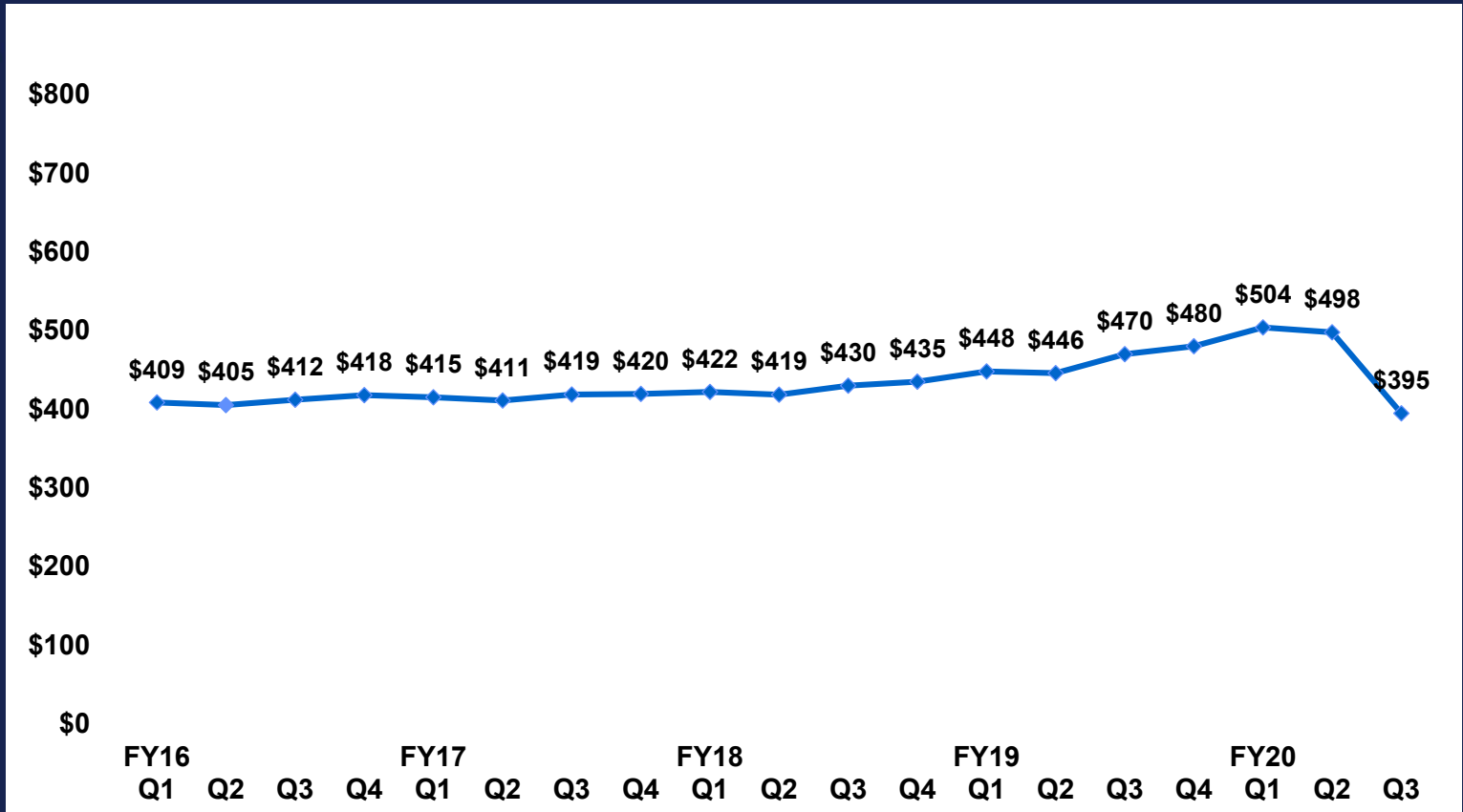
Source: LBB Measure 4.2.1.OP.1. The numerator is the sum of the number of adults receiving community Mental Health services through a full level of care service package as part of Texas Resilience and Recovery each month of the reporting period * state funded percentage. The state funded percentage is the expenditures financed through the HHSC appropriation authority for any adult's community Mental Health services / Total expenditures for any adult's community Mental Health services *100. The denominator is the number of months in the period.



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■ Section 1 ■ Adults

Figure 1.2. Average Monthly Cost per Adult Receiving Community Mental Health Services



Source: LBB Measure 4.2.1.EF.1. The numerator is the total HHSC appropriation authority funds utilized to fund adult mental health community services/the number of months in the reporting period. The denominator is the average monthly number of adults receiving mental health community services that are served with HHSC appropriation authority funds.

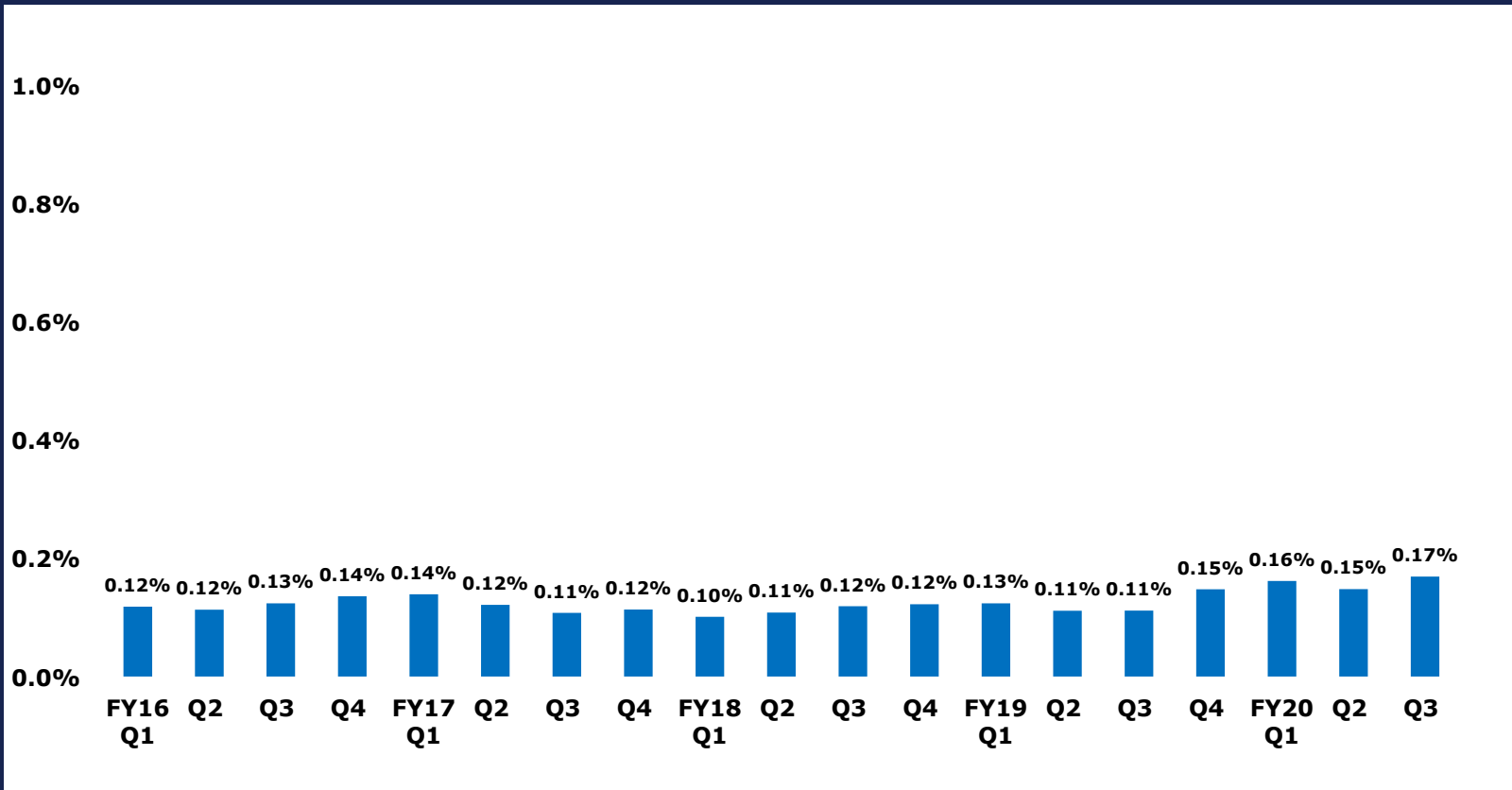


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■ Section 1 ■ Adults

Figure 1.3. Percentage of Adults in Community Mental Health Services with Frequent Admissions in 180 Days to a State or Community Psychiatric Hospital



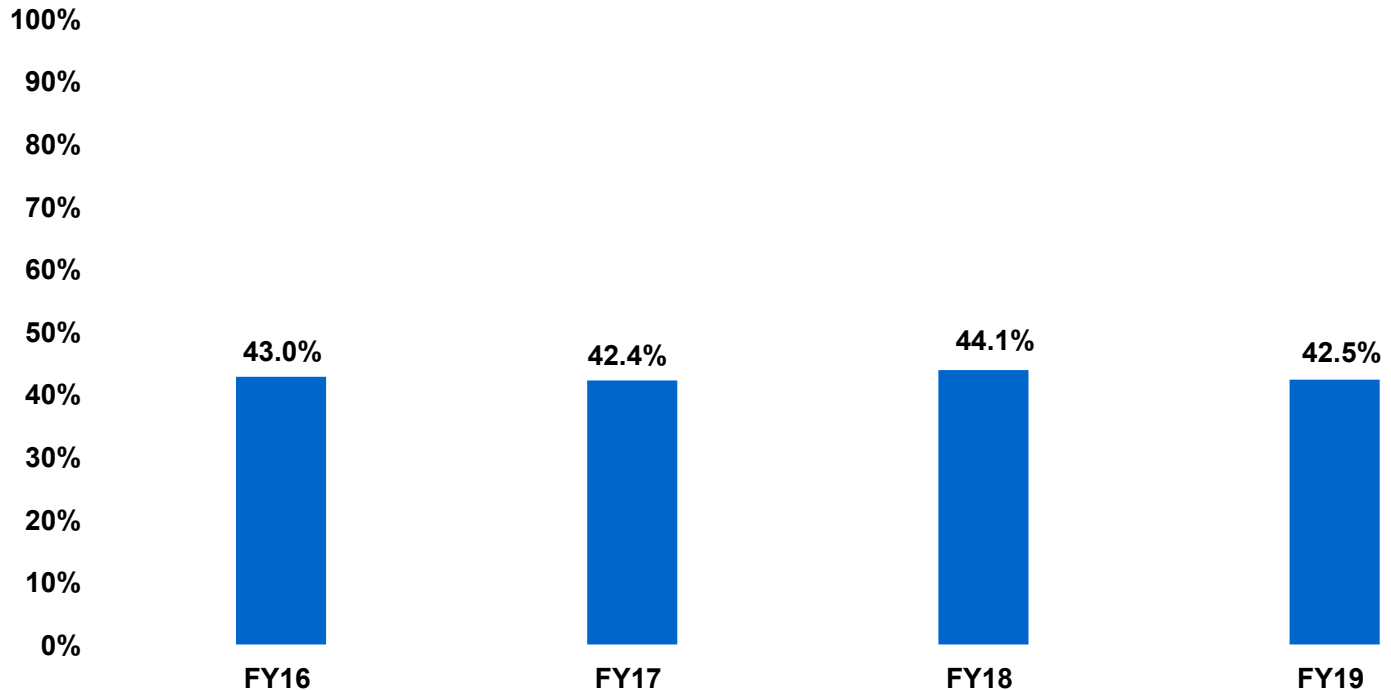
Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW). PM Frequent Admissions. The Numerator is the number admitted to a System Agency Inpatient Bed three or more times in 180 days. The Denominator is the total number of clients authorized in a FLOC..



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■ Section 1 ■ Adults

Figure 1.4. Percentage of Adults in Community Mental Health Services with Reliable Improvement in at Least One Domain



Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM AMH Improvement. The numerator is the number with scores on the last UA meeting or exceeding the RCI in the direction of improvement in at least one of the identified ANSA domains/modules. The denominator is the number adults authorized in a FLOC whose first and last UAs, including ANSA domains/modules, are at least 90 days apart.

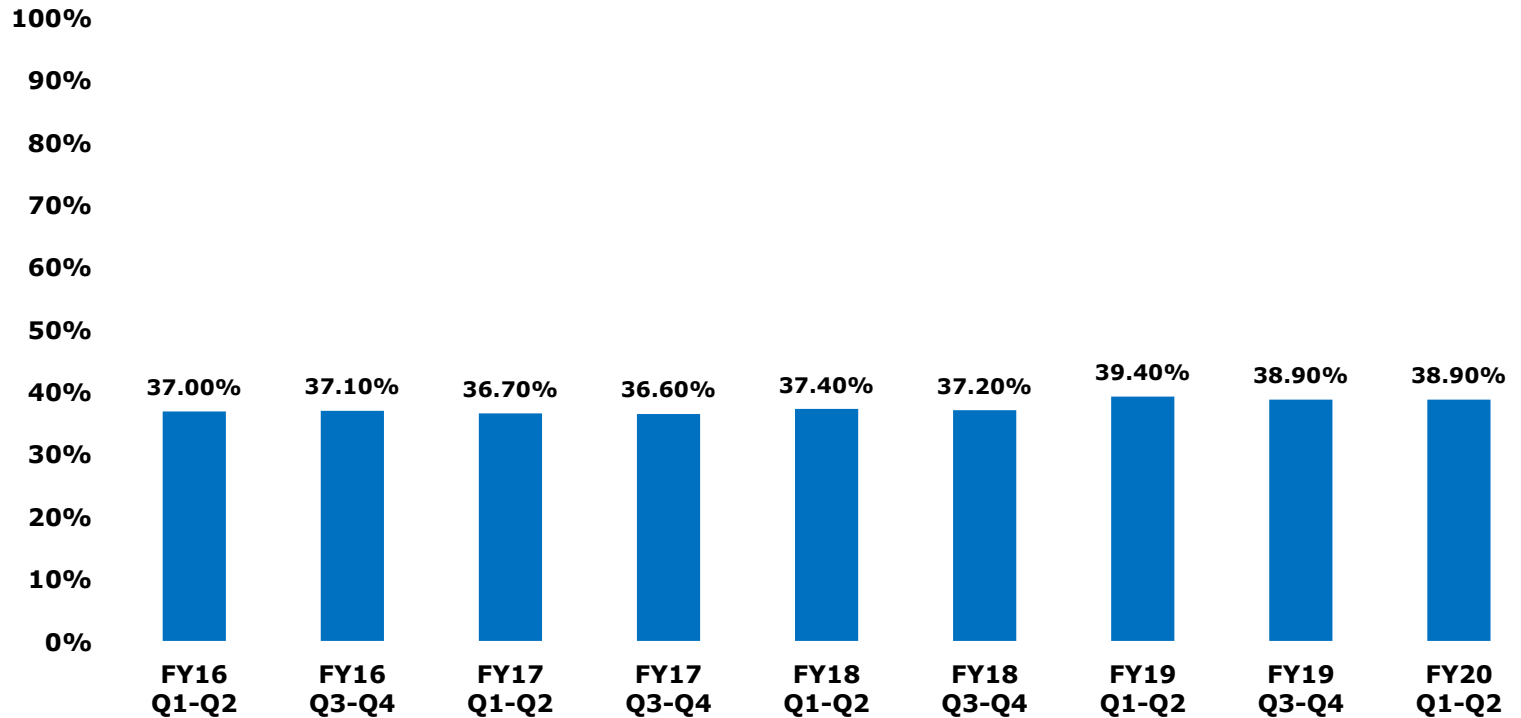


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■ Section 1 ■ Adults

Figure 1.5. Percentage of Adults in Community Mental Health Services with Reliable Improvement in Educational or Volunteering Strengths



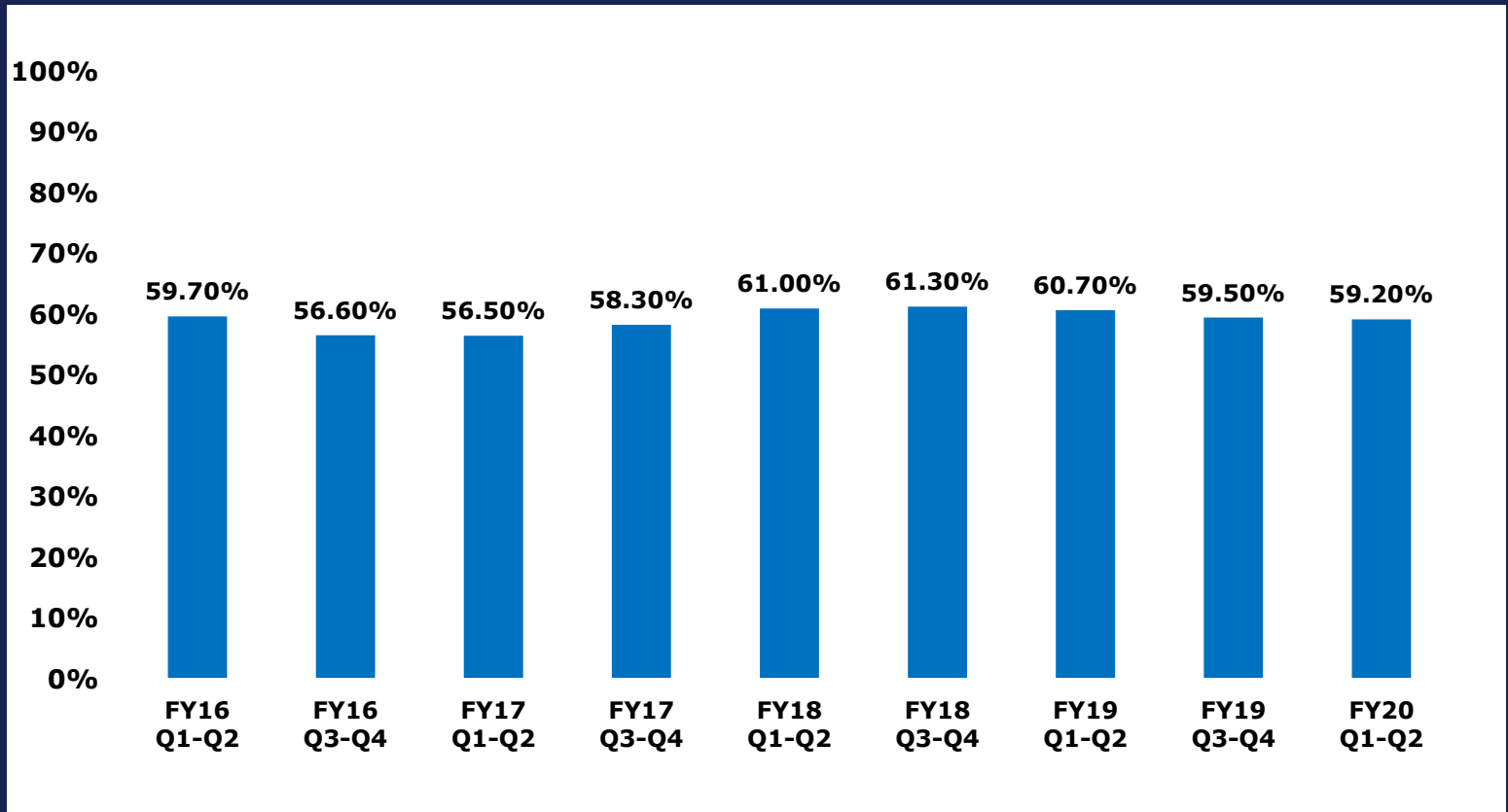
Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW). PM AMH Educational and Volunteering Strengths Improvement 6 Month. The numerator is the number who meet or exceed the RCI benchmark in the direction of improvement for either the ANSA Educational or the Volunteering Strengths item, OR who have ANSA item scores of 0,1 for either the Educational or the Volunteering Strengths item at both first and last UAs. The denominator is the number of adults authorized in a FLOC with first and last UAs occurring at least 90 days apart.



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■ Section 1 ■ Adults

Figure 1.6. Percentage of Adults in Community Mental Health Services with Reliable Improvement in Employment



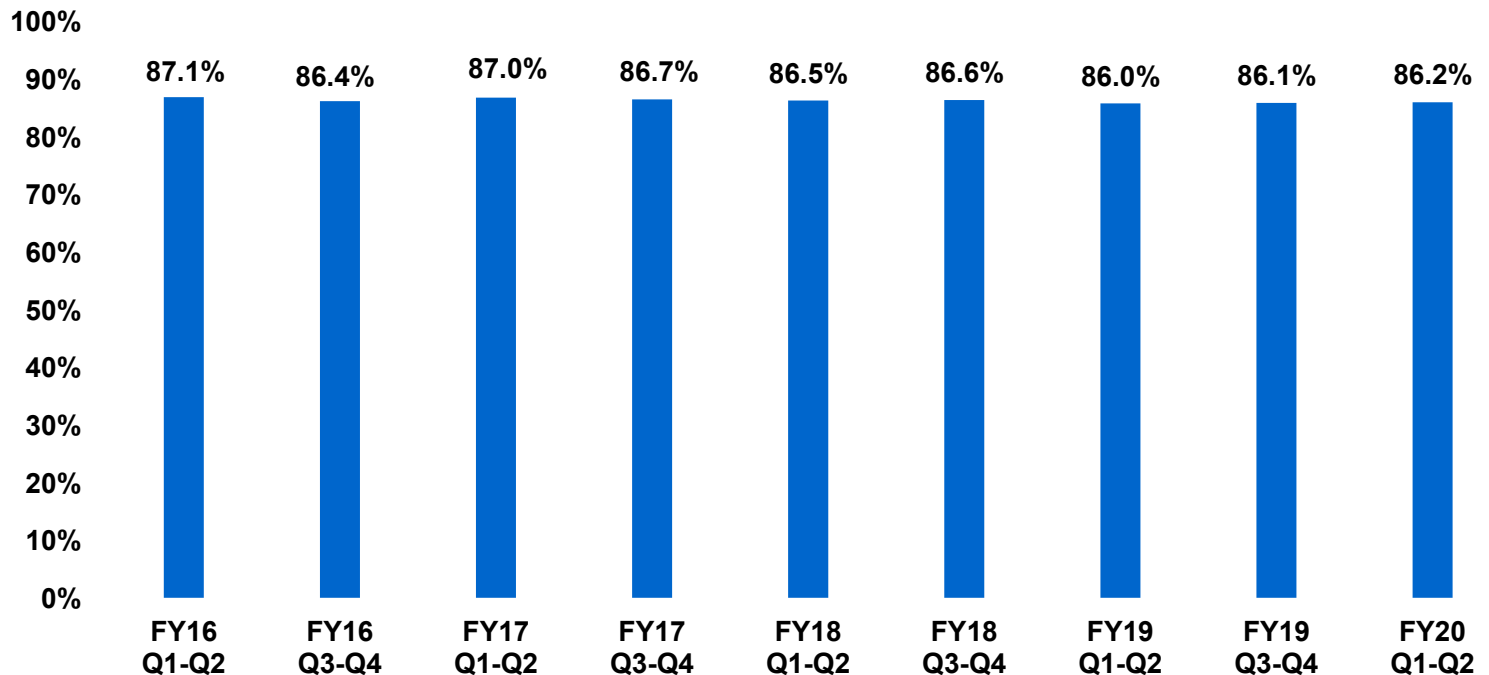
Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW). PM AMH Employment Improvement 6 Month. The numerator is the number who meet or exceed the RCI benchmark in the direction of improvement for the ANSA Employment item OR who have ANSA Employment item scores of 0, 1 at both first and last UAs. The denominator is the number of adults authorized in a FLOC with first and last UAs occurring at least 90 days apart, with ANSA Employment item scores at both UAs.



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■ Section 1 ■ Adults

Figure 1.7 Percentage of Adults in Community Mental Health Services with Reliable Improvement in Residential Stability



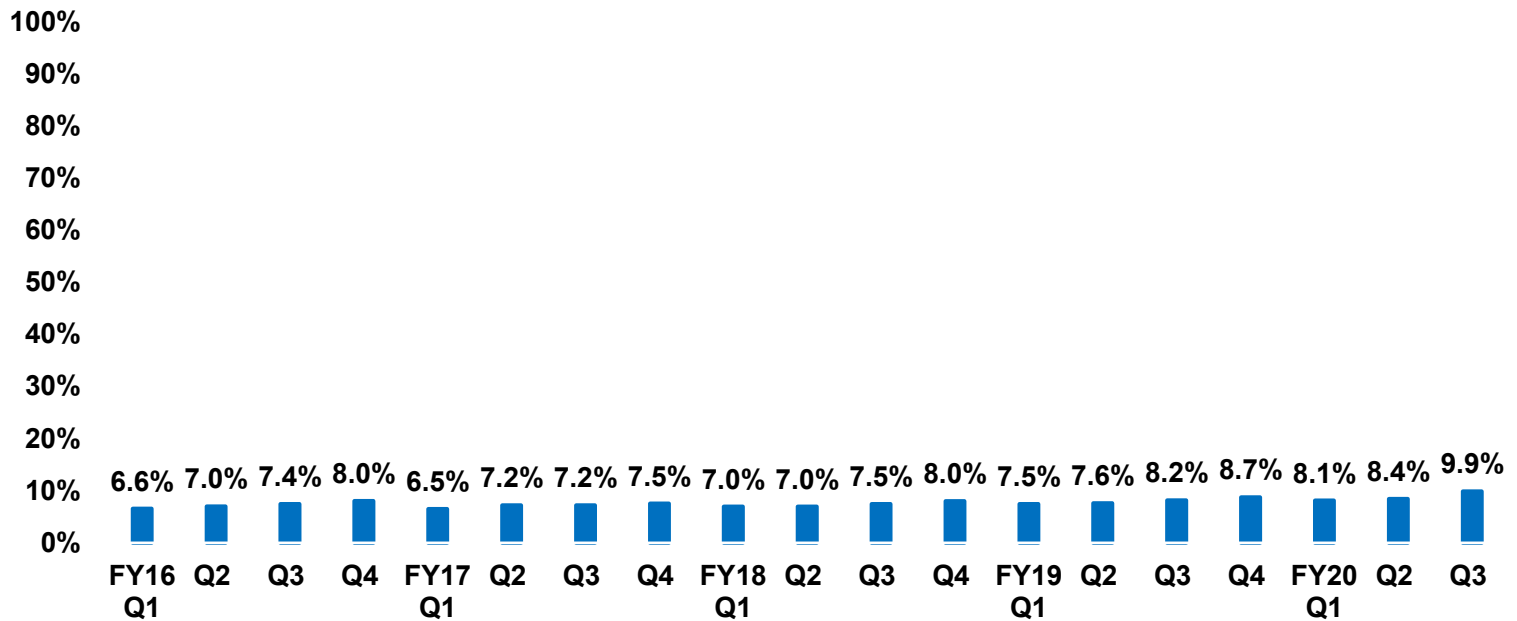
Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM AMH Residential Stability Improvement 6 Month. The numerator is the number who meet or exceed the RCI benchmark in the direction of improvement for ANSA Residential Stability item, OR who have ANSA item scores of 0,1 at both first and last Active UAs within the fiscal year. The denominator is the number of adults authorized in a FLOC with first and last UAs occurring at least 90 days apart.



