



## Your Day Habilitation Service is Changing

Beginning March 1, 2023, day habilitation in the Home and Community-Based Services (HCS), Texas Home Living (TxHmL), and Deaf-blind with Multiple Disabilities (DBMD) waivers will be replaced with a new service called Individualized Skills and Socialization.

### What's Individualized Skills and Socialization?

Individualized Skills and Socialization provides many of the same services you currently get through day habilitation, including:

- Person-centered activities
- Help with personal care needs and medications
- Help learning new skills and practicing skills you already have
- Spending time exploring your community

Individualized Skills and Socialization will also increase your access to the community and provide more person-centered activities than were available through day habilitation.

### How Do I Find a Provider?

Your program provider can help you find a licensed Individualized Skills and Socialization provider if you need one.

- **If you're in DBMD:** Your case manager will schedule a time to help you sign up for Individualized Skills and Socialization.
- **If you're in HCS or TxHmL:** You'll be signed up automatically to get Individualized Skills and Socialization if you were already getting day habilitation. If you're in TxHmL and interested in consumer directed Individualized Skills and Socialization, contact your service coordinator.

### Need Help?

If you have questions about the new Individualized Skills and Socialization service, call your service coordinator or case manager.