

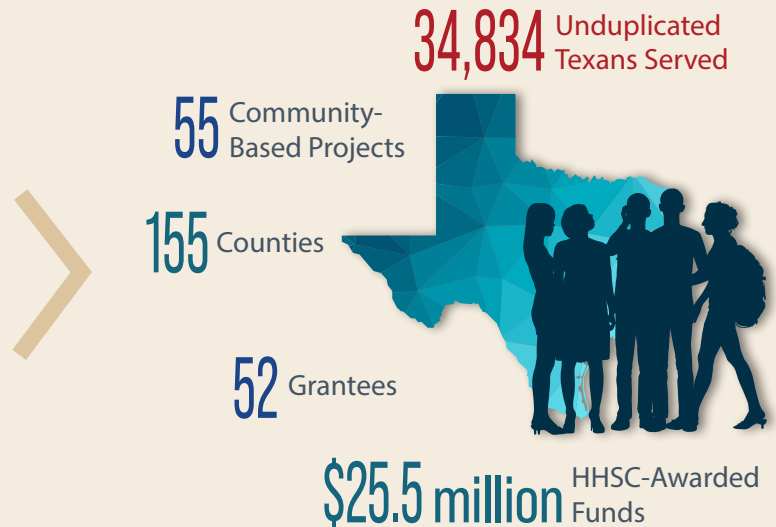
FY 2020

2023 PROGRAM REPORT CARD

Community Mental Health Grant

Program Overview

The Community Mental Health Grant program supports comprehensive, data-driven behavioral health systems that promote wellness and recovery. The program fosters community collaboration, reduces duplication of services and strengthens continuity of care. Mental and behavioral health programming provided through the grant consists of five distinct service types: access to care, co-occurring disorders and substance use disorder services, crisis and forensic services, peer support services, and school-based and early intervention services.



TEXAS-SIZED ACHIEVEMENTS

The Community Mental Health Grant made progress in fulfilling program goals and positively impacting Texas communities.

Serving Rural Texas

The grant program increased access to behavioral health services in rural Texas communities.

- Twenty-four grant-funded projects served **136 rural counties**.
- **Over 11,390 rural Texans were connected** to individualized behavioral health services.

Decreased Emergency Response Utilization

- Hospitalization rate: **97% of rural program participants** were not hospitalized for behavioral health services.
- Emergency room utilization rate: **96% of rural program participants** didn't visit the emergency room for behavioral health services.

Increased Well-Being and Adverse Event Prevention

- Arrest prevention rate: **93%**
- Housing stability: **91%**
- Improved quality of life: **72%**

Increased Wellness and Cost-Effectiveness

The grant program supports made state-funded behavioral health programming more cost-effective and helped create more positive outcomes.

Decreased Emergency Response Utilization

- Hospitalization rate: **95% of program participants** were not hospitalized for behavioral health services.
- Emergency room utilization rate: **94% of program participants** didn't visit the emergency room for behavioral health services.

Increased Well-Being

- Improved social supports*: **90%**
- Improved quality of life*: **80%**

*As indicated by evidence-based measurement scales.

Youth Mental Health in Public Schools

Over 4,700 students received individualized mental health services.

- Behavior in school: **85% of students** achieved behavioral improvement in academic settings.
- Academic progress: **72% of students** achieved improved grades.



FY 2023 GRANTEEES

Baptist Hospitals of Southeast Texas	MHMR of Tarrant County
Betty Hardwick Center	MHMR Services for the Concho Valley
Bluebonnet Trails Community Services	Montrose Counseling Center
Border Region Behavioral Health Center	NAMI Texas, Inc.
Boys and Girls Club of Pharr	Next Step Community Solutions, Inc.
Burke Center	North Texas Behavioral Health Authority
Camino Real Community Services	Pecan Valley Centers
Child and Family Guidance Center of Texoma	Project Vida Health Center
City of Amarillo Public Health Department	Rural Economic Assistance League, Inc.
City of Laredo Public Health Department	Rusk Independent School District
Coastal Plains Community Center	SAMMinistries (San Antonio Metropolitan Ministries, Inc.)
Collin County, Texas	San Antonio Clubhouse
Communities In Schools of North Texas	Spindletop Center
CommUnity Care	Texas A&M International University
Community Hope Projects, Inc.	Texas A&M University
DePelchin Children's Center	Texas Panhandle Centers
Family Service Association of San Antonio	The Dallas-Fort Worth Hospital Council Foundation
Foundations Communities	The Ecumenical Center
Gulf Bend Center	The Harris Center for Mental Health and Intellectual and Developmental Disabilities
Hale County, Texas	The Women's Home
Harris County, Texas	Tri-County Behavioral Healthcare
Healthcare for the Homeless-Houston	United Way Amarillo Canyon (Panhandle Behavioral Health Alliance)
Heart of Texas Region MHMR Center	University of Texas Health Science Center at San Antonio
Helen Farabee Centers	West Texas Centers
Hill Country Centers	
Hope Fort Bend Clubhouse	
Integral Care	
Juvenile Outreach and Vocational Educational Network (JOVEN)	

Success Story

The University of Texas Health Science Center at San Antonio Recovery Connections Project

The Recovery Connections project provides efficient and effective options for behavioral health care by facilitating rapid access to outpatient behavioral health services for Bexar County residents. During fiscal year 2023, 283 people experiencing mental health crises used the project's Living Room walk-in and telehealth crisis counseling and support services. Recovery Connections staff estimated that in 2023 participants who accessed Living Room services (instead of emergency room or inpatient hospitalization admissions) resulted in a minimum cost-savings of \$424,500 in public funds.

Recovery Connections also provides follow-up services to people discharged from inpatient psychiatric care facilities. They are engaged within one day of discharge, and on average participant appointments occur within three days after discharge. This rapid follow-up model has proven to be highly successful.

In 2023, less than 1% of those served through Recovery Connections were hospitalized for inpatient psychiatric or behavioral health-related care within 30 days of participation. Less than 3% returned to an emergency room within 30 days.

The decrease in emergency room visits and inpatient hospitalizations resulting from Recovery Connections services saved the Bexar County safety net system over \$1 million in 2023 alone.