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■ Section 1 ■ Adults

Figure 1.8. Equity-Adjusted Percentage of Adults with Valid Texas Law Enforcement Telecommunications System (TLETS) Bookings



Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM AMH Jail Diversion. The numerator is the number of valid TLETS bookings in the local service area with a CARE match multiplied by the LMHA's equity factor. The match criterion is 5 of the 6 elements must match. Elements include: first name; last name; date of birth; race; gender; and social security number. If the unmatched element is the social security number at least 7 of the 9 digits in the social security number must match. Additionally, matched consumers must have an associated Continuity of CARE Match. The denominator is the number of valid TLETS bookings in the local service area. A valid booking is one that includes all 6 of the elements.



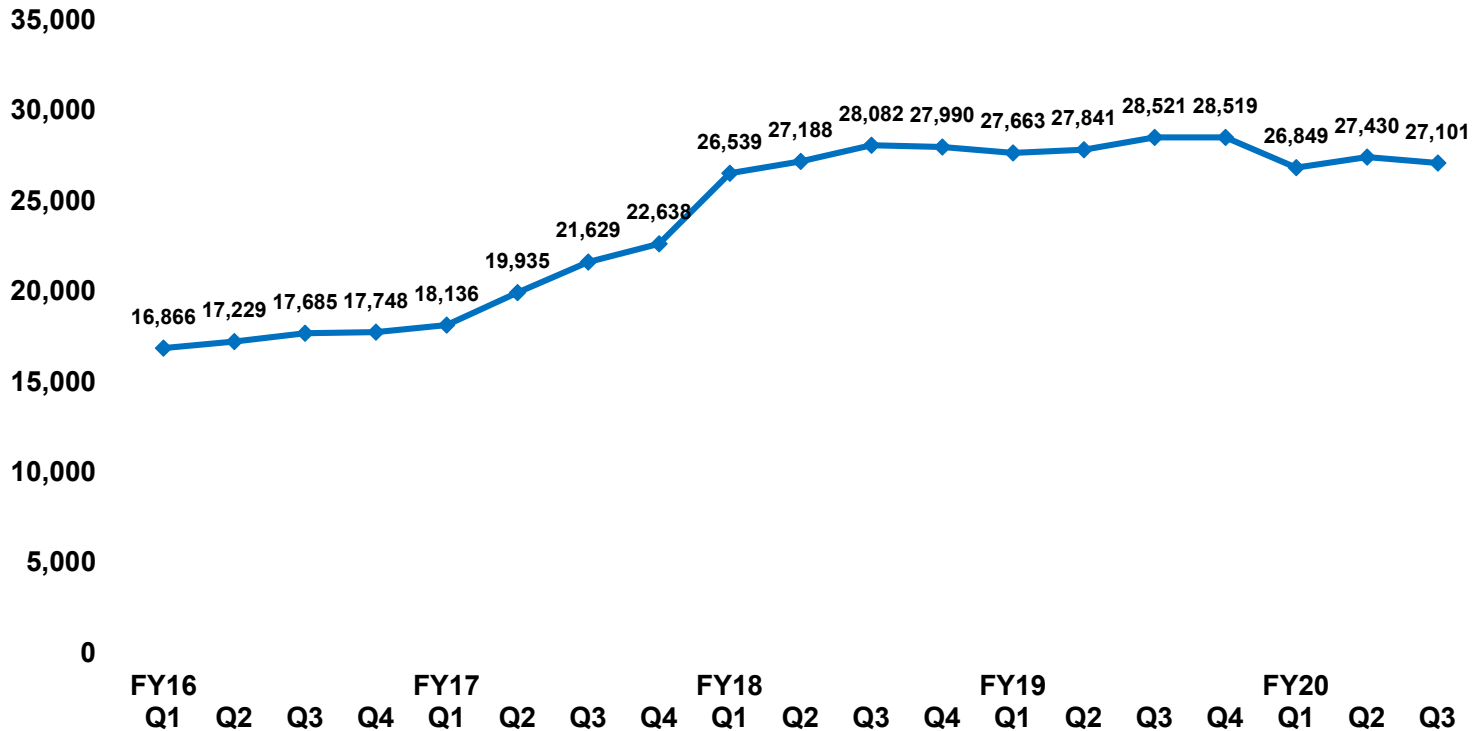
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■ Section 2 ■ Children

Figure 2.1. Average Monthly Number of Children Receiving Community Mental Health Services



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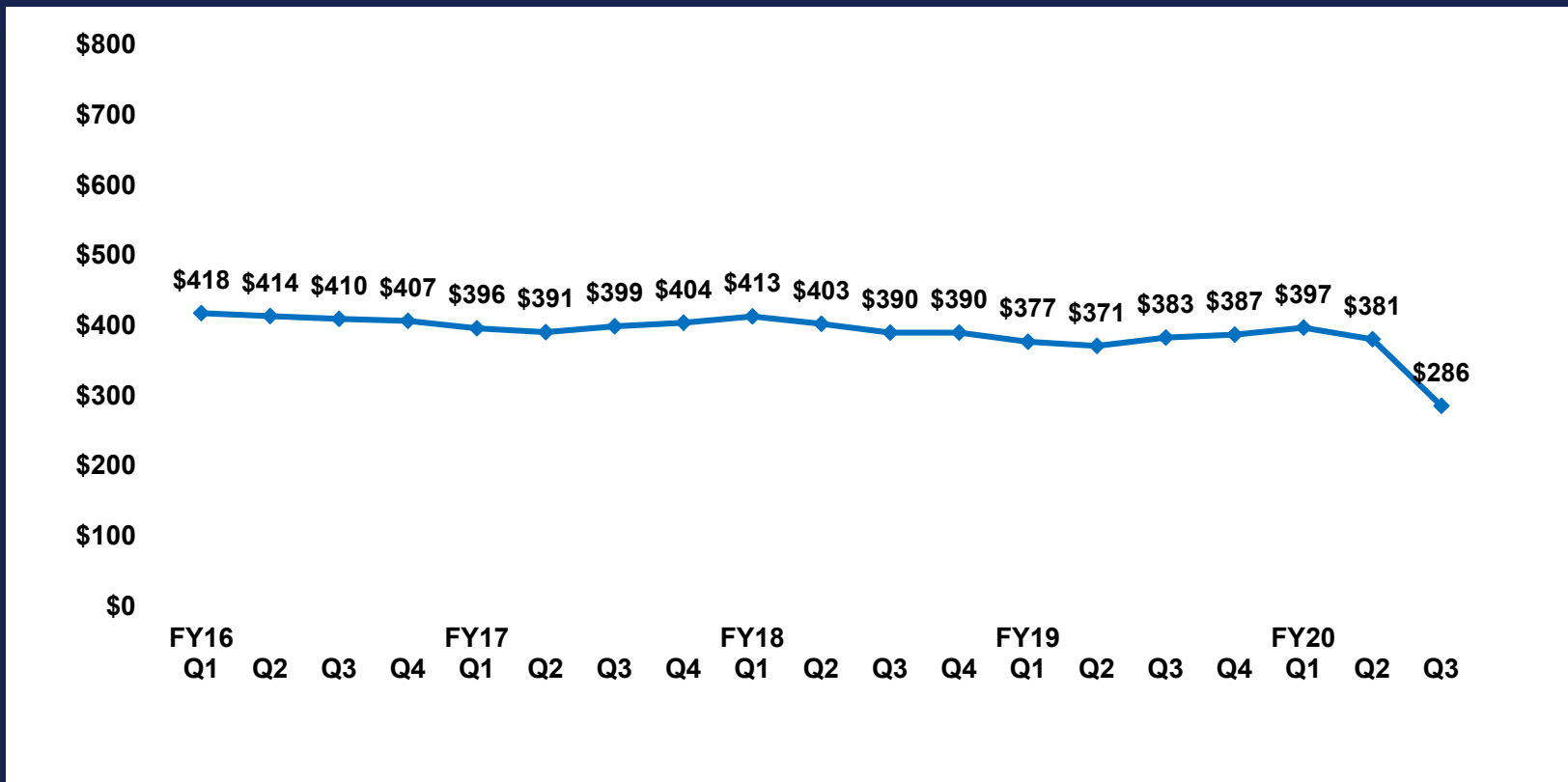


Source: LBB Measure 4.2.2.OP.1. The numerator is the sum of the number of children receiving community Mental Health services through a full level of care service package as part of Texas Resilience and Recovery each month of the reporting period * state funded percentage. The state funded percentage is the expenditures financed through the HHSC appropriation authority for any child's community Mental Health services / Total expenditures for any child's community Mental Health services *100. The denominator is the number of months in the period.

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■ Section 2 ■ Children

Figure 2.2. Average Monthly Cost per Child Receiving Community Mental Health Services



Source: LBB Measure 4.2.2.EF.1. The numerator is the total HHSC appropriation authority funds utilized to fund child mental health community services/ the number of months in the reporting period. The denominator is the total monthly number of children receiving mental health services in the community that are served with HHSC appropriation authority funds.

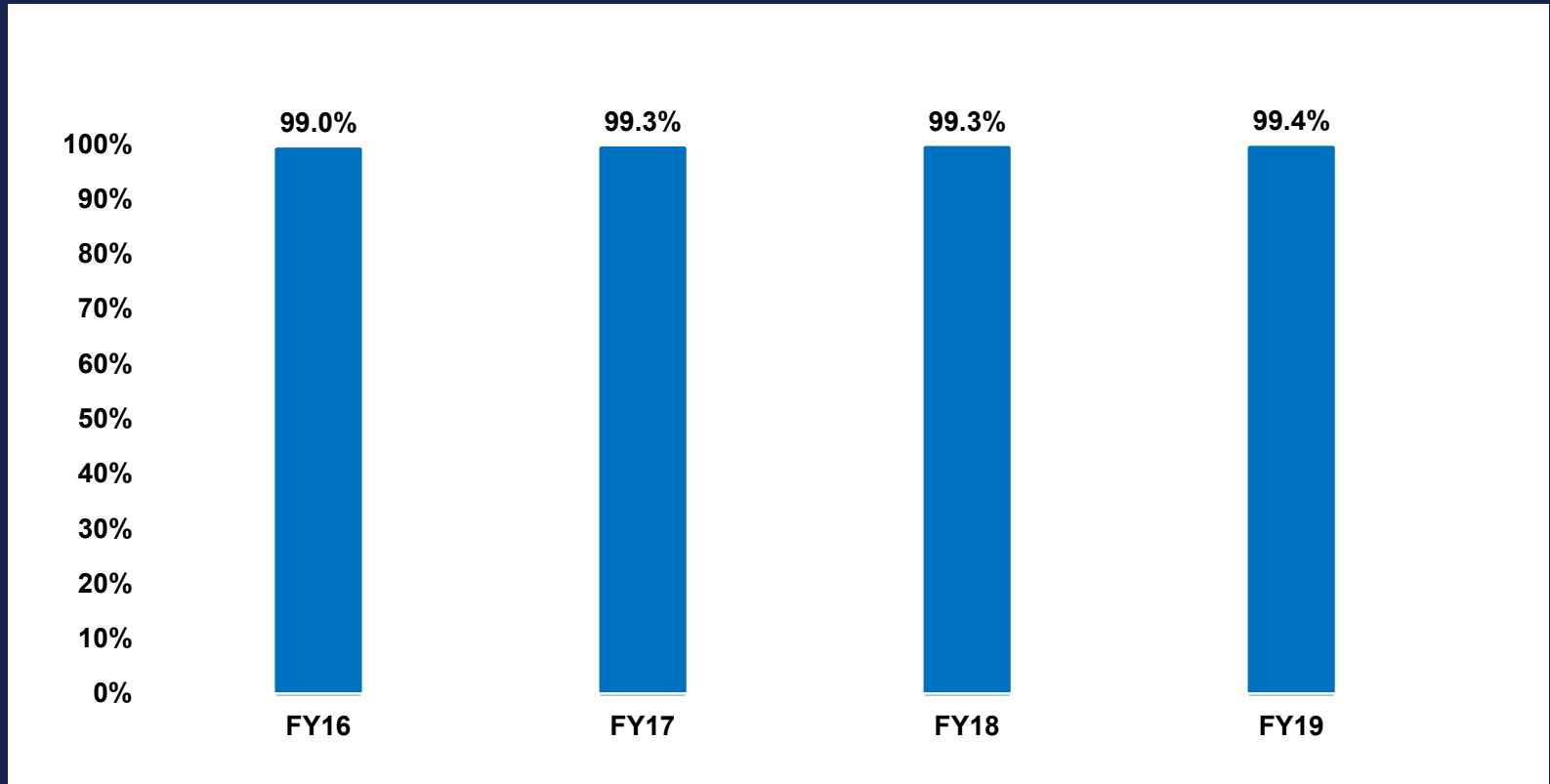


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■ Section 2 ■ Children

Figure 2.3. Percentage of Children in Community Mental Health Services Avoiding Re-Arrest per Year



Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM CMH Juvenile Justice Avoidance. The numerator is the number whose latest number of arrests is 0 and whose previous number of arrests is 0, OR whose latest number of arrests rating is less than their previous number of arrests rating. The denominator is the number of children and youth recommended and authorized for a FLOC with first and last assessments that include number of arrest ratings and are at least 75 days apart.

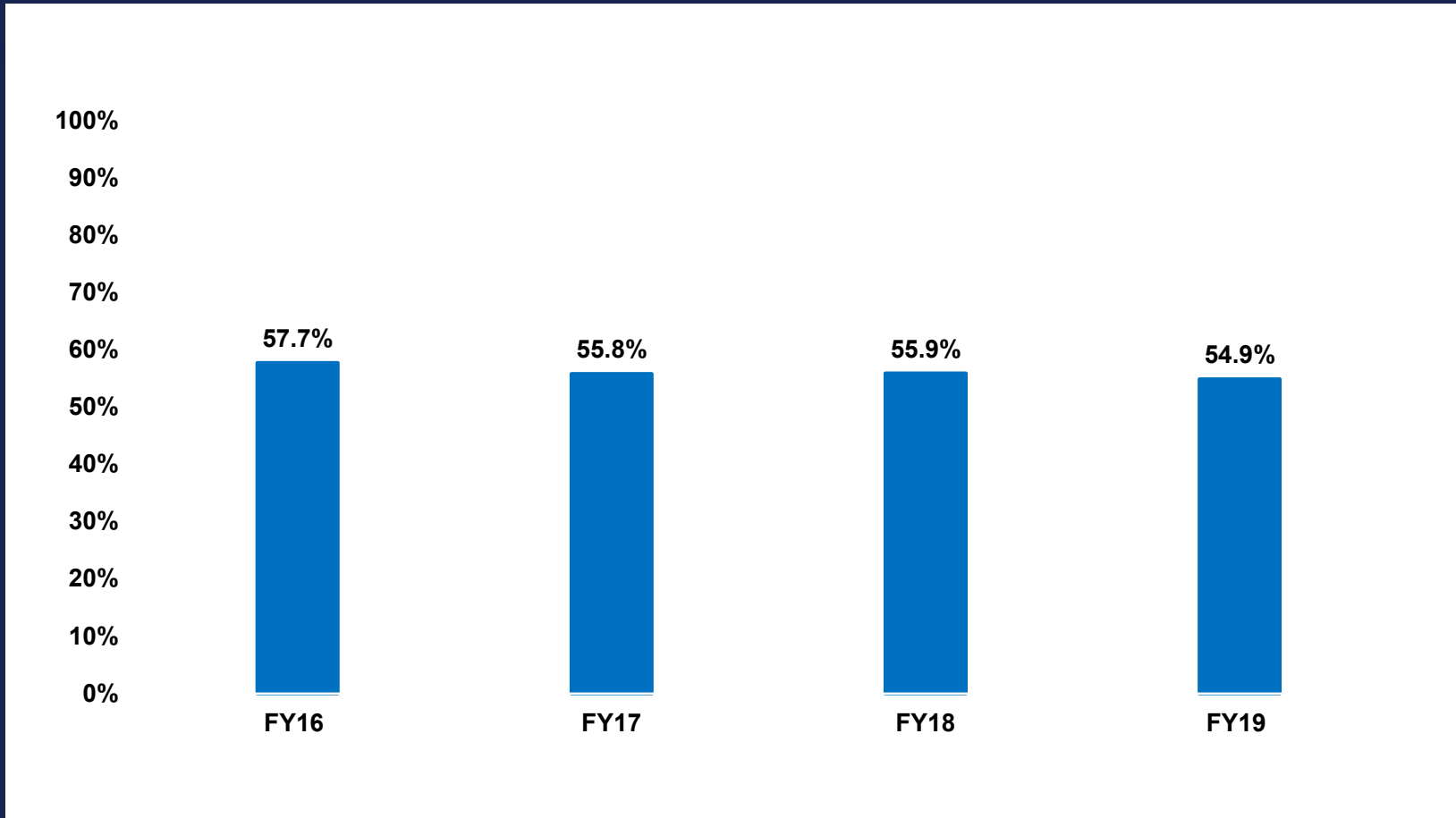


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■ Section 2 ■ Children

Figure 2.4. Percentage of Children in Community Mental Health Services with Reliable Improvement in at Least One Domain



Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM CMH Improvement 2020. The numerator is the number with scores on the last UA meeting or exceeding the RCI in the direction of improvement in at least one of the identified CANS domains/modules. The denominator is the number of children/youth authorized in a FLOC whose first and last UAs, including CANS domains/modules, are at least 75 days apart.



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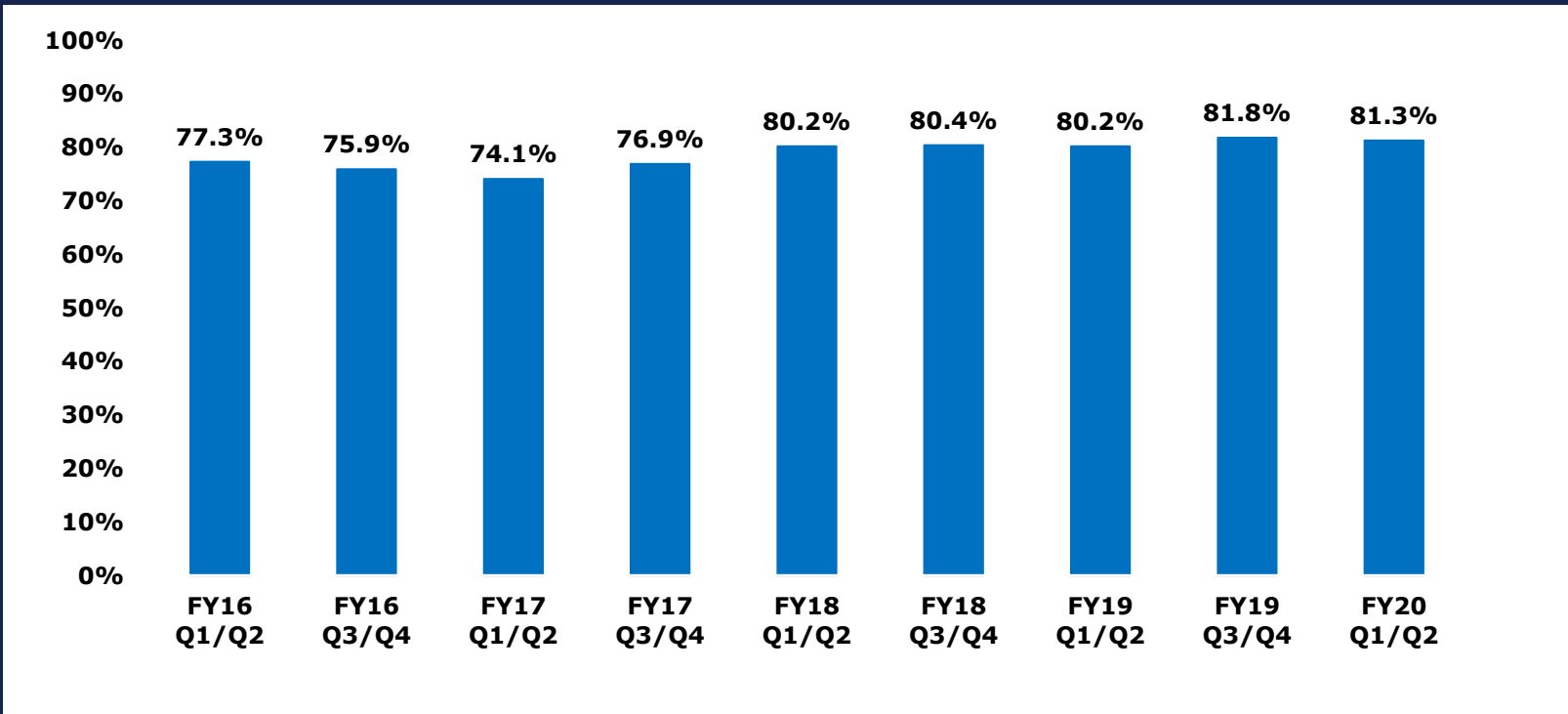
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■ Section 2 ■ Children



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Figure 2.5. Percentage of Children in Community Mental Health Services with Reliable Improvement in Living or Family Situation

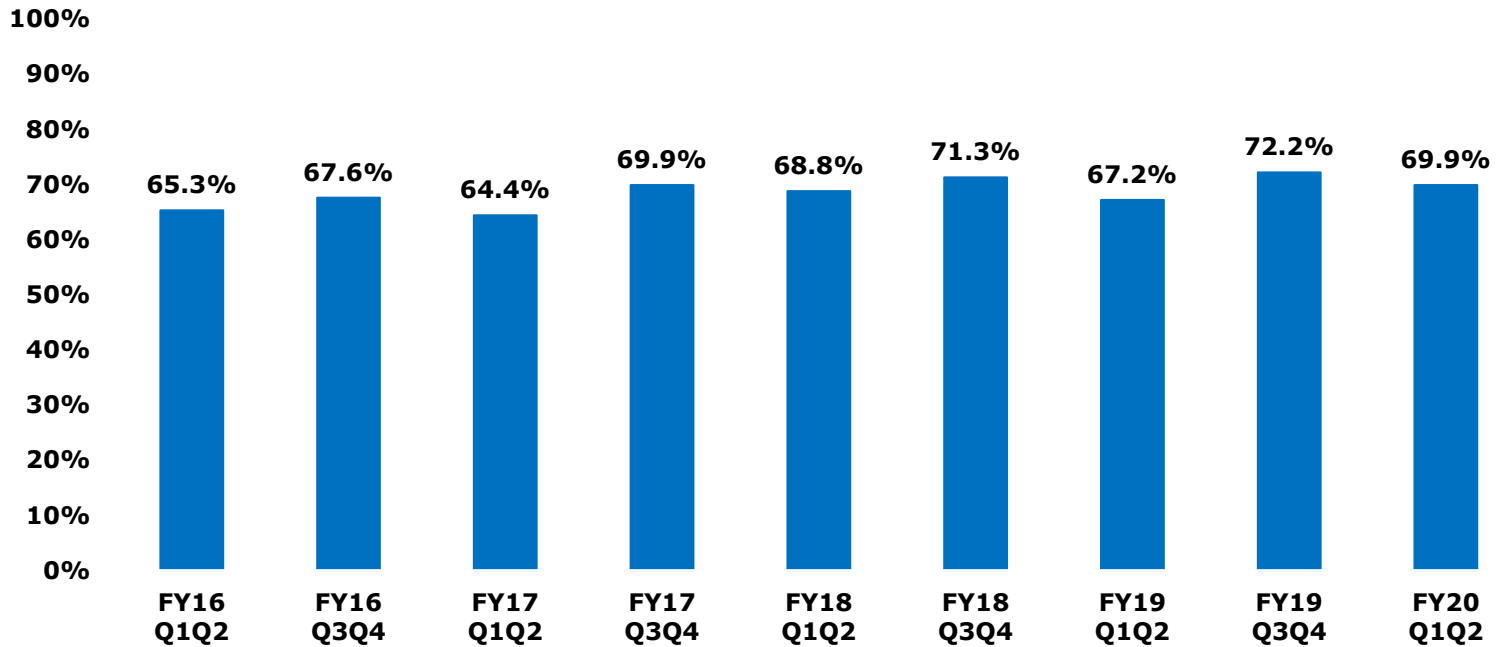


Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM CMH Living and Family Situation Improvement 6 Month. The numerator is the number who meet or exceed the RCI benchmark in the direction of improvement for the CANS Family and Living Situation items OR who have CANS Family and Living Situation item scores of 0,1 at both first and last UAs. The denominator is the number of children and youth authorized in a FLOC with first and last UAs at least 75 days apart.

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■ Section 2 ■ Children

Figure 2.6. Percentage of Children in Community Mental Health Services with Reliable Improvement in the School



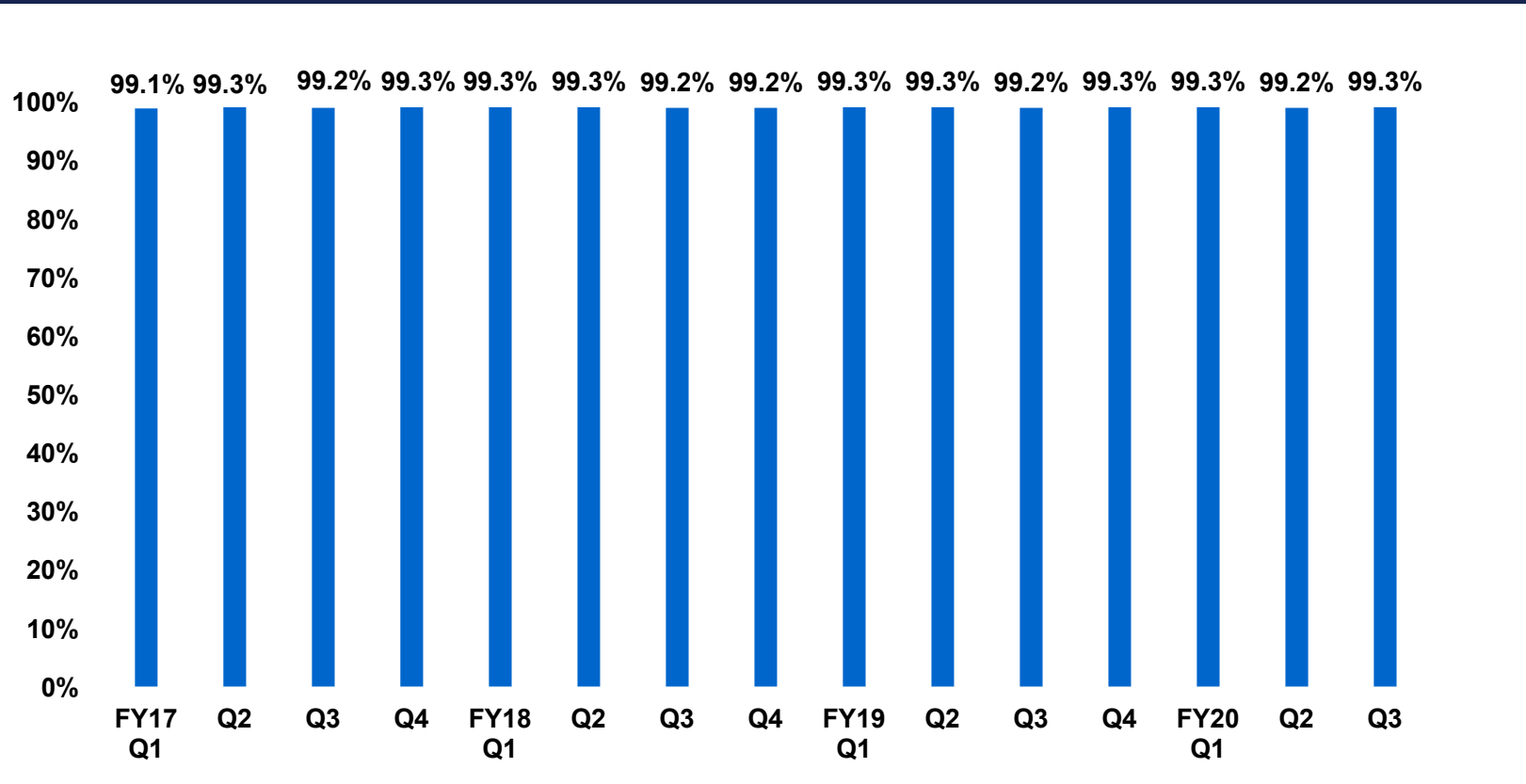
Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM CMH School Improvement 6 Month. The numerator is the number who meet or exceed the RCI benchmark in the direction of improvement for the CANS School module OR who have CANS item scores of 0,1 for all School module items at both first and last UAs. If the child or youth does not experience any difficulties in school (or has completed school) and therefore does not trigger the school module via a score >0 on the CANS School item, then the default mean score for the module is 0. The denominator is the number of children and youth authorized in a FLOC with first and last UAs at least 75 days apart.



COMMUNITY MENTAL HEALTH SERVICES

■ Section 3 ■ Community Tenure

Figure 3.1. Percentage of Clients in Community Mental Health Services Avoiding Hospitalization



Source: Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM Community Tenure 2020. The numerator is the number who avoid hospitalization in a System Agency Inpatient Bed after authorization into a FLOC. The denominator is the number of persons authorized in a FLOC during the measurement period.

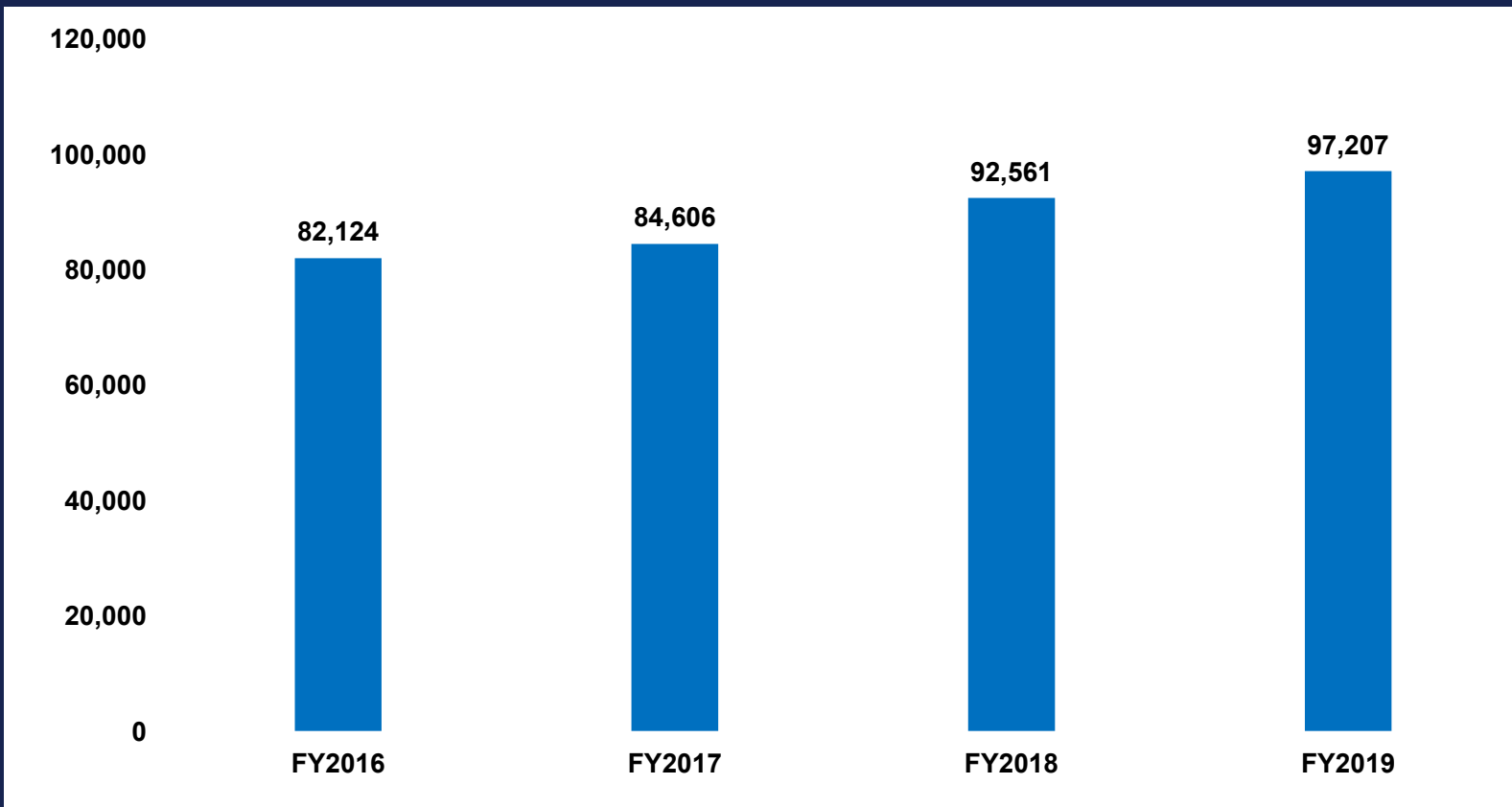


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■ Section 4 ■ Crisis Services

Figure 4.1. Number of Persons Receiving Crisis Outpatient Services Funded by General Revenue (GR)



Source: LBB Measure 4.2.3.OP.2. The unduplicated number of persons who receive an outpatient crisis service, where the source of funding was General Revenue, is summed for the fiscal year.



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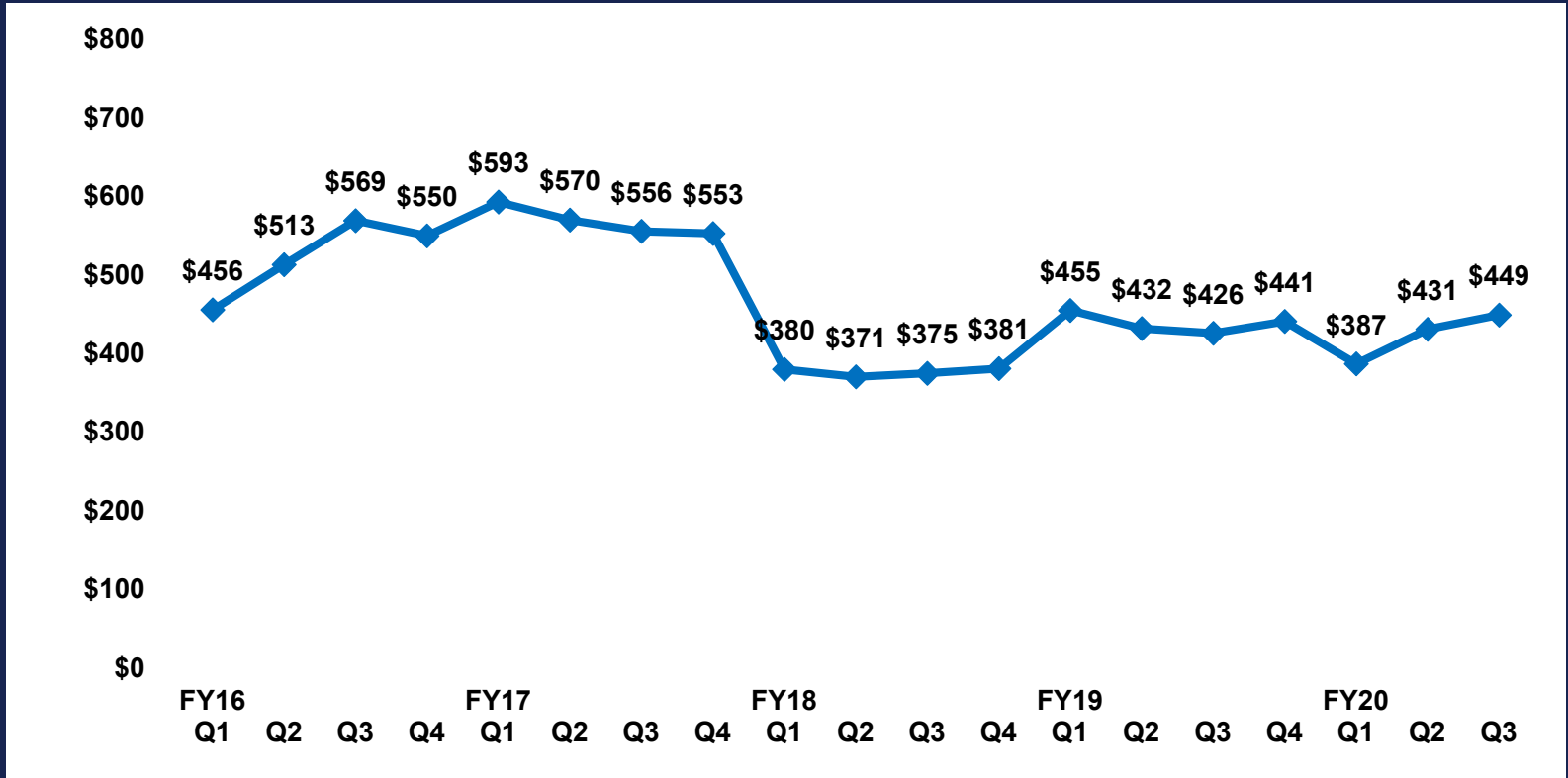
COMMUNITY MENTAL HEALTH SERVICES

■ Section 4 ■ Crisis Services



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Figure 4.2. Average Amount of General Revenue (GR) per Person Receiving Crisis Outpatient Services

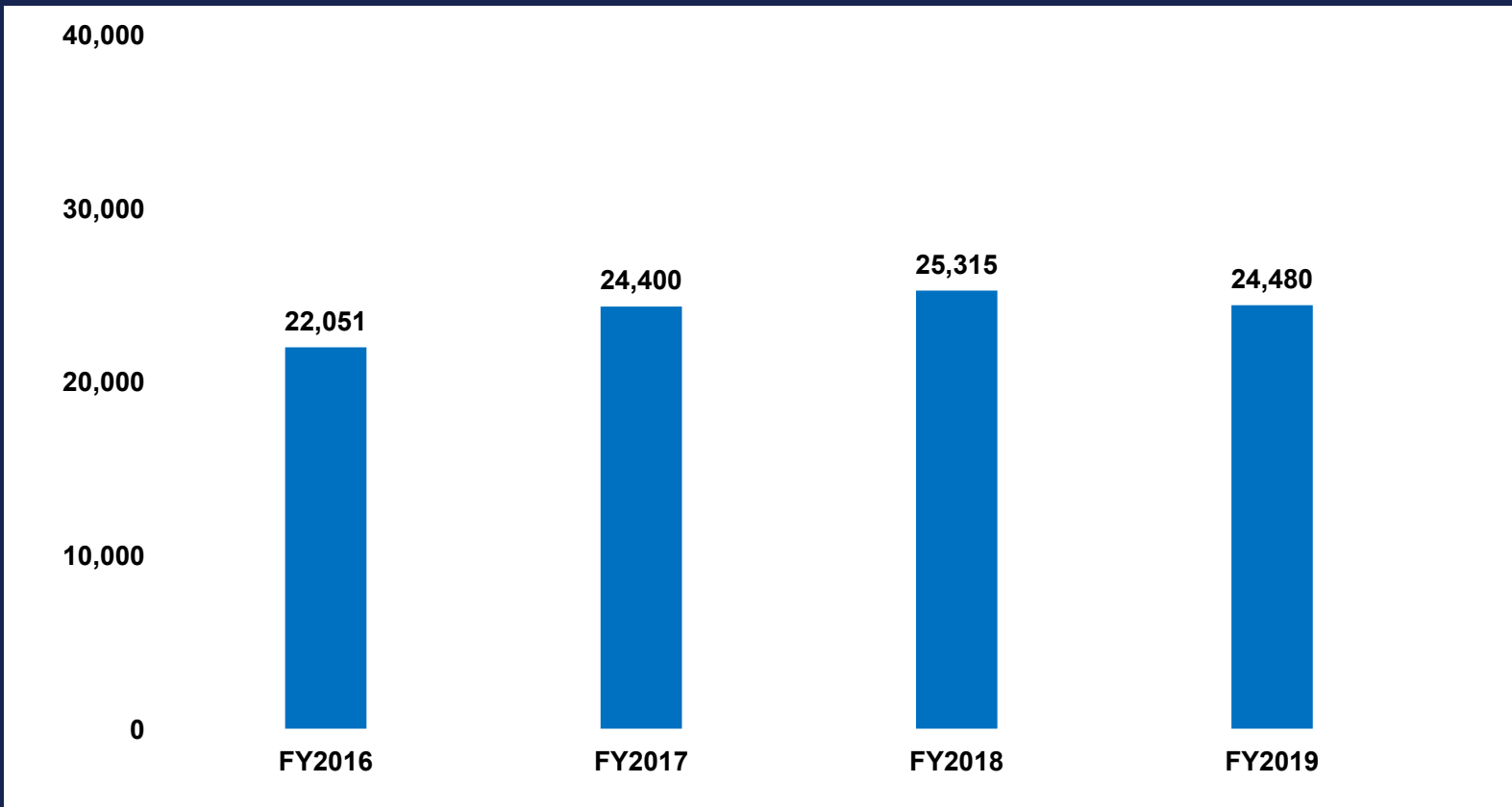


Source: LBB Measure 4.2.3.EF.2. The numerator is the total year-to-date GR expenditures for crisis outpatient services. The denominator is the unduplicated year-to-date number of persons who receive a crisis outpatient service funded by GR.

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■ Section 4 ■ Crisis Services

Figure 4.3. Number of Persons Receiving Crisis Residential Services Funded by General Revenue (GR)



Source: LBB Measure 4.2.3.OP.1. The number of clients receiving crisis residential services during the time period. The unduplicated number of persons who receive a residential crisis service, where the source of funding was General Revenue, is summed for the fiscal year.

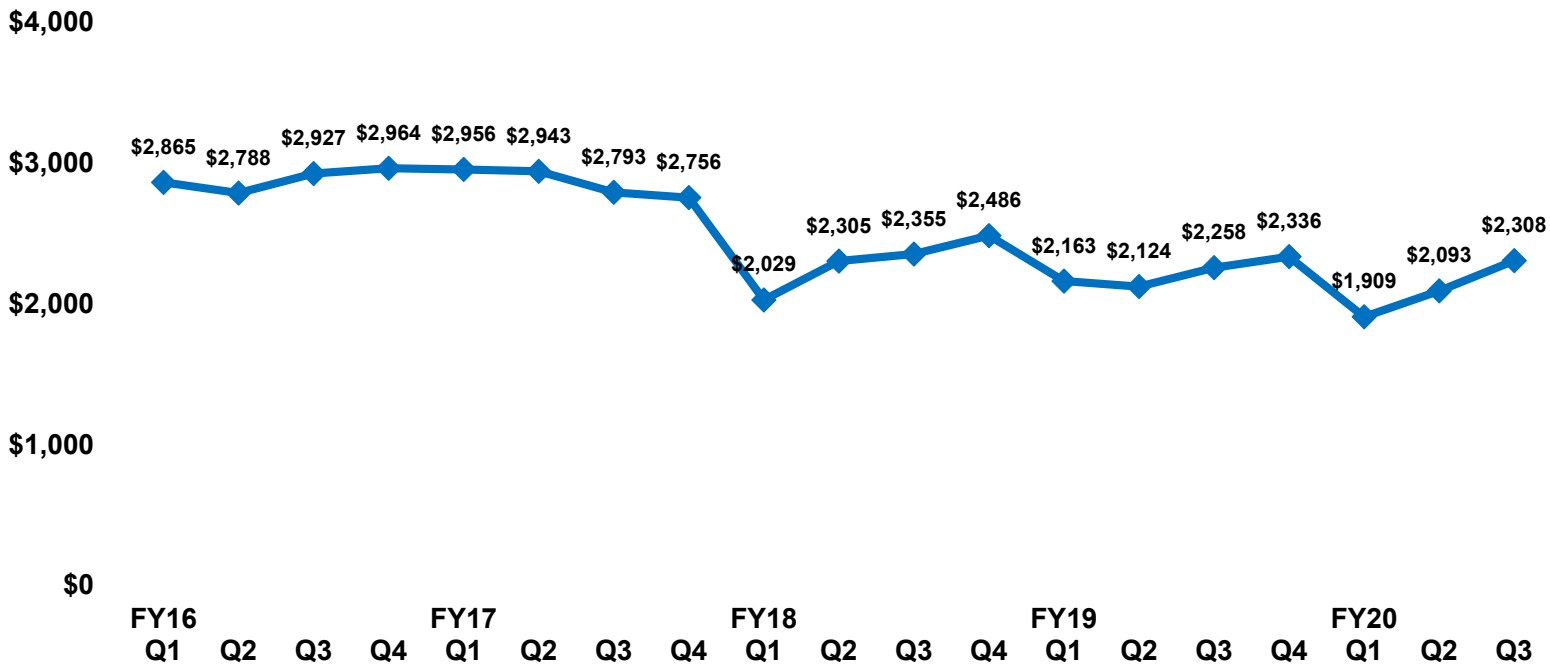


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■ Section 4 ■ Crisis Services

Figure 4.4. Average Amount of General Revenue (GR) per Person Receiving Crisis Residential Services



Source: LBB Measure 4.2.3.EF.1. The numerator is the total year-to-date GR expenditures for crisis residential services. The denominator is the unduplicated year-to-date number of persons who receive a crisis residential service funded by GR.

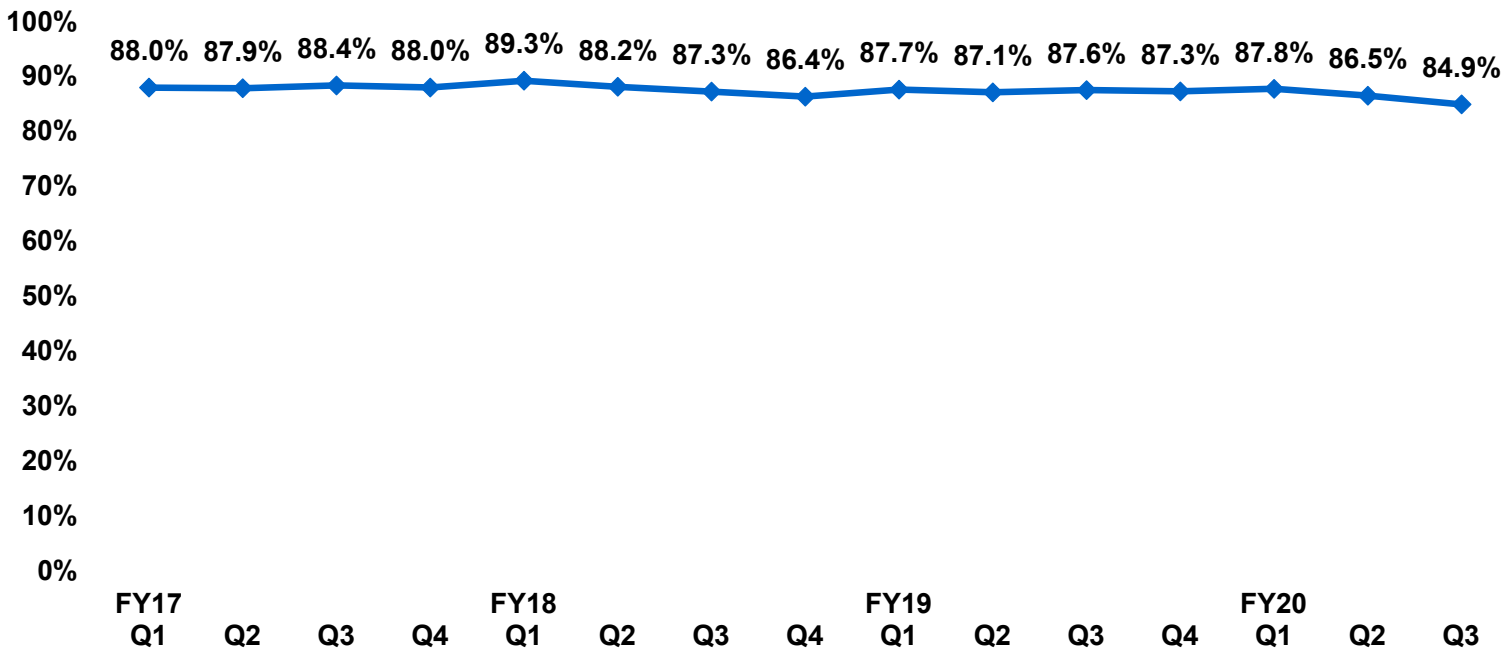


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■ Section 4 ■ Crisis Services

Figure 4.5. Percentage of Clients in Community Mental Health Services with Effective Crisis Response



Source: Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM Effective Crisis Response. The numerator is the number of crisis episodes not followed by admission into System Agency Inpatient Bed within 30 days of the first day of the crisis episode. The denominator is the number of crisis episodes in the measurement period.



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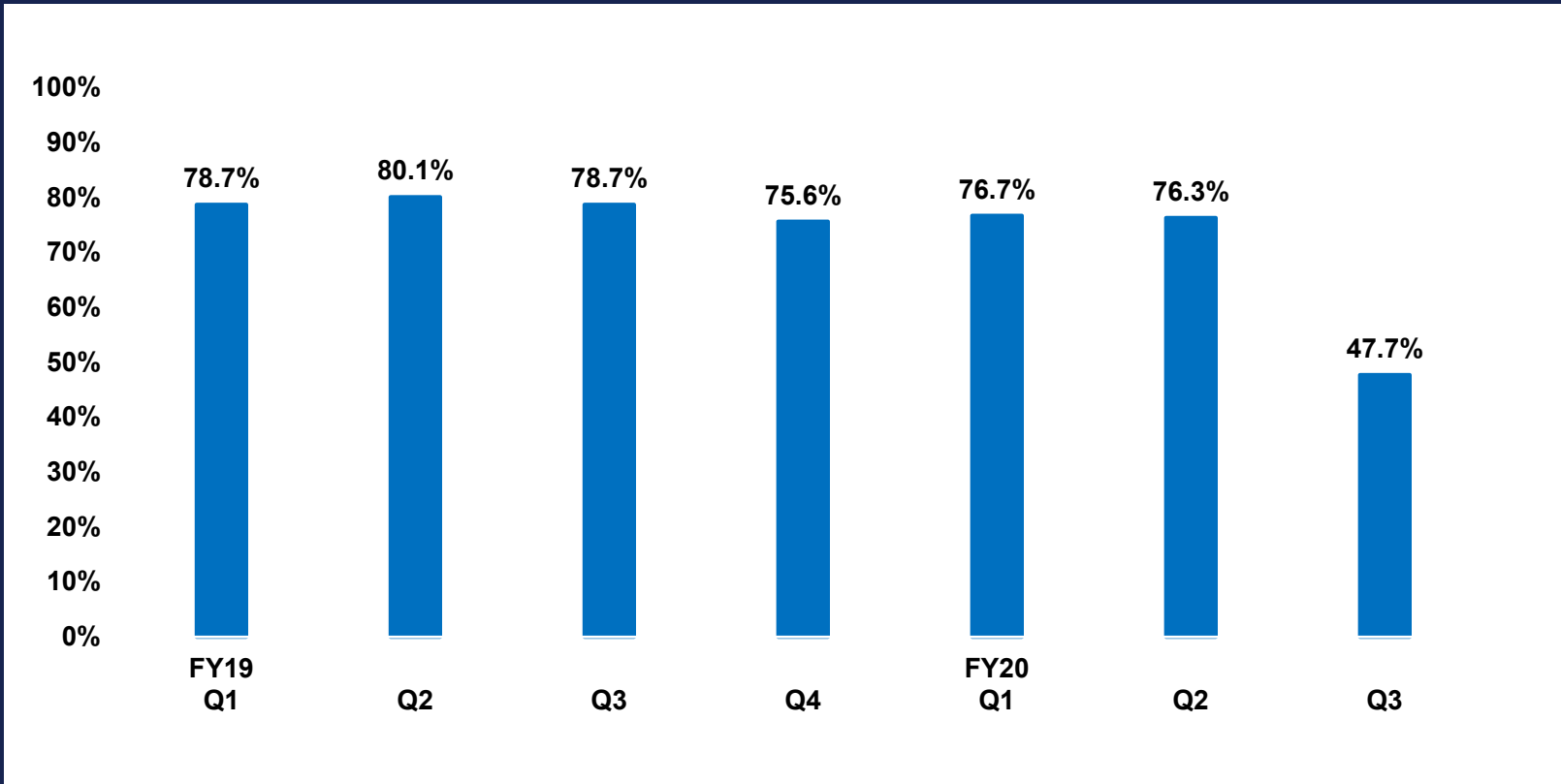
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■ Section 4 ■ Crisis Services



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Figure 4.6. Percentage of Crisis Hotline Calls Resulting in Face-to-Face Encounters

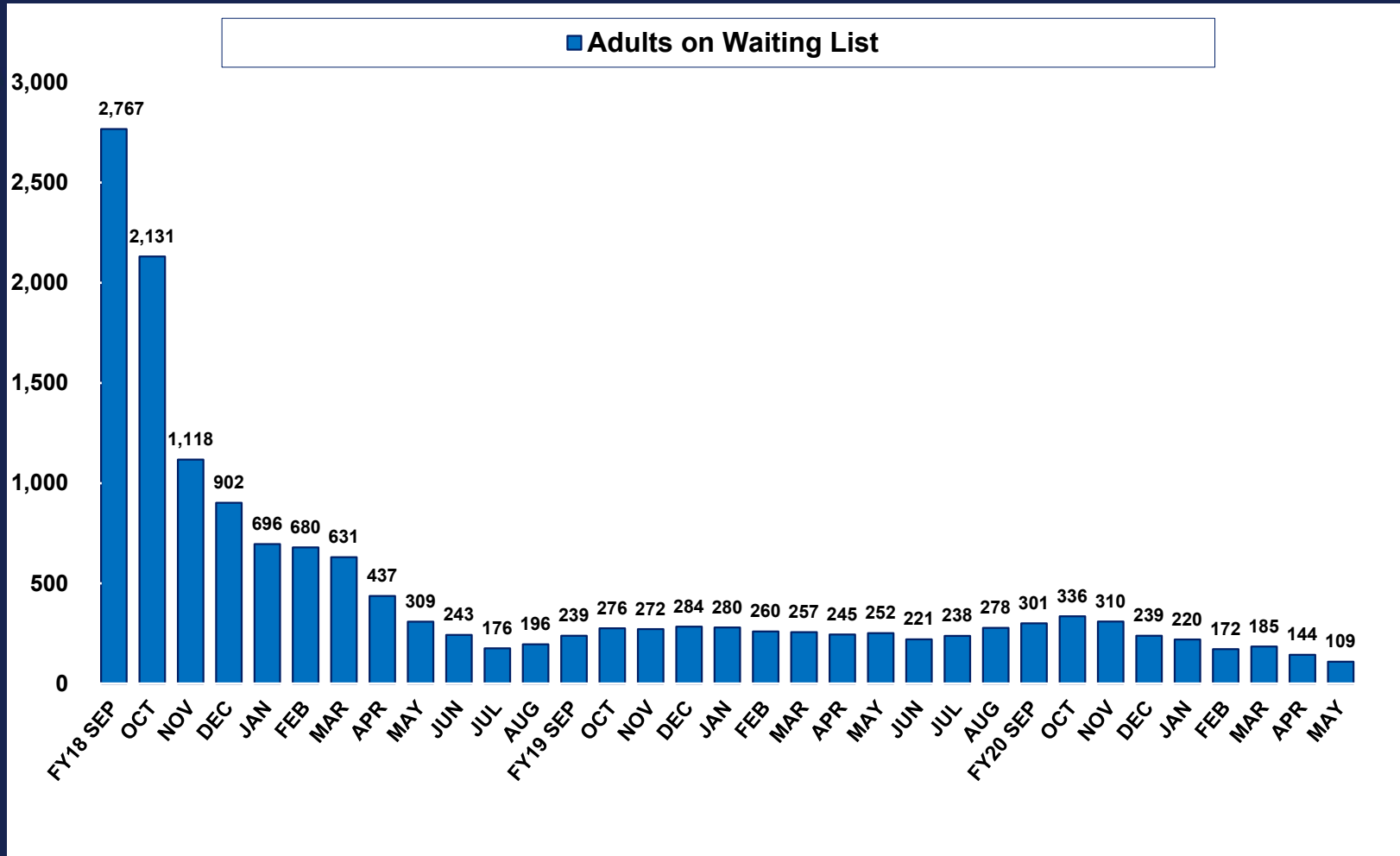


Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), PM Access to Crisis Response Services. The numerator is the number of face-to-face services occurring on the same day or within one day of a hotline call. The denominator is the total number of hotline calls in the measurement period.

COMMUNITY MENTAL HEALTH SERVICES

■ Section 5 ■ Waiting List

Figure 5.1. Number of Adults on Waiting List for Community Mental Health Services with Percentage Waiting for All Services



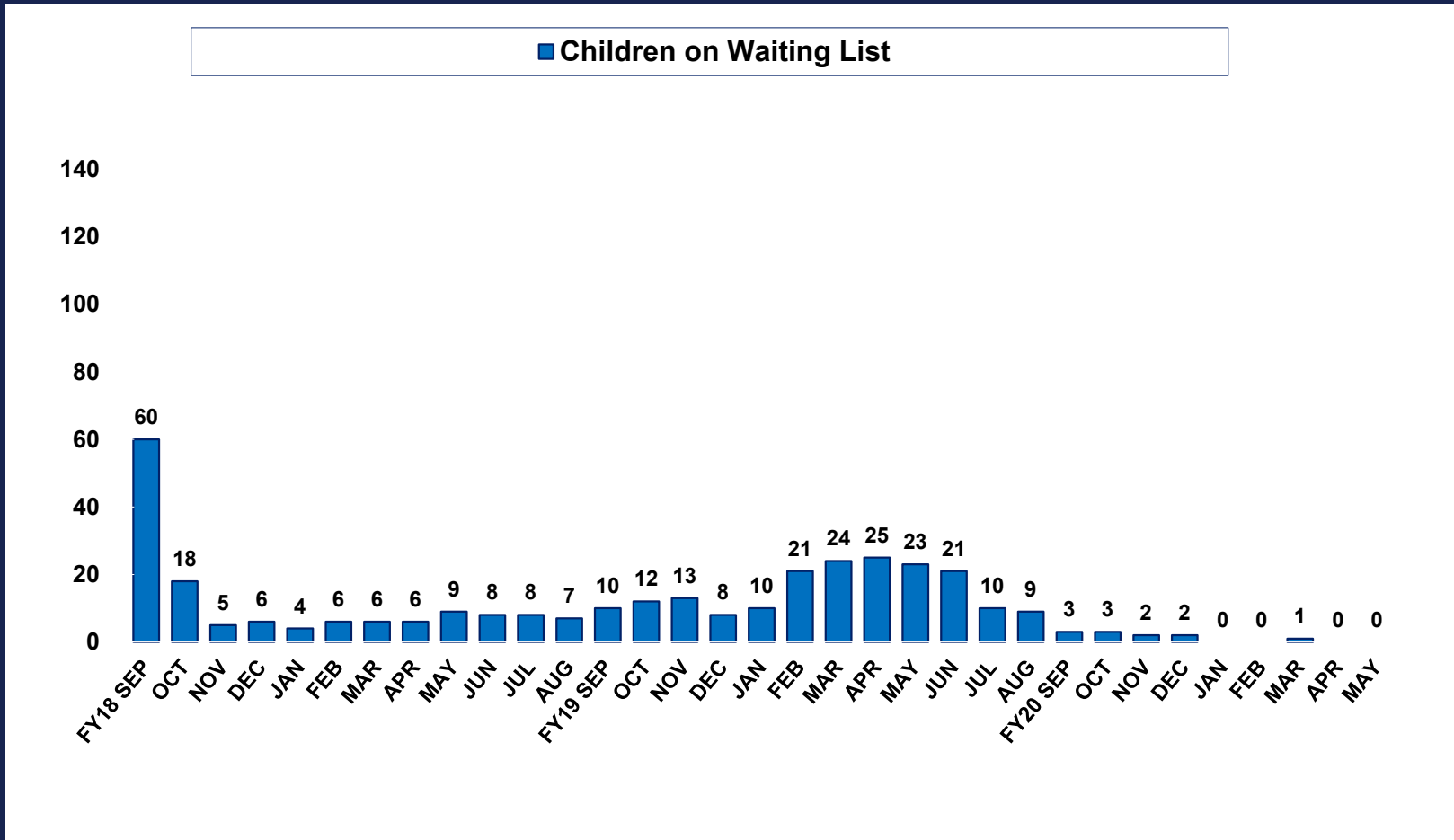
Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), UM Clients Removed from Waiting List Including Discharges. The number of adults in each month waiting for all services.



COMMUNITY MENTAL HEALTH SERVICES

■ Section 5 ■ Waiting List

Figure 5.2. Number of Children on Waiting List for Community Mental Health Services with Percentage Waiting for All Services



Source: HHSC, Mental Retardation and Behavioral Health Outpatient Warehouse (MBOW), UM Clients Removed from Waiting List Including Discharges. The number of children in each month waiting for all services.





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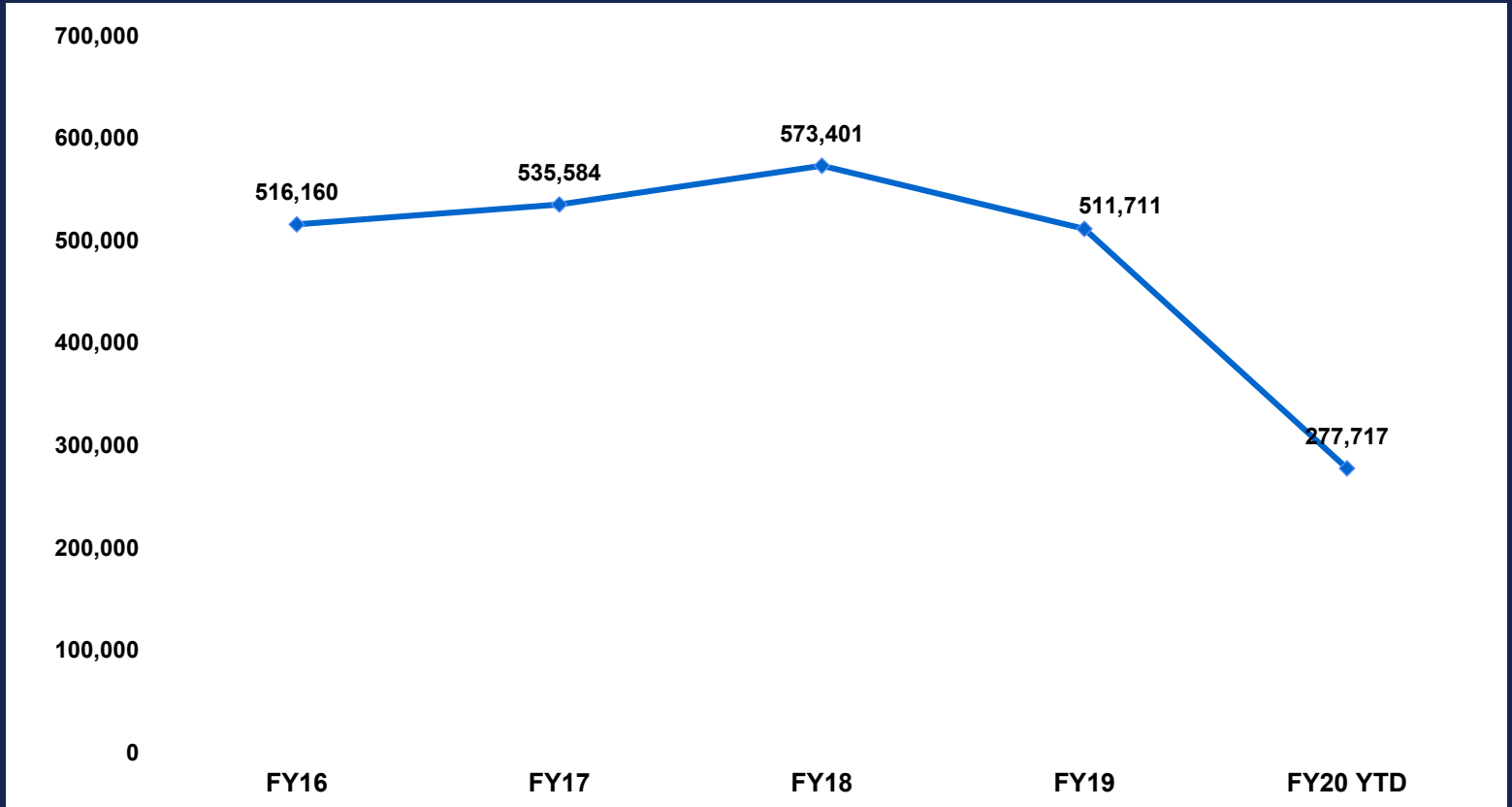
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SUBSTANCE USE SERVICES

■ Section 6 ■ Prevention

Figure 6.1. Number of Adults Served in Substance Use Prevention Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of persons served with HHSC adult substance use prevention funds for the reporting period.

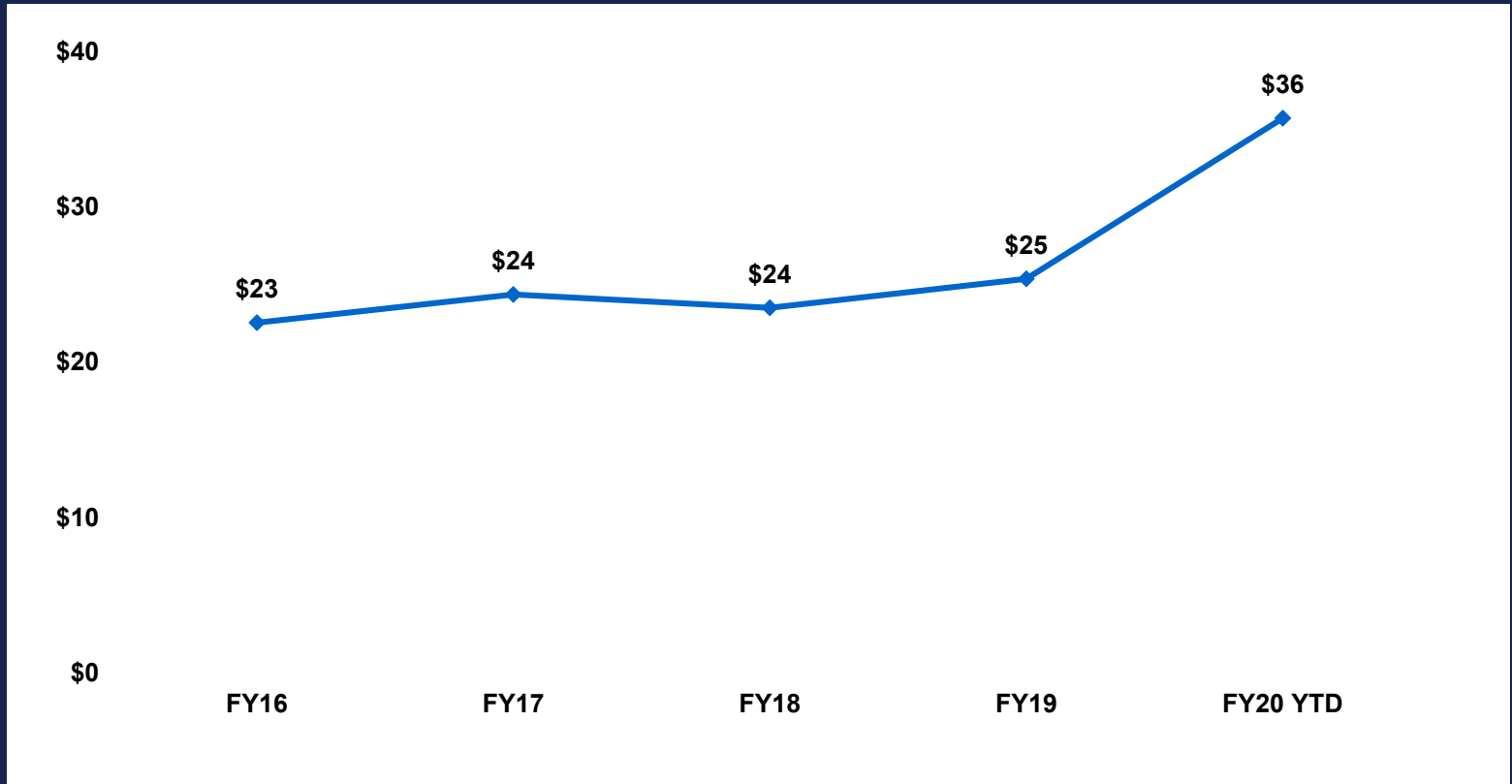


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■ Section 6 ■ Prevention

Figure 6.2. Cost per Adult for Substance Use Prevention Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The numerator is the sum of prevention service expenditures reported by providers. The denominator is the number served. The number served is the total number of persons receiving HHSC-funded adult substance use prevention services.



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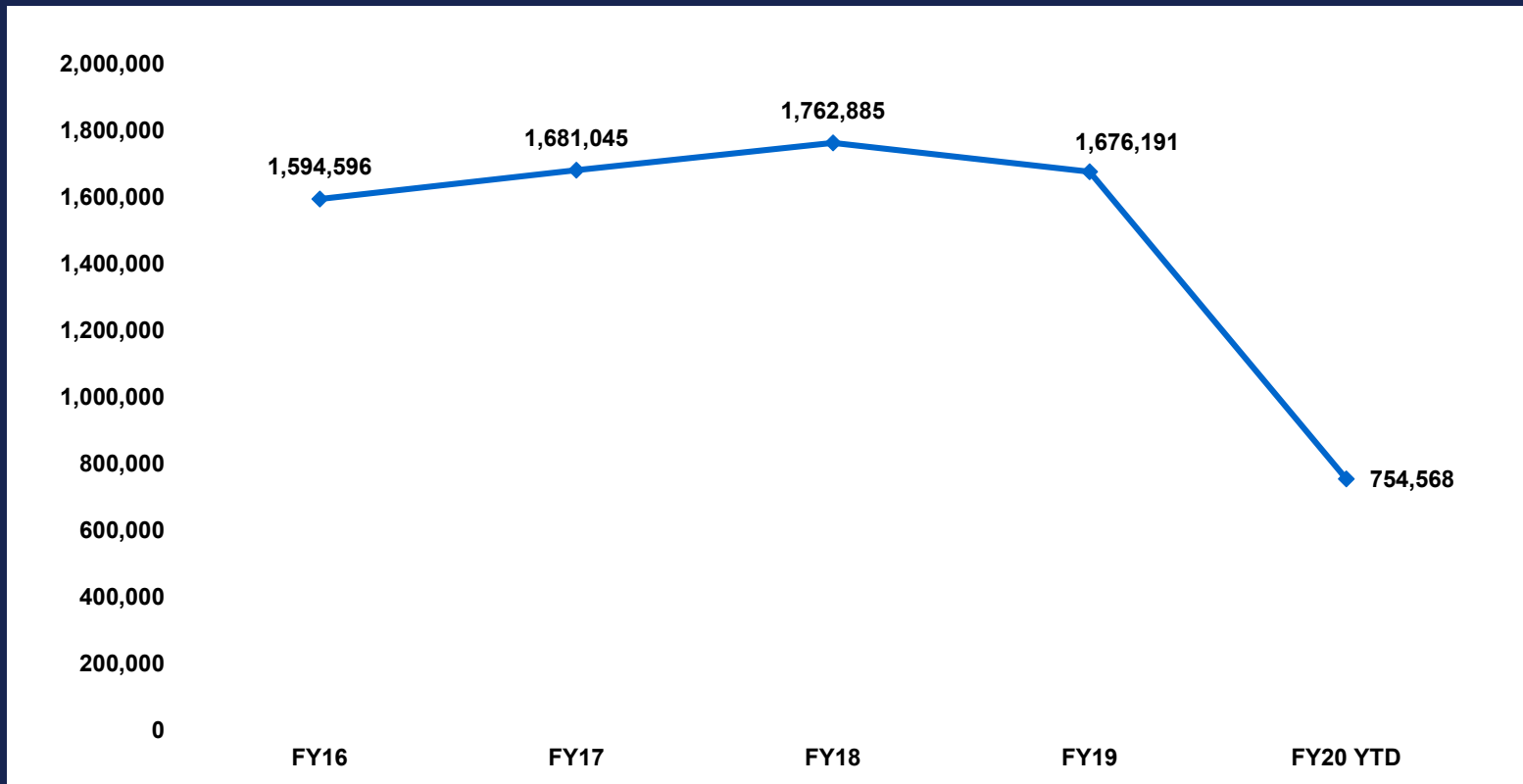
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Figure 6.3. Number of Youth Served in Substance Use Prevention Programs per Year



Source: HHSC, *Clinical Management for Behavioral Health Services (CMBHS)*. The total number of persons served with HHSC youth substance use prevention funds for the reporting period.

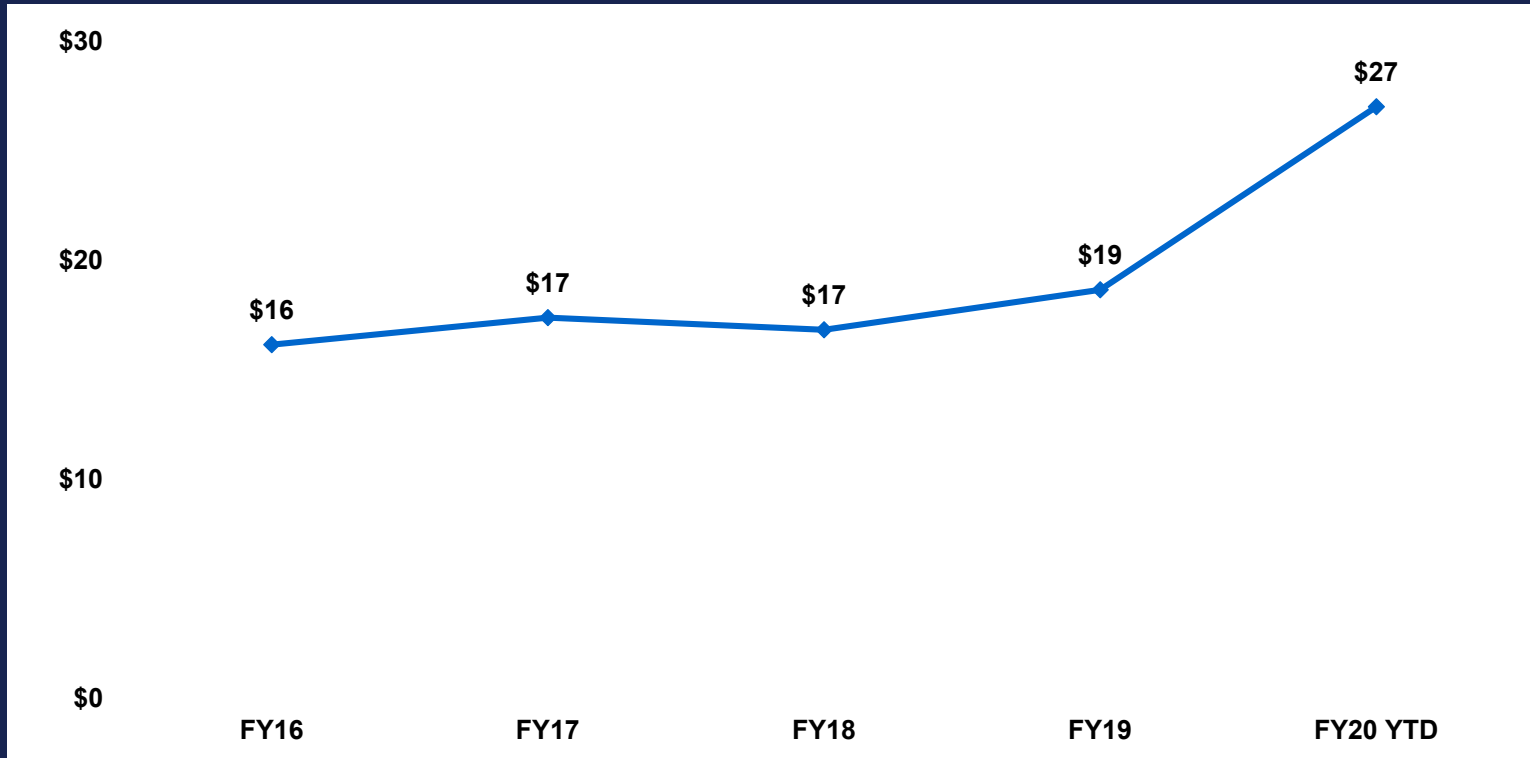
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Figure 6.4. Cost per Youth for Substance Use Prevention Programs per Year

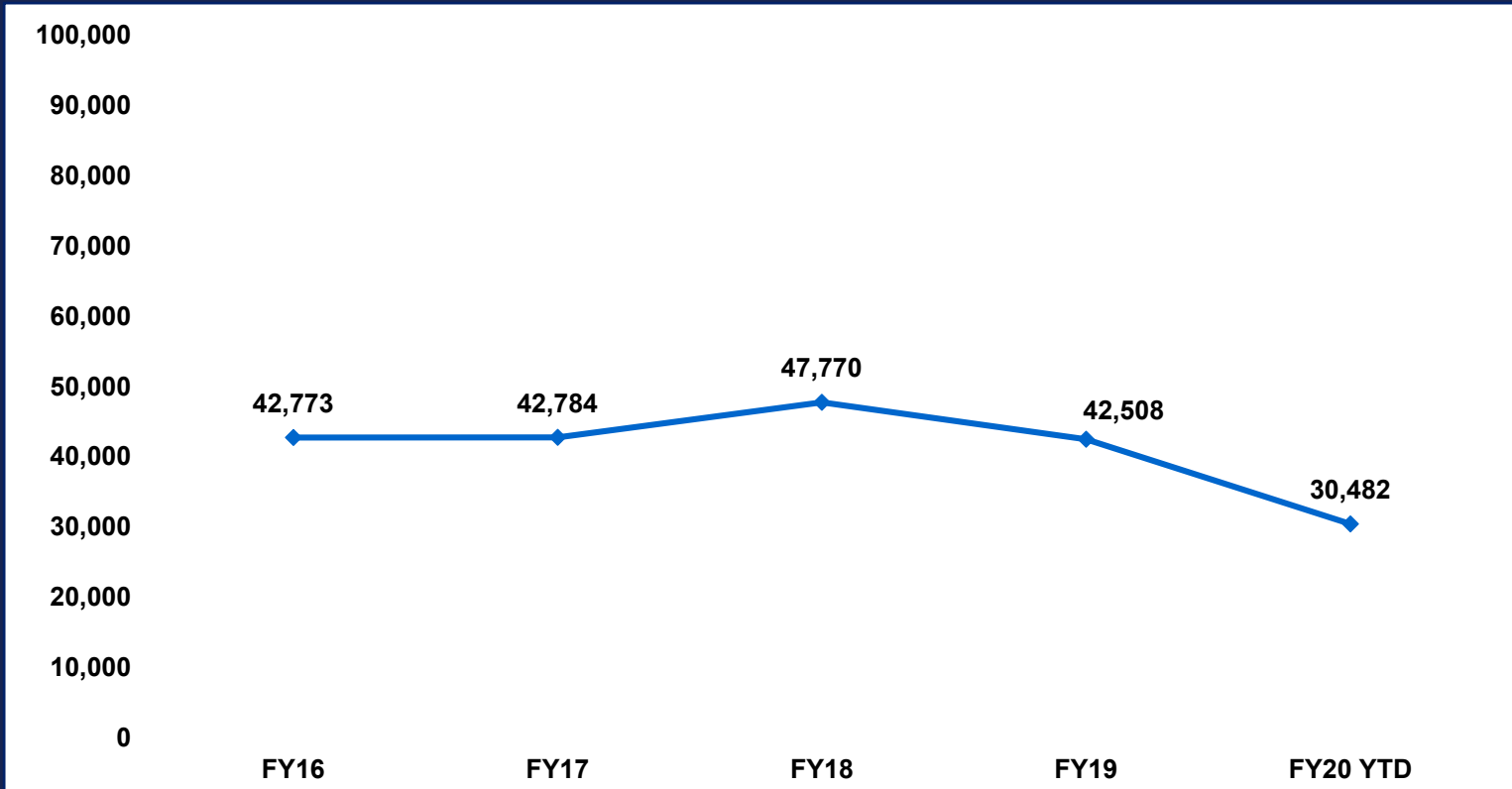


Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The numerator is the sum of prevention service expenditures reported by providers. The denominator is the number served. The number served is the total number of persons receiving HHSC-funded youth substance use prevention services.

SUBSTANCE USE SERVICES

■ Section 6 ■ Prevention

Figure 6.5. Average Monthly Number of Adults Served in Substance Use Prevention Programs



Source: LBB Measure 2.2.5.OP.1. The numerator is the sum of the number of persons served in HHSC-funded adult substance use prevention services each month of the reporting period. The denominator is the number of months in the period.

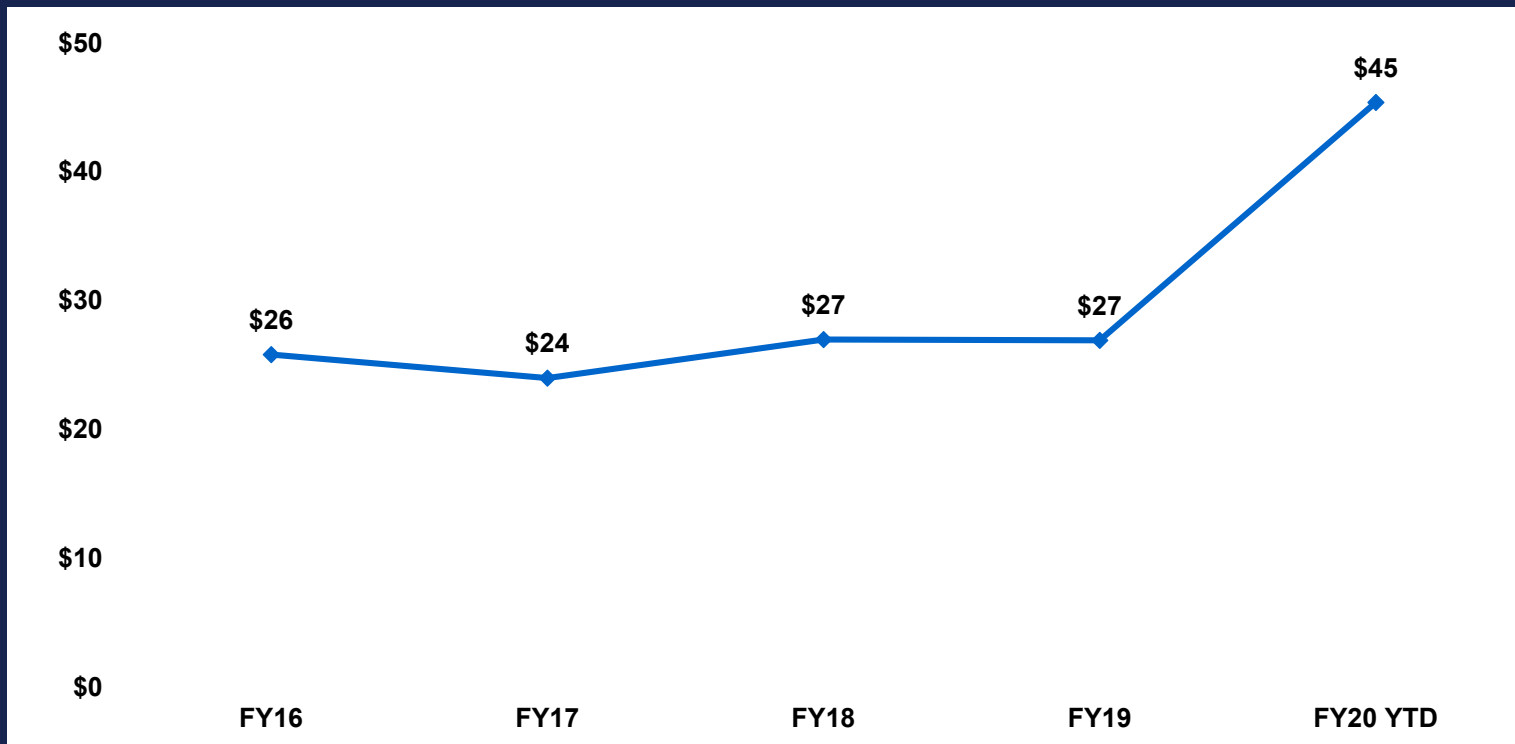


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■ Section 6 ■ Prevention

Figure 6.6. Average Monthly Cost per Adult for Substance Prevention Programs



Source: LBB Measure 2.2.5.EF.1. The numerator is sum of prevention service expenditures reported by providers / the number of months in the reporting period. The denominator is the number served. The formula is numerator/denominator. The number served is the total number of persons receiving HHSC-funded adult substance use prevention services..

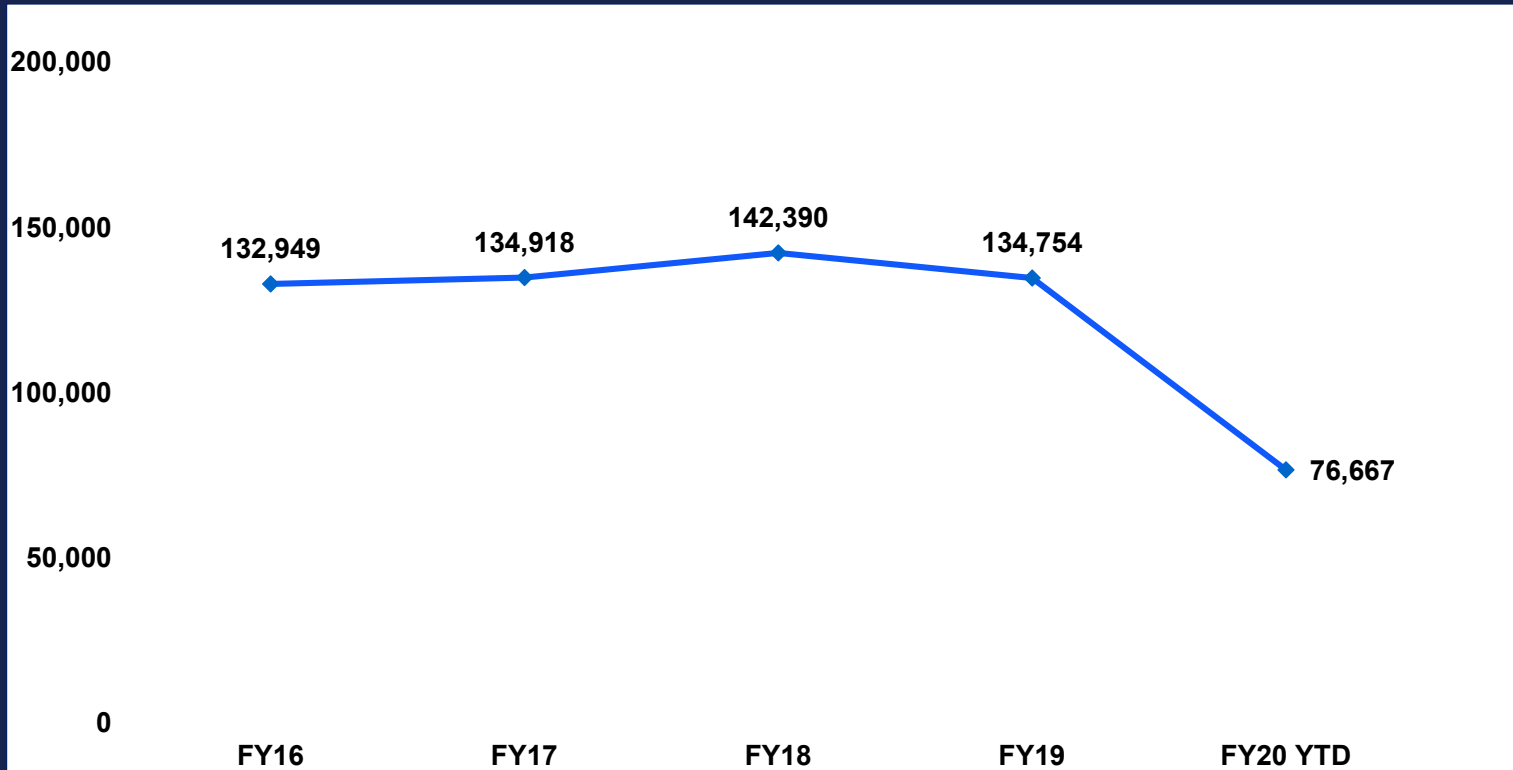


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Figure 6.7. Average Monthly Number of Youth Served in Substance Use Prevention Programs



Source: LBB Measure 2.2.5.OP.2. The numerator is the sum of the number of persons served in HHSC-funded youth substance use prevention services each month of the reporting period. The denominator is the number of months in the period.

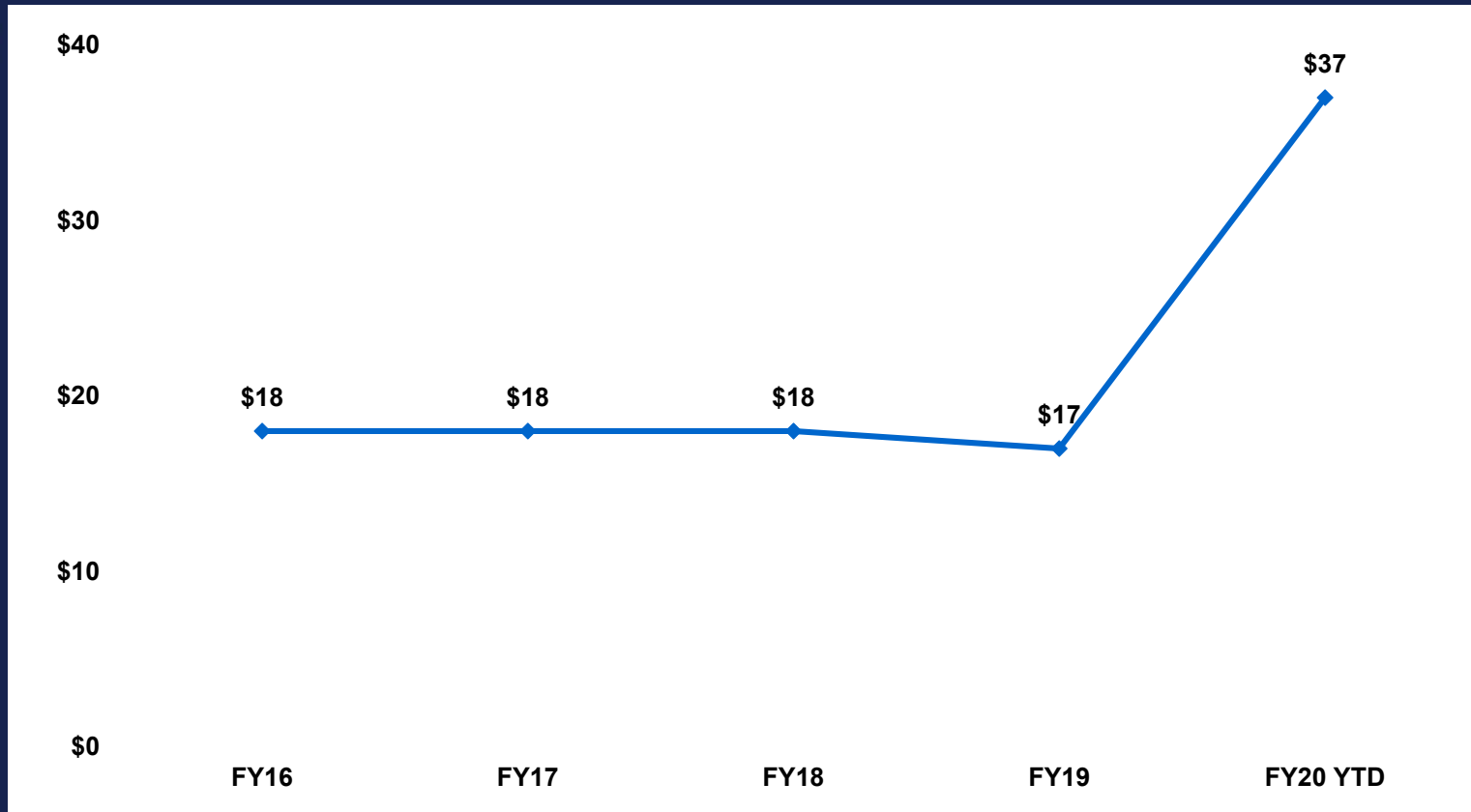


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Figure 6.8. Average Monthly Cost per Youth for Substance Use Prevention Programs



Source: LBB Measure 2.2.5.EF.2. The numerator is sum of prevention service expenditures reported by providers / the number of months in the reporting period. The denominator is the number served. The formula is numerator/denominator. The number served is the total number of persons receiving HHSC-funded youth substance use prevention services.

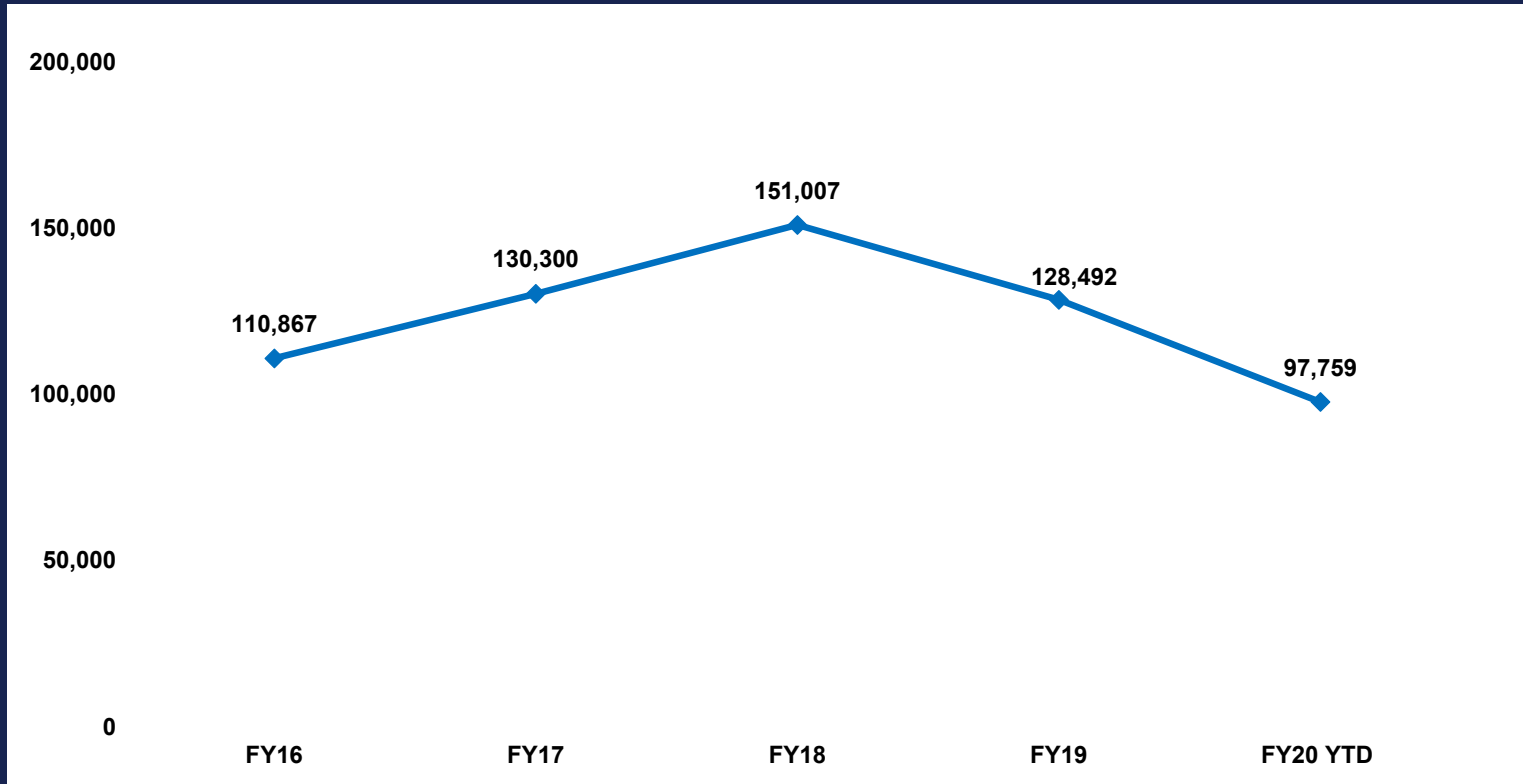


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Figure 7.1. Number of Adults Served in Substance Use Intervention Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of persons enrolled served with HHSC adult substance use intervention funds during the reporting period.



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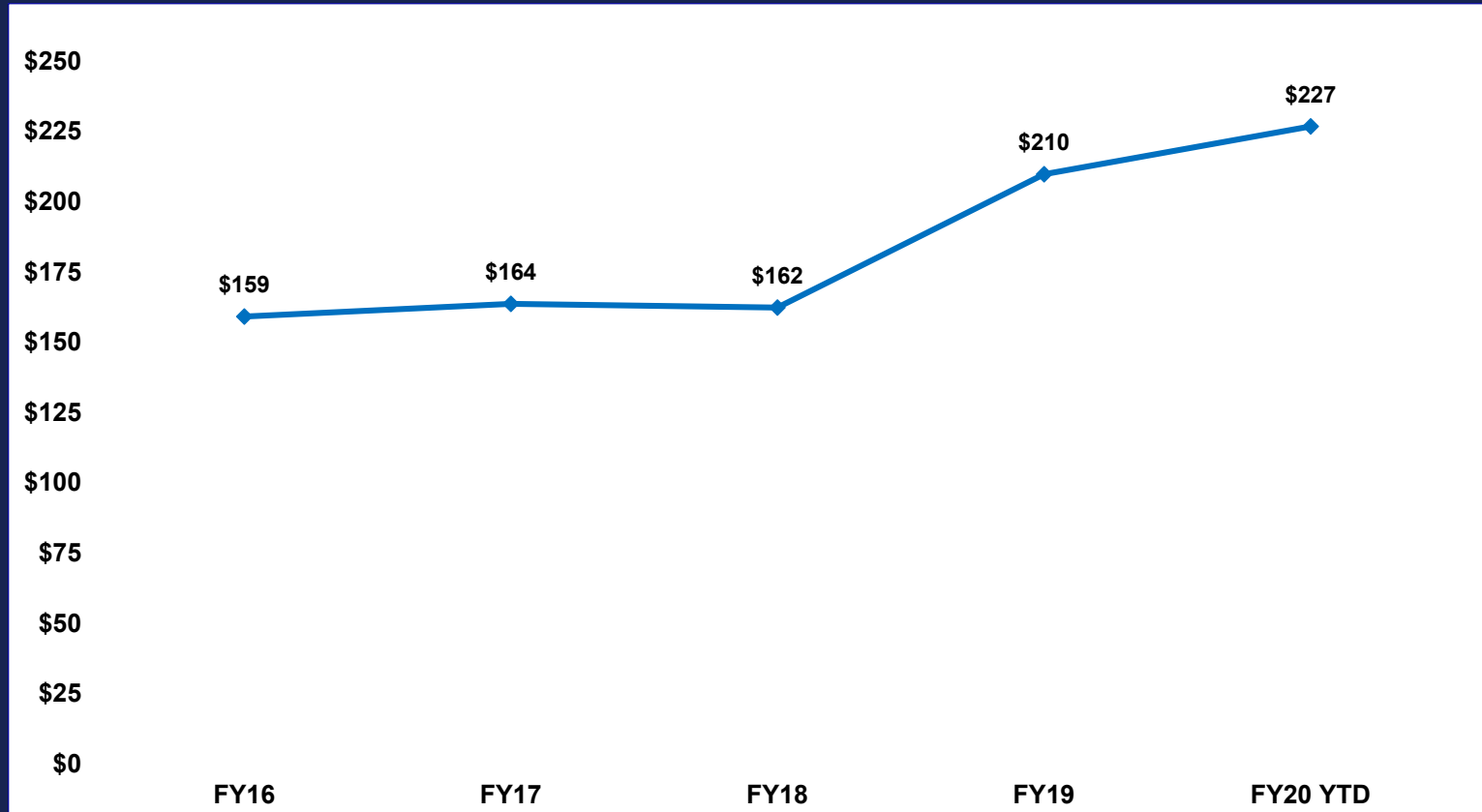
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Figure 7.2. Cost per Adult for Substance Use Intervention Programs per Year

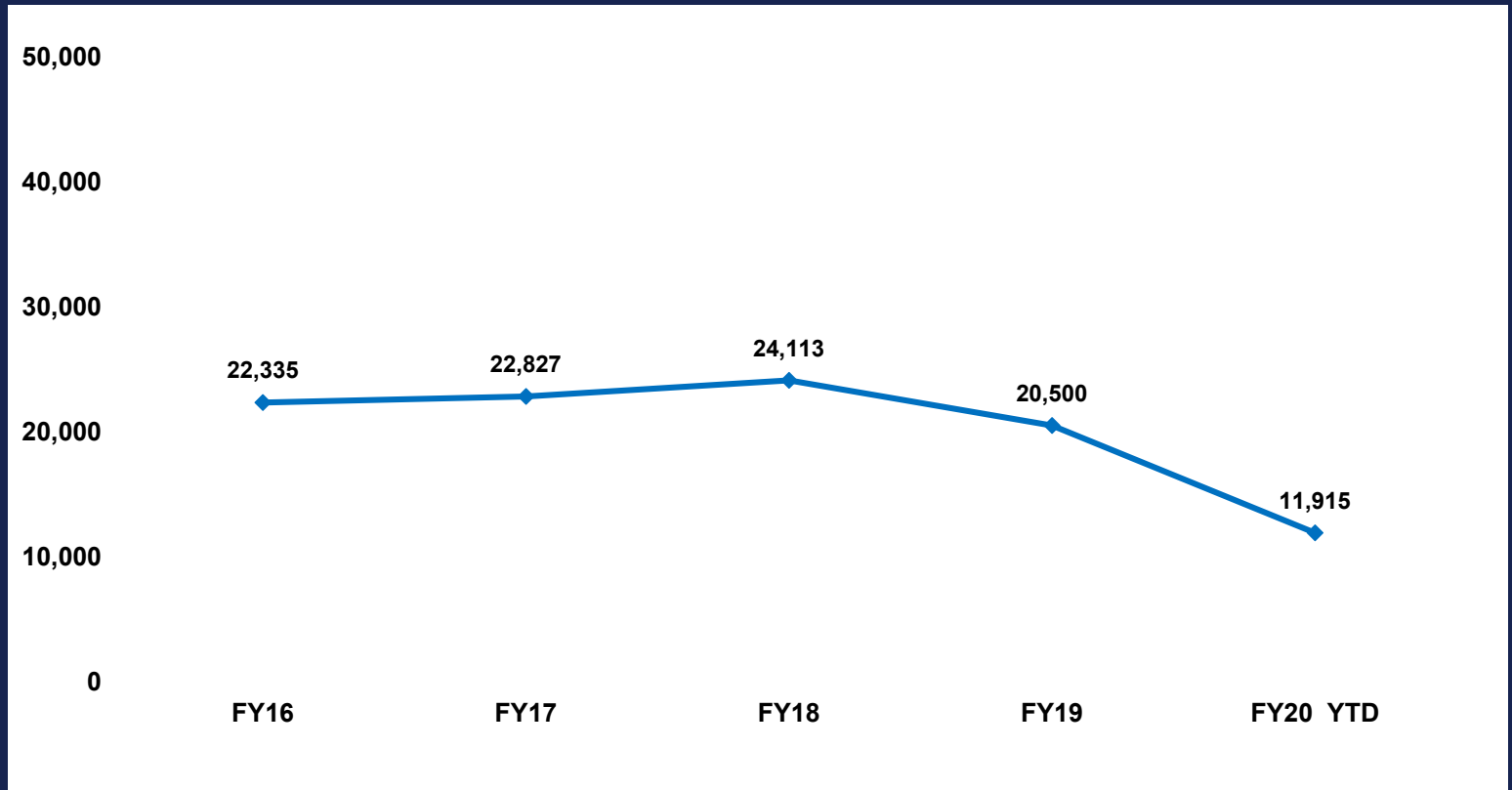


Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The sum of direct service expenditures and HHSC non-service expenditures for the intervention programs divided by the total number of persons served. Number served is the total number of persons receiving adult intervention services.

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Figure 7.3. Number of Youth Served in Substance Use Intervention Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of persons enrolled served with HHSC youth substance use intervention funds during the reporting period.

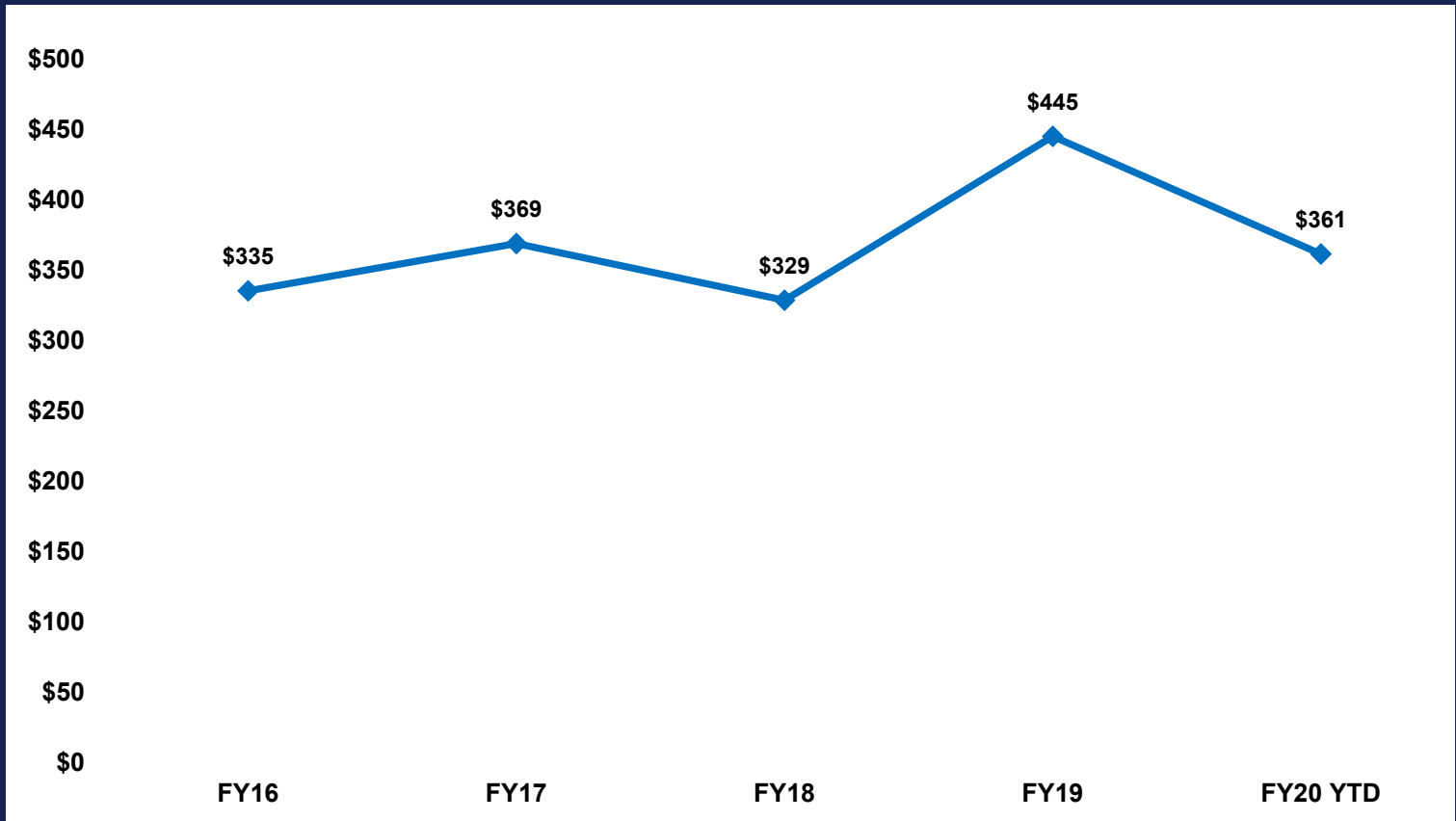


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Figure 7.4. Cost per Youth for Substance Use Intervention Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The sum of direct service expenditures and HHSC non-service expenditures for the intervention programs divided by the total number of persons served. Number served is the total number of persons receiving youth intervention services.

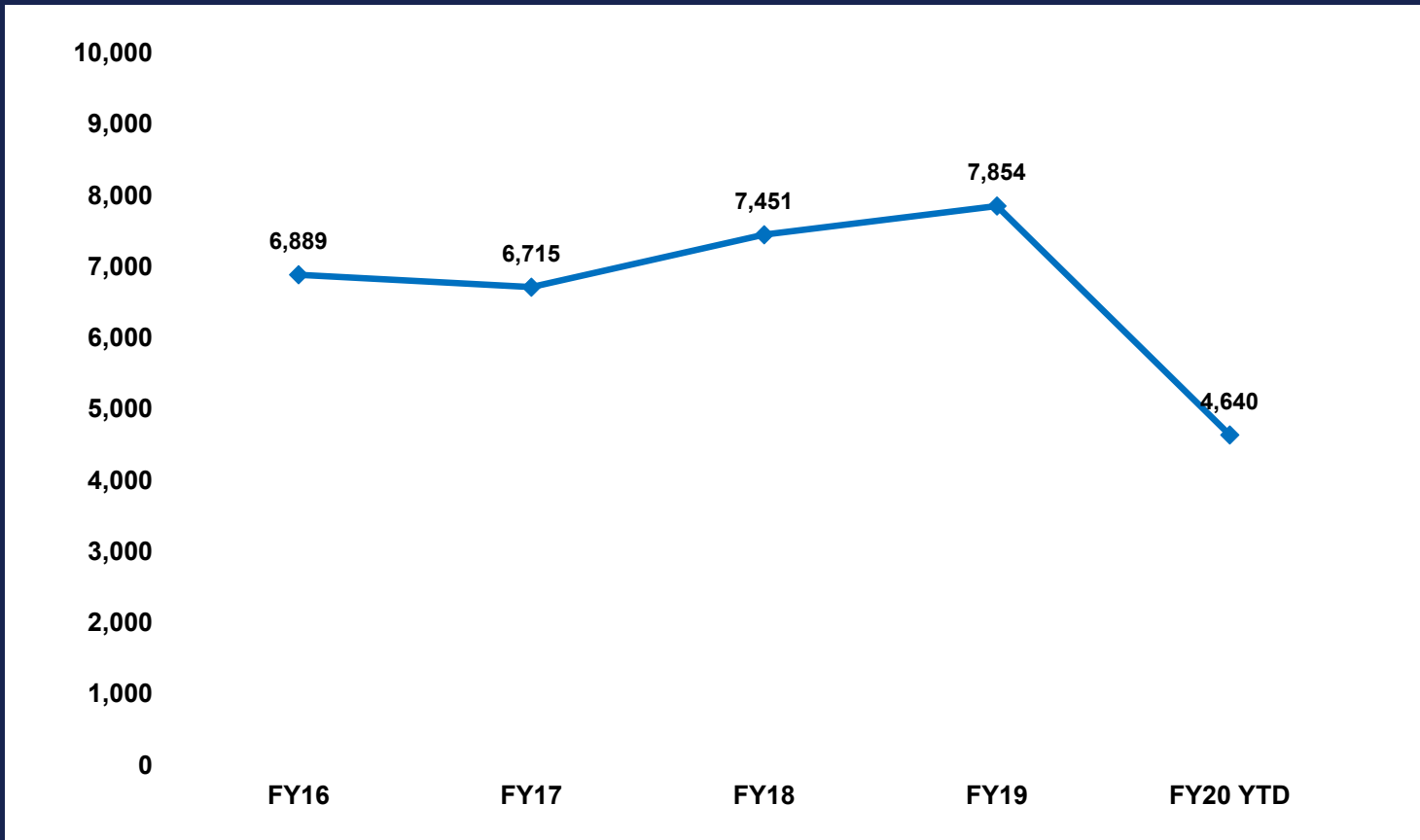


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Figure 7.5. Average Monthly Number of Adults Served in Substance Use Intervention Programs



Source: LBB Measure 2.2.5.OP.3. The numerator is the sum of the number of persons served in HHSC-funded adult substance use intervention services each month of the reporting period. The denominator is the number of months in the period. The formula is numerator/denominator.

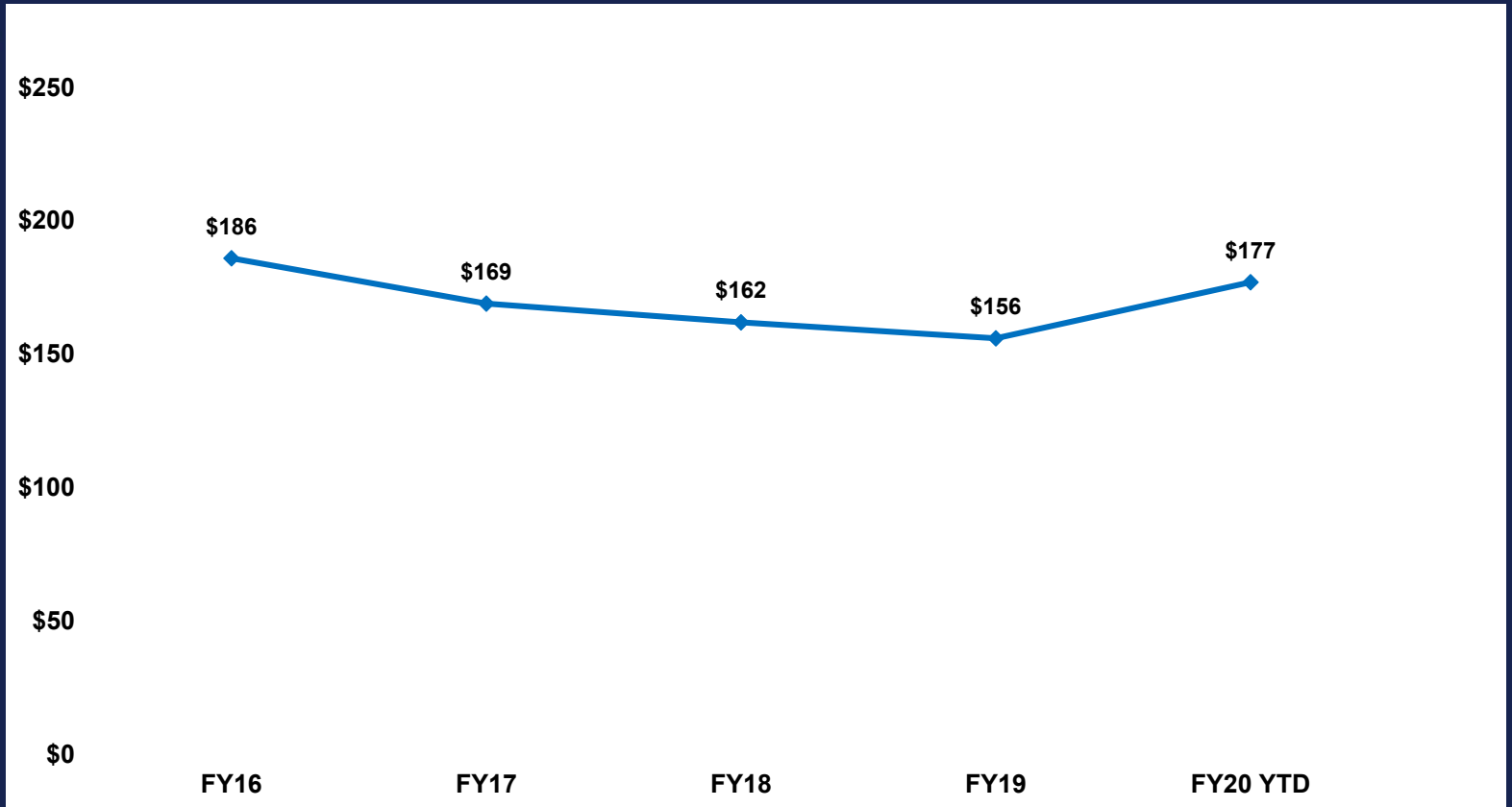


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Figure 7.6. Average Monthly Cost per Adult for Substance Use Intervention Programs



Source: LBB Measure 2.2.5.EF.3. The sum of direct service expenditures and HHSC non-service expenditures for the intervention programs / the number of months in the reporting period. Denominator is the total number of persons receiving HHSC-funded adult substance use intervention services.

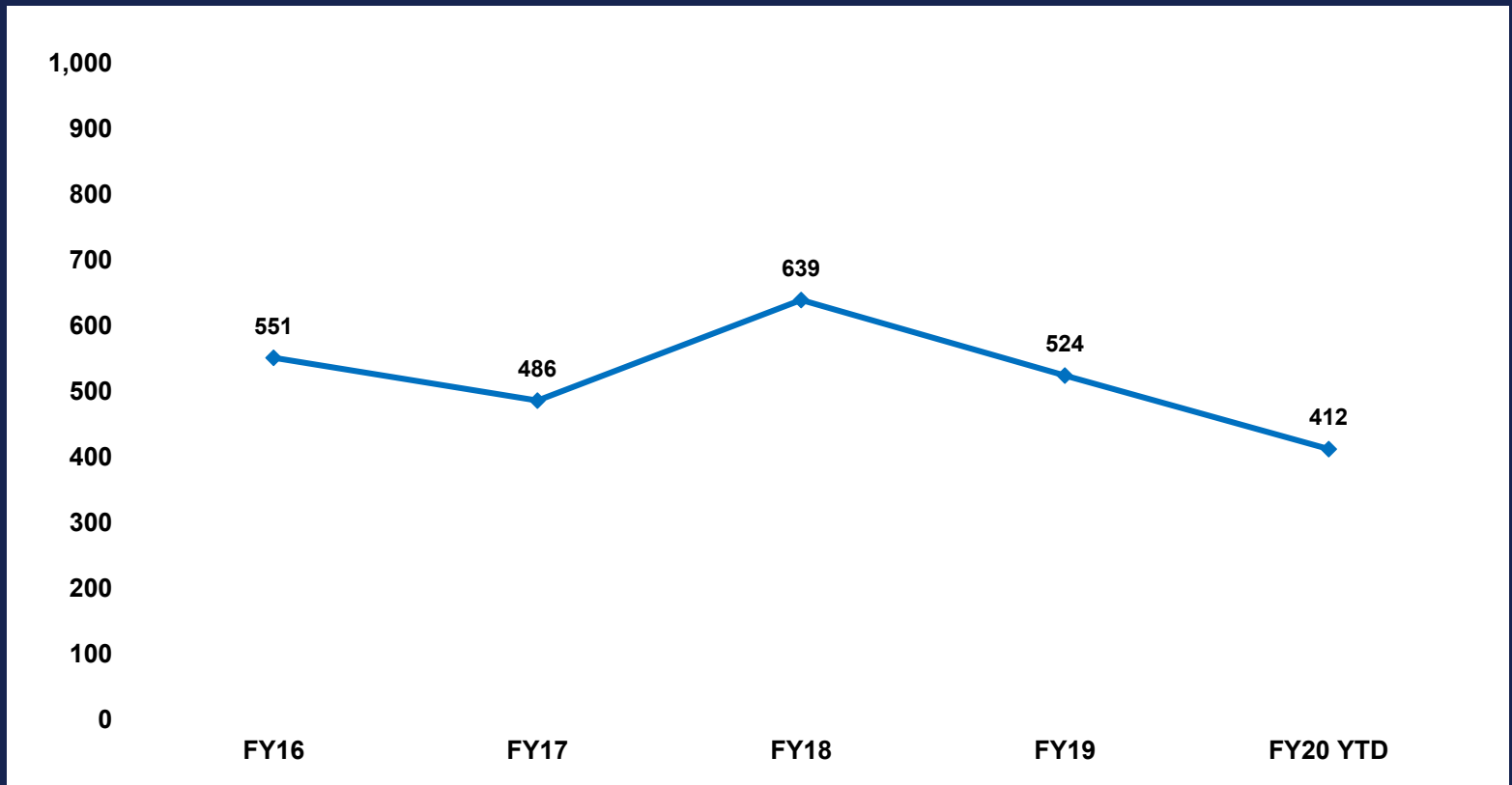


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Figure 7.7. Average Monthly Number of Youth Served in Substance Use Intervention Programs



Source: LBB Measure 2.2.5.OP.4. The numerator is the sum of the number of persons served in HHSC funded youth substance use intervention services each month of the reporting period. The denominator is the number of months in the period. The formula is numerator/denominator.

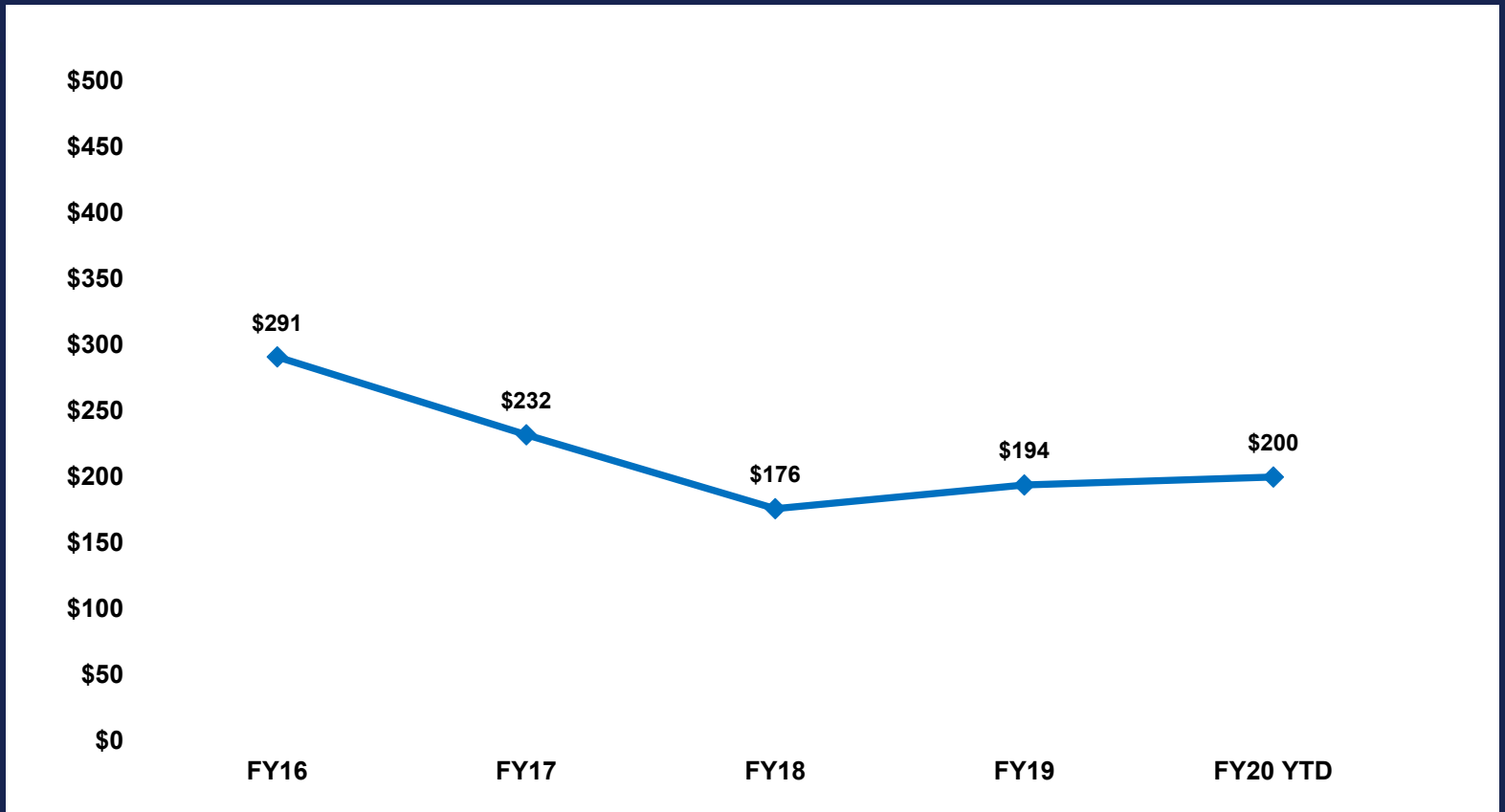


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Figure 7.8. Average Monthly Cost per Youth for Substance Use Intervention Programs



Source: LBB Measure 2.2.5.EF.4. The sum of direct service expenditures and HHSC non-service expenditures for the intervention programs / the number of months in the reporting period. Denominator is the total number of persons receiving HHSC-funded youth substance use intervention services.

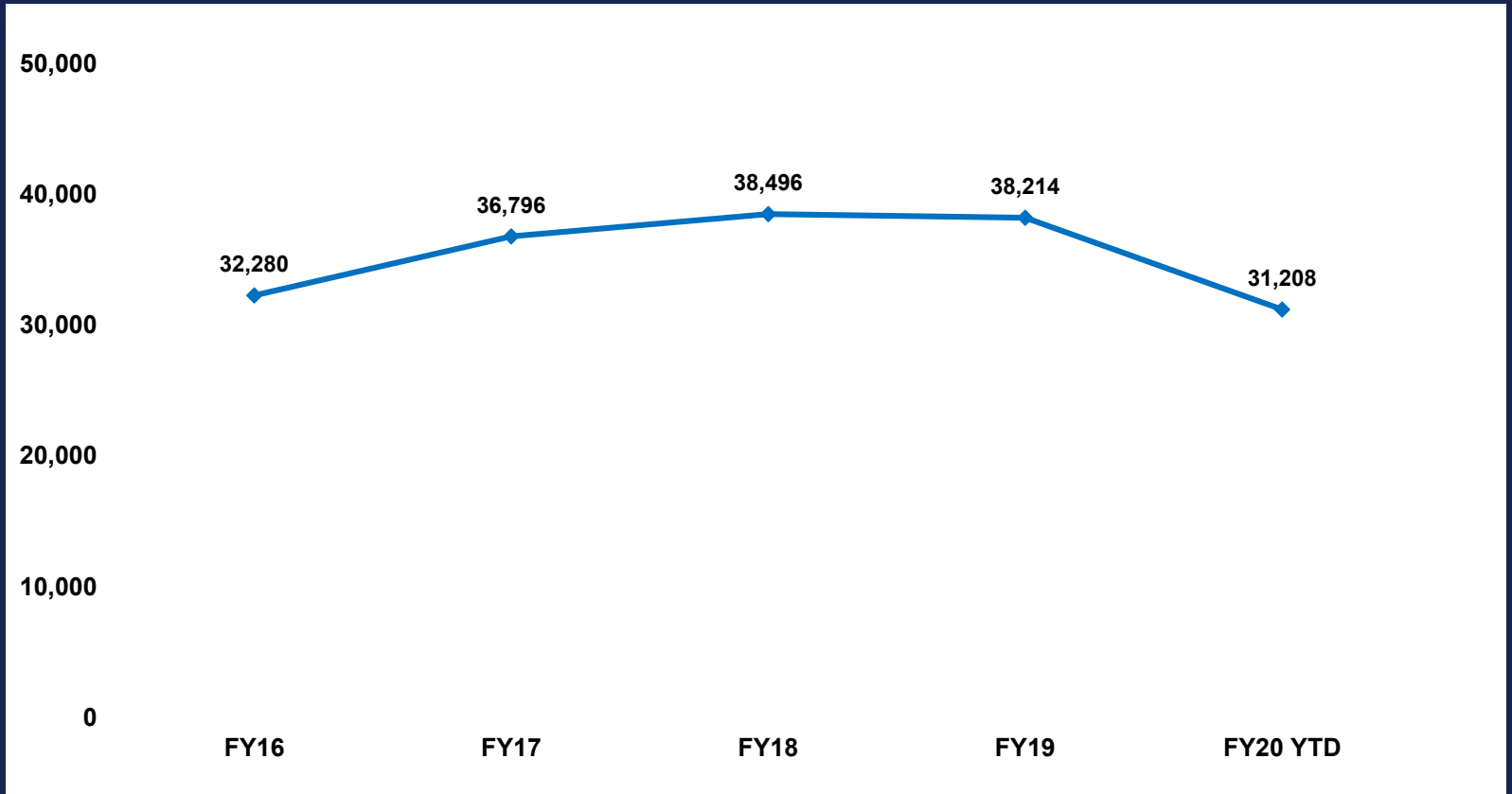


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Figure 8.1. Number of Adults Served in Substance Use Treatment Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of unduplicated HHSC-funded clients who ended a treatment service during the fiscal year to date and whose treatment was funded through an adult contract.

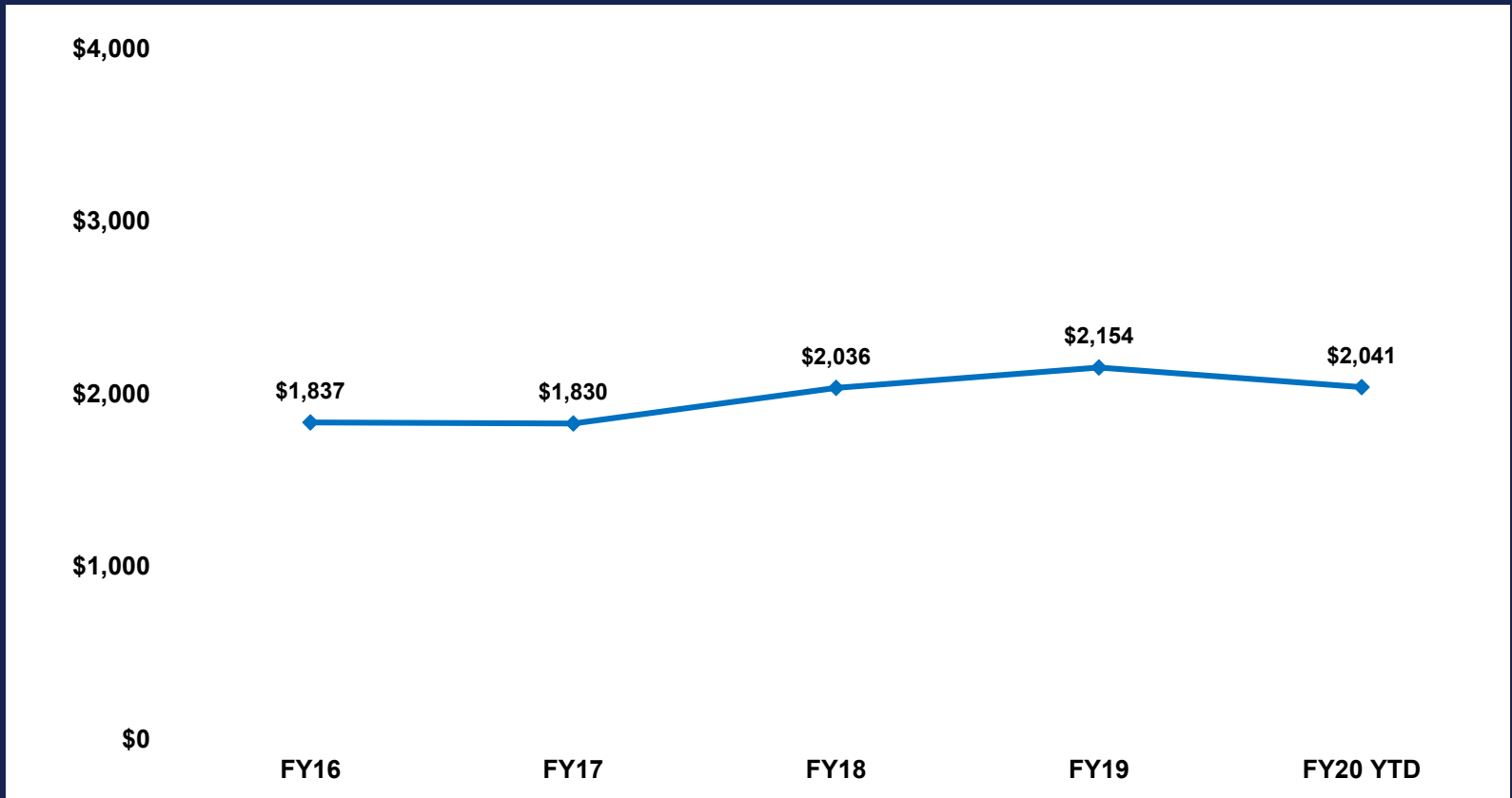


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Figure 8.2. Cost per Adult for Substance Use Treatment Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The sum of substance use treatment claims divided by the total number of persons served. Number served is the total number of persons receiving adult substance abuse treatment services.

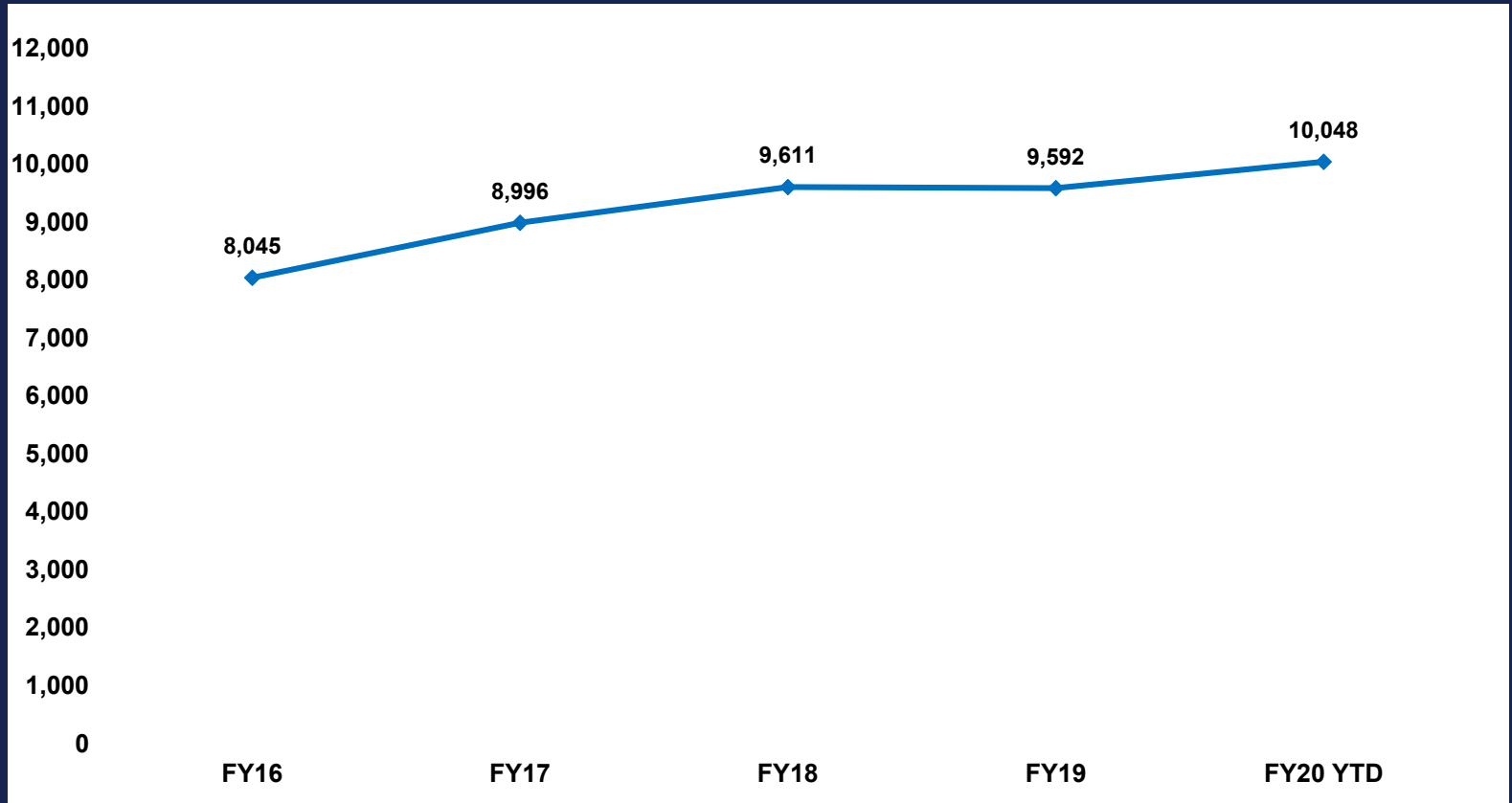


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Figure 8.3. Average Monthly Number of Adult Served in Substance use Treatment Programs



Source: LBB Measure 2.2.5.OP.5. The numerator is the sum of the number of persons served in HHSC-funded adult substance use treatment services each month of the reporting period. The denominator is the number of months in the period. The formula is numerator/denominator.

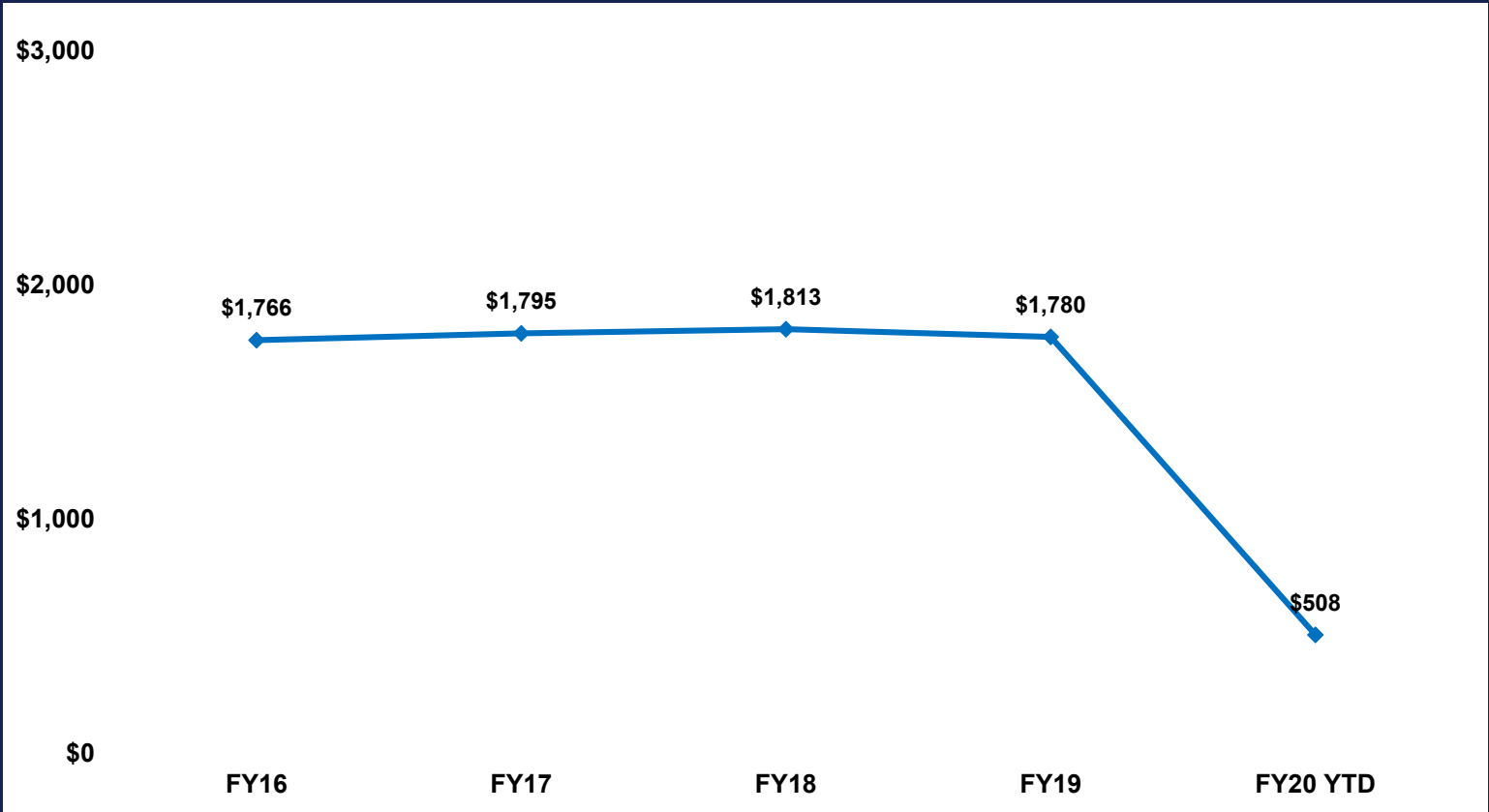


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Figure 8.4. Average Monthly Cost per Adult Served in Substance Use Treatment Programs



Source: LBB Measure 2.2.5.EF.5. Numerator is the total sum of substance use treatment claims / the number of months in the reporting period. Denominator is the total number of persons receiving adult substance use treatment services. Note: Methodology changed in FY2020, the number served now involves everyone and not just the completers.

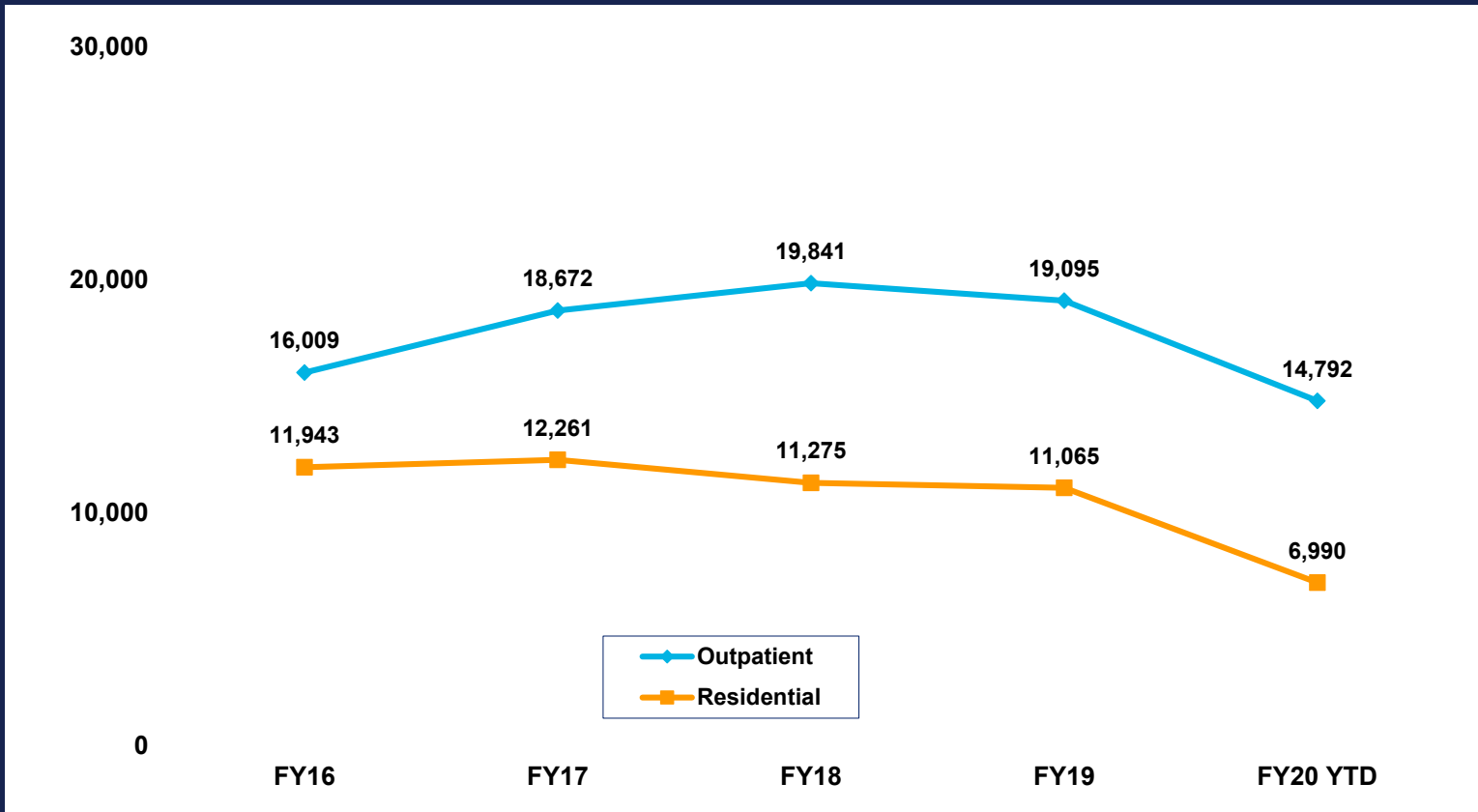


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Figure 8.5. Number of Adults Admitted to Outpatient vs. Residential Substance Use Treatment Programs per Year



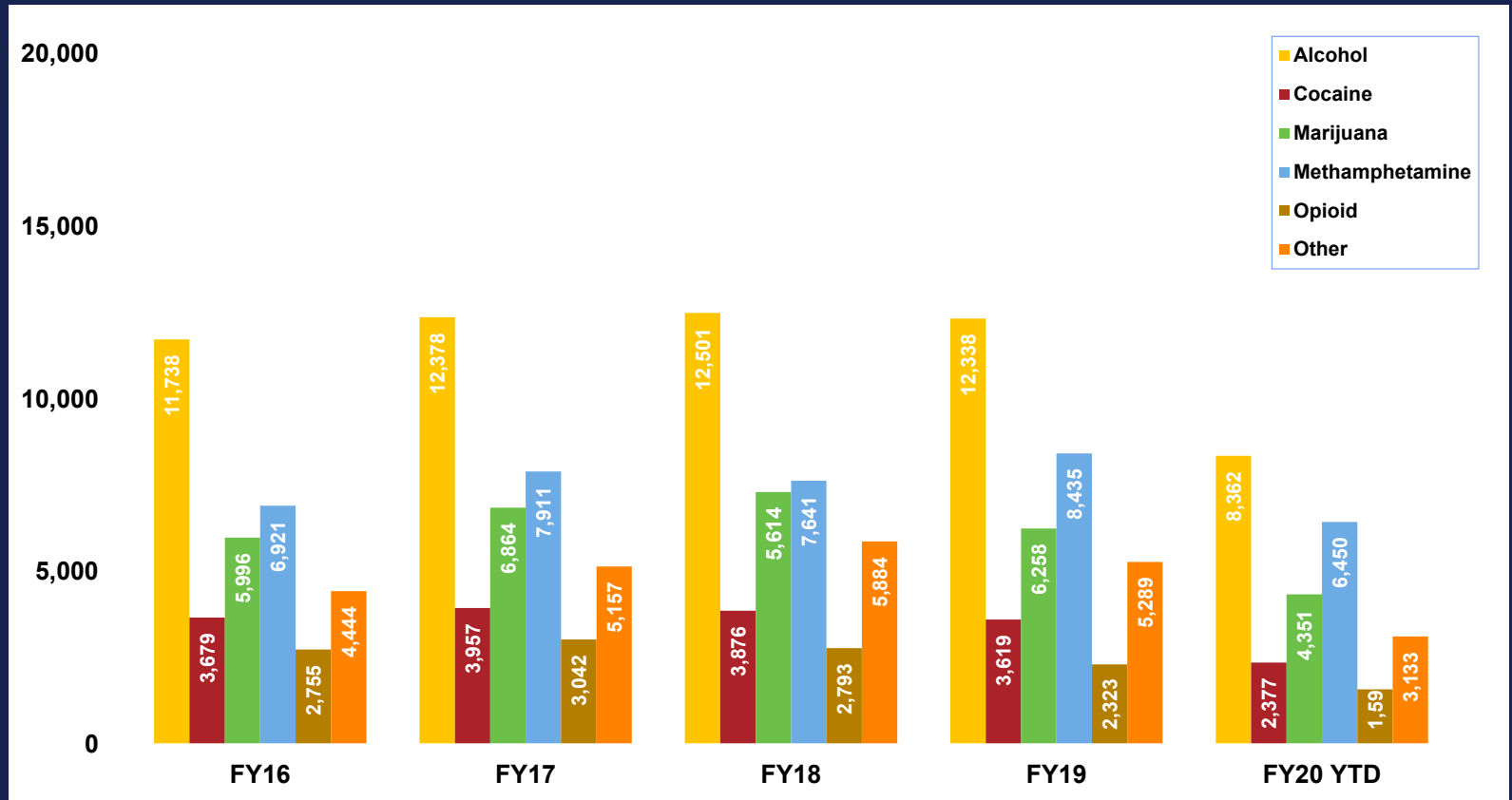
Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of unduplicated HHSC-funded clients by service type (Outpatient vs. Residential) who ended a treatment service during the fiscal year.



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Figure 8.6. Number of Adult Admissions to Substance Use Treatment Programs by Primary Substance per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total count of unduplicated clients by the primary substance used, admitted to treatment service during the fiscal year.



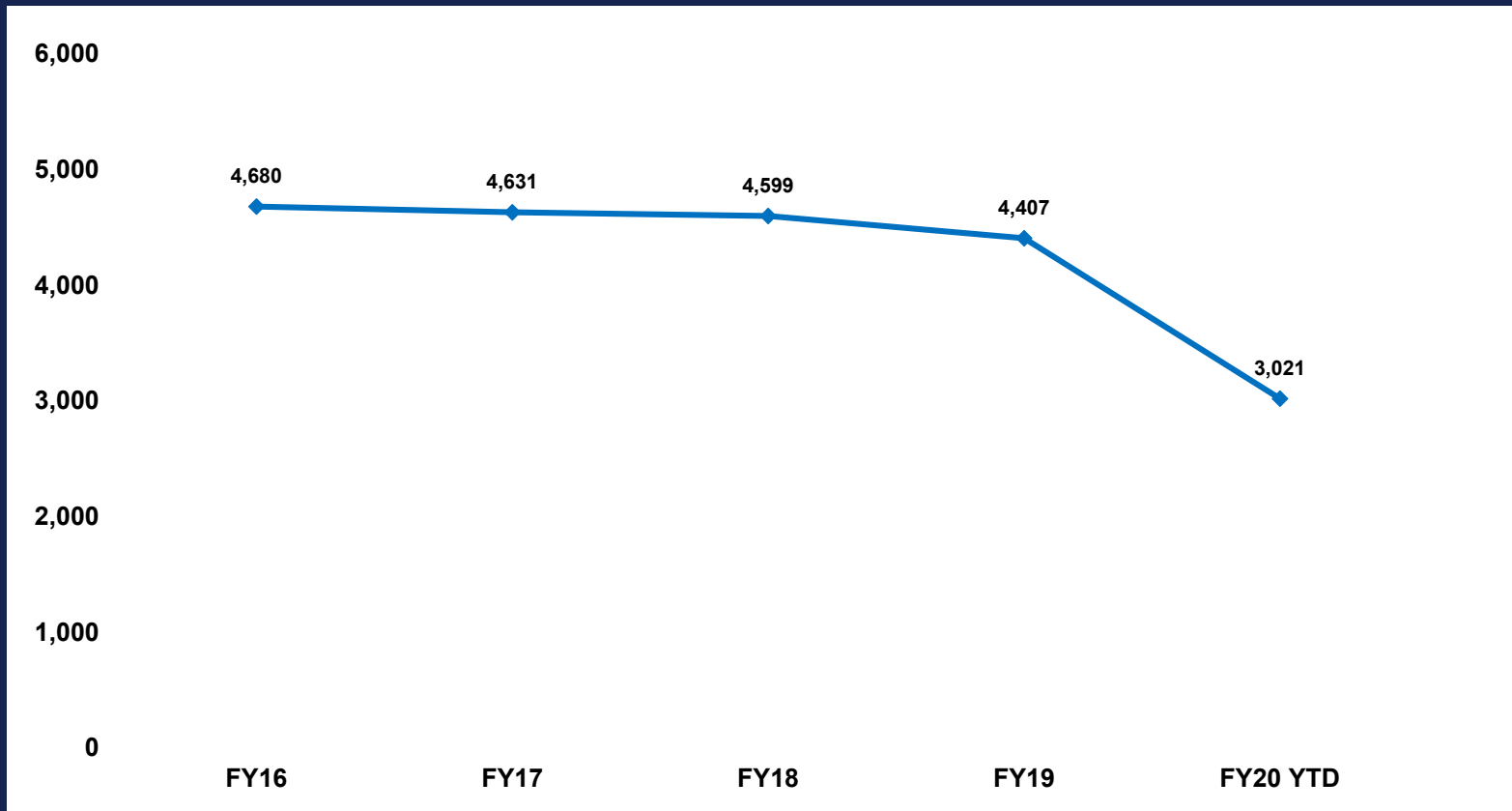
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Figure 8.7. Number of Youth Served in Substance Use Treatment Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of unduplicated HHSC-funded clients who ended a treatment service during the fiscal year to date and whose treatment was funded through a youth contract.

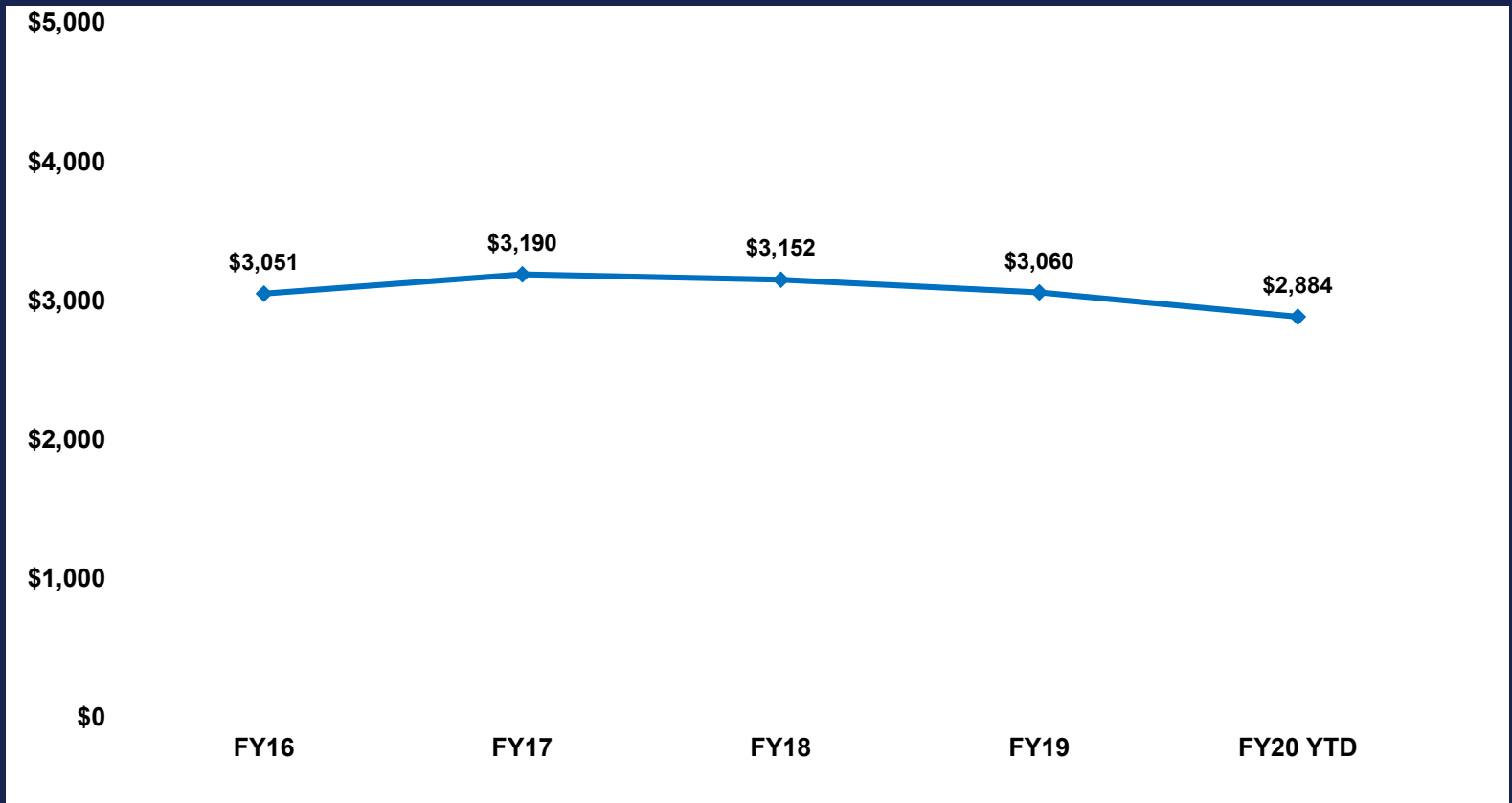
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Figure 8.8. Cost per Youth for Substance Use Treatment Programs per Year

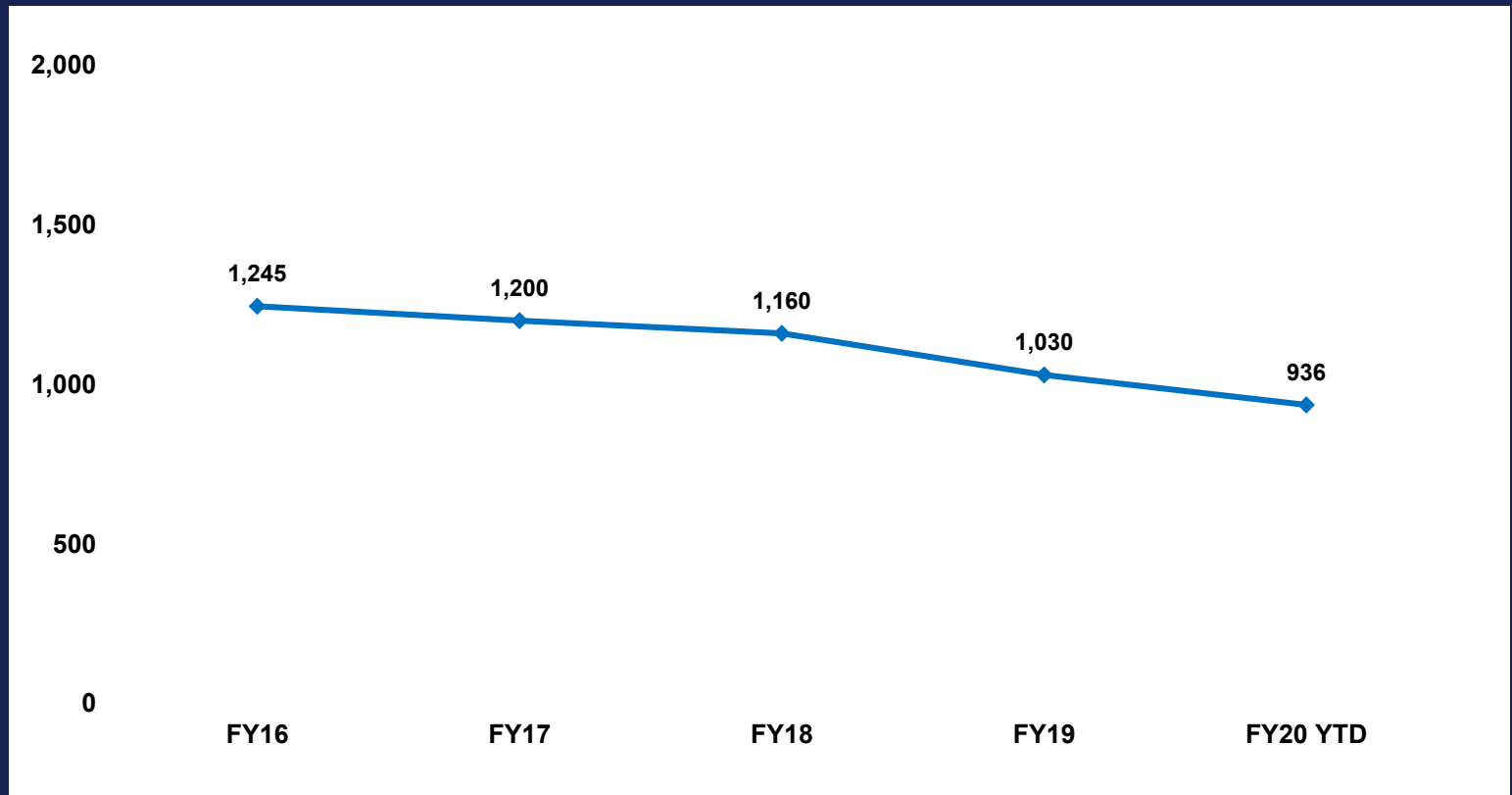


Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The sum of substance abuse treatment claims divided by the total number of persons served. Number served is the total number of persons receiving youth substance use treatment services.

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Figure 8.9. Average Monthly Number of Youth Served in Substance Use Treatment Programs



Source: LBB Measure 2.2.5.OP.6. The numerator is the sum of the number of persons served in HHSC-funded youth substance use intervention services each month of the reporting period. The denominator is the number of months in the period. The formula is numerator/denominator.

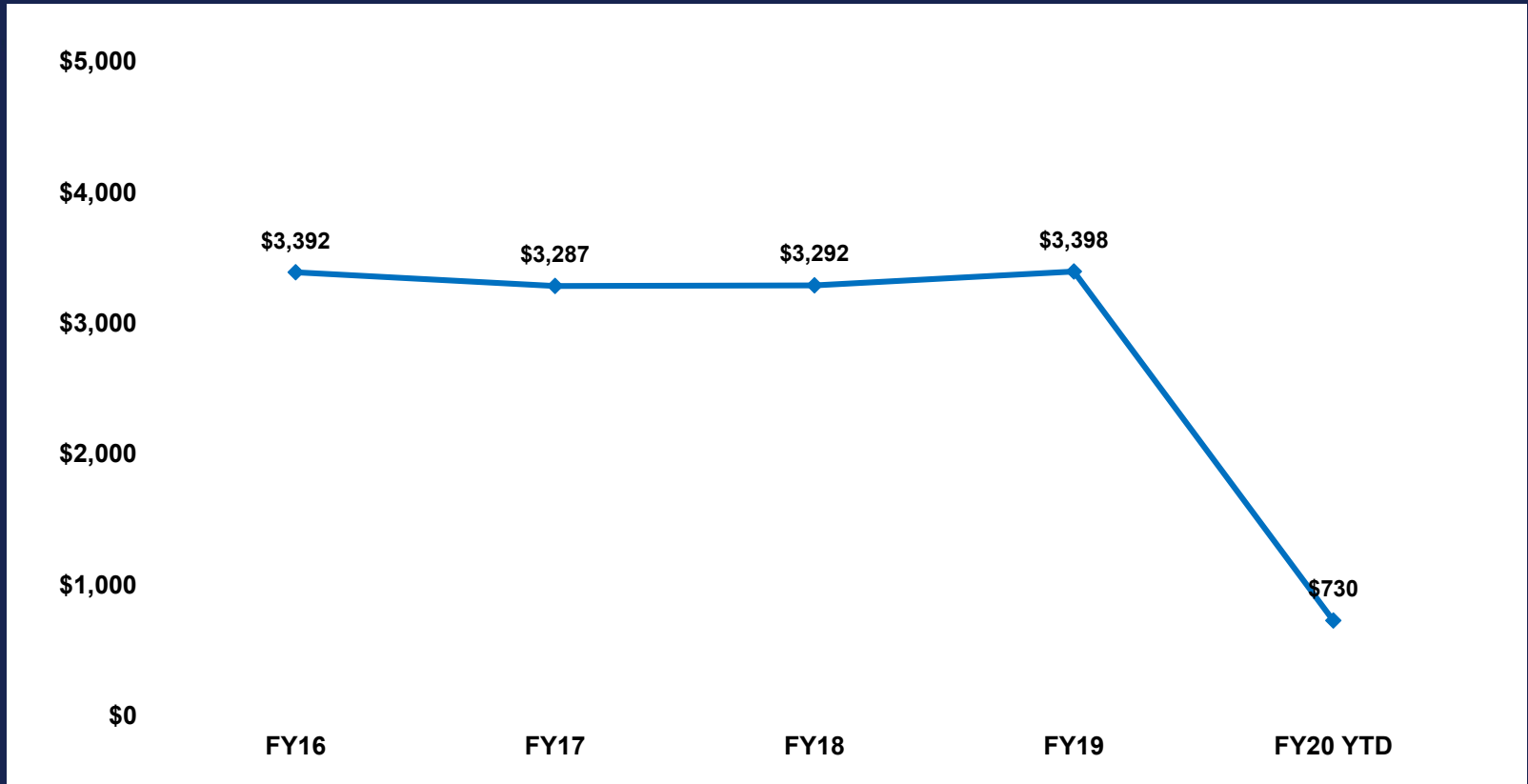


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Figure 8.10. Average Monthly Cost per Youth Served in Substance Use Treatment Programs



Source: LBB Measure 2.2.5.EF.6. Numerator is the total sum of substance use treatment claims / the number of months in the reporting period. Denominator is the total number of persons receiving youth substance use treatment services. Note: Methodology changed in FY2020, the number served now involves everyone and not just the completers.

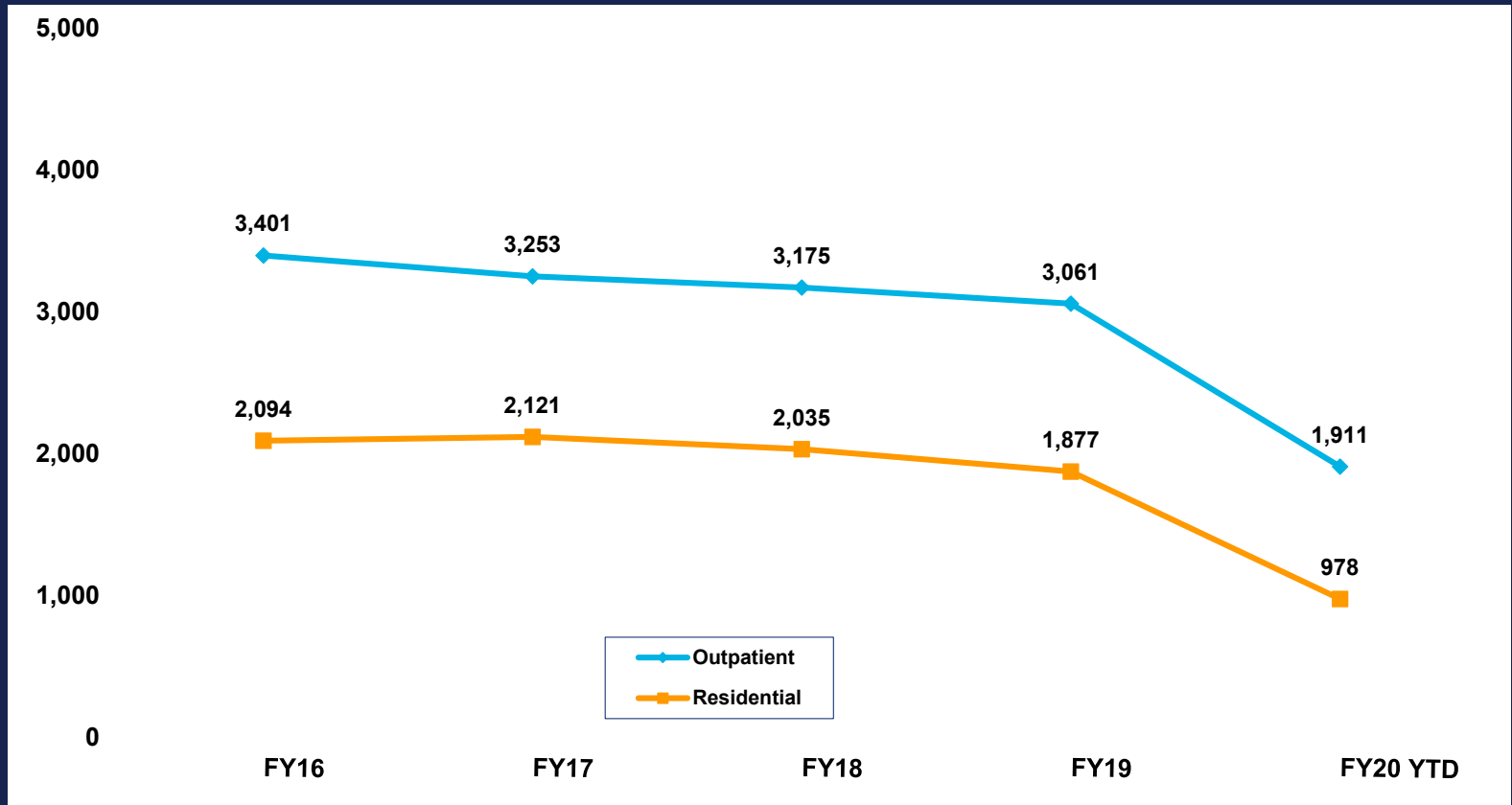


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Figure 8.11. Number of Youth Admitted to Outpatient vs. Residential Substance Use Treatment Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total number of unduplicated HHSC-funded clients by service type (Outpatient vs. Residential) who ended a treatment service during the fiscal year.

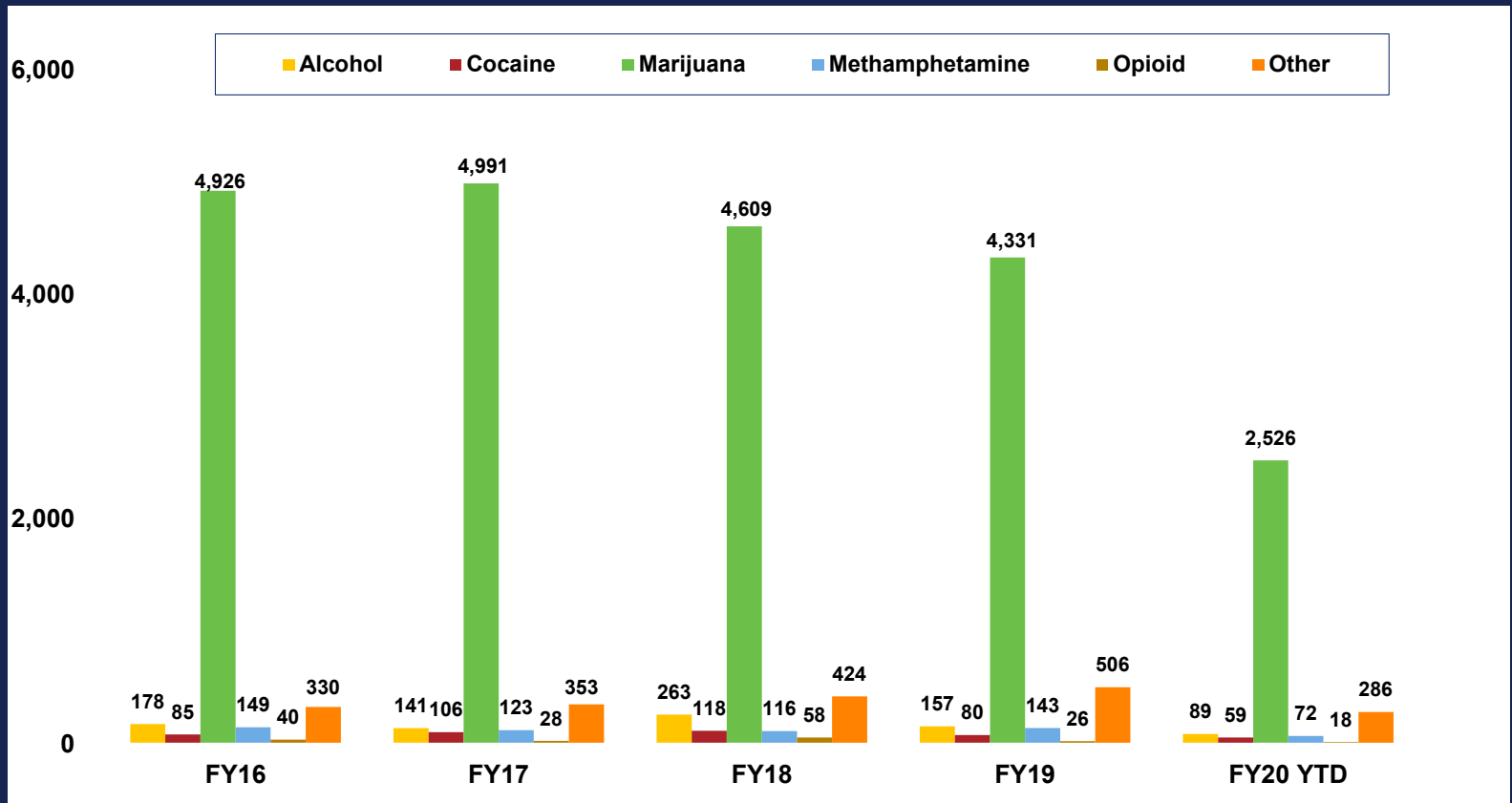


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Figure 8.12. Number of Youth Admissions to Substance Use Treatment Programs by Primary Substance per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The total count of unduplicated clients by the primary substance used, admitted to treatment service during the fiscal year.

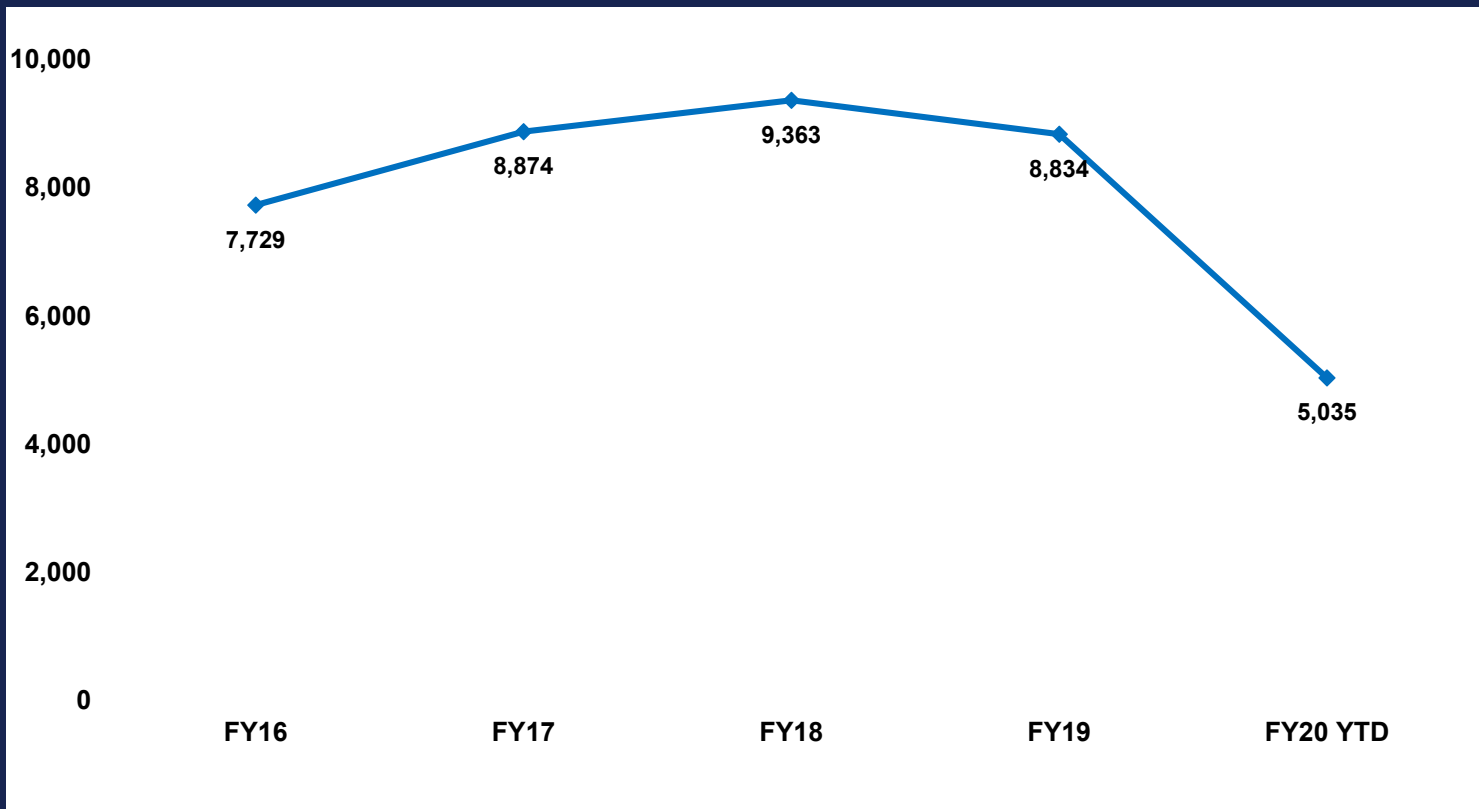


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Figure 9.1. Number of Females Served in Substance Use Specialized Female Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). The measure is the total number of unduplicated clients who ended a treatment service during the reporting period and whose treatment was funded through a specialized female contract.

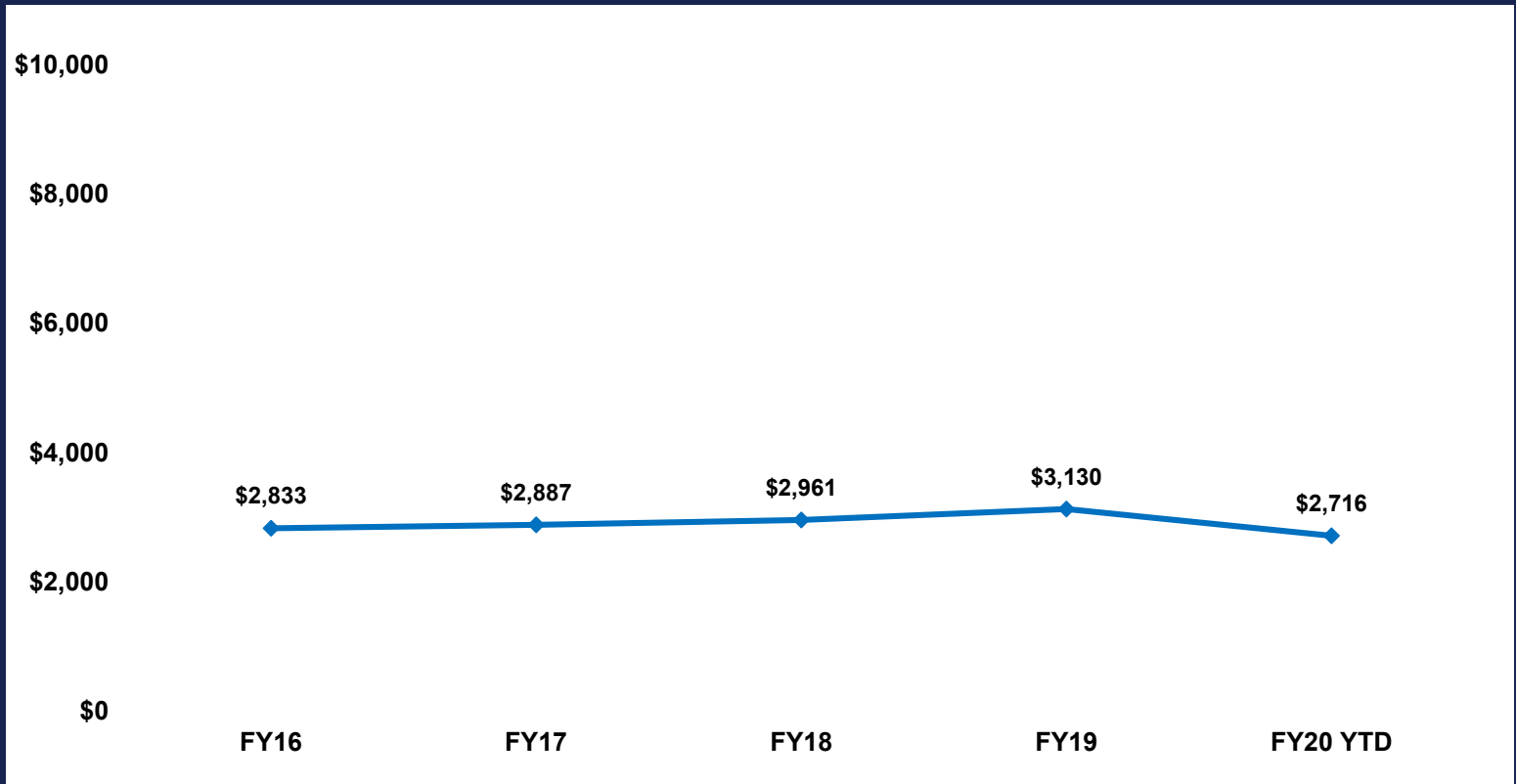


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Figure 9.2. Cost per Female Served in Substance Use Specialized Female Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). Numerator is the sum of substance use disorder treatment claims for the specialized female program and the denominator is the total number of specialized female served.

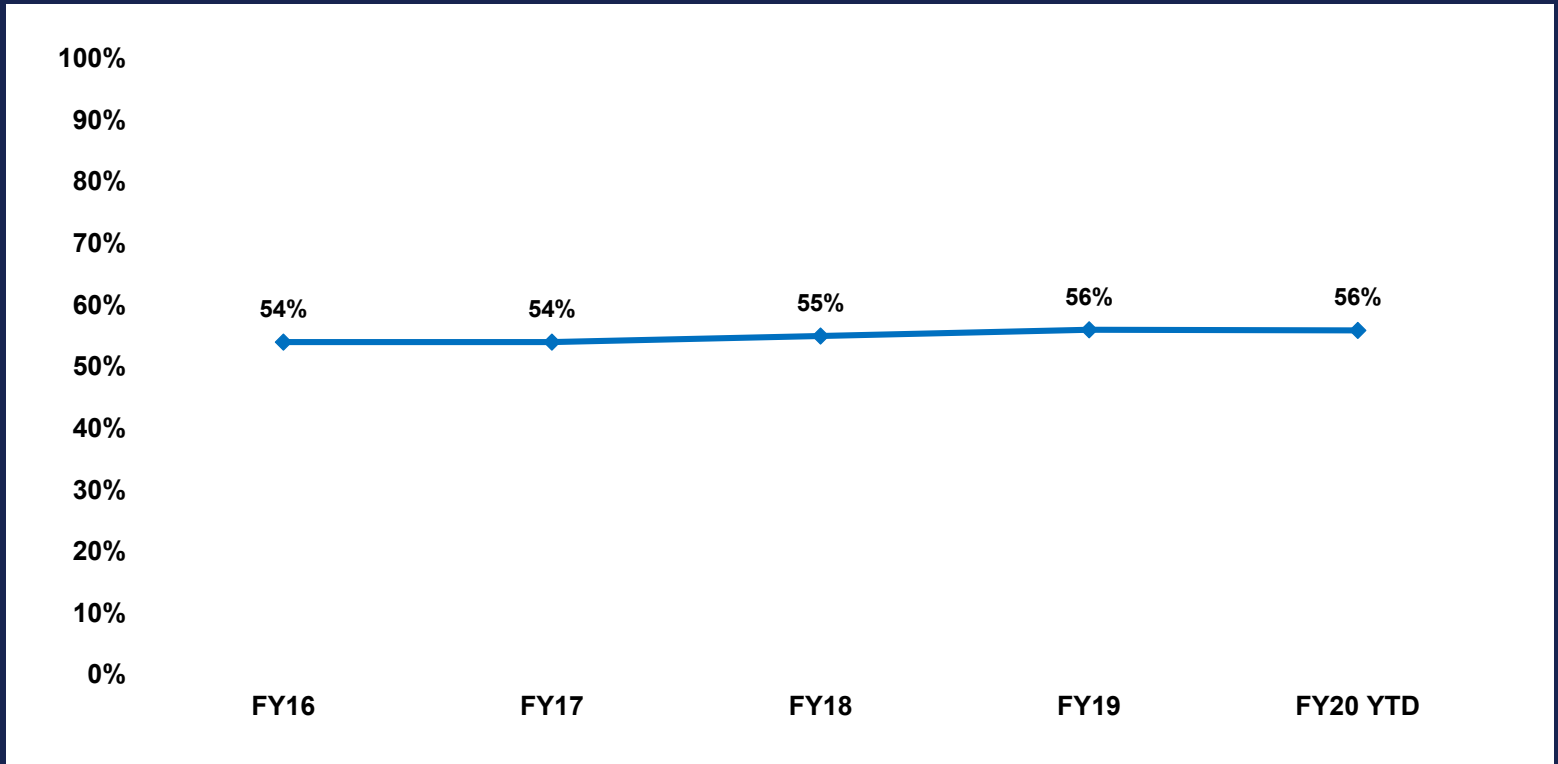


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Figure 9.3. Percentage of Females Completing Substance Use Specialized Female Programs per Year



Source: HHSC, *Clinical Management for Behavioral Health Services (CMBHS)*. The numerator is the number of persons who completed SUD specialized female program during the reporting period and the denominator is the total number of specialized female clients discharged or ended the service during the reporting period.



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Figure 9.4. Cost per Female Completing Substance Use Specialized Female Programs per Year



Source: HHSC, Clinical Management for Behavioral Health Services (CMBHS). Numerator is the sum of substance use disorder treatment claims for the specialized female program completers and the denominator is the number of persons who completed SUD specialized female program during the reporting period.



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