

# In-Lieu-of Services

Office of Policy
Medicaid & CHIP Services



## **Background**

- The state plan is the officially recognized document describing the nature and scope of the State of Texas Medicaid program.
- States can allow managed care organizations (MCOs) to offer medically appropriate, costeffective in-lieu-of services in place of a covered Medicaid state plan service or setting.
- The in-lieu-of service is voluntary for the MCO to provide and voluntary for the enrollee to use.



# Senate Bill 1177 (86R, 2019)

- SB 1177 (86R, 2019) directed HHSC to amend MCO contracts to allow MCOs to offer medically appropriate, cost-effective services approved by the State Medicaid Managed Care Advisory Committee (SMMCAC) in lieu of mental health or substance use disorder services specified in the Texas Medicaid State Plan.
- HHSC separated the list of services from SMMCAC into three groups:
  - Phase 1: services in lieu of inpatient services
  - Phase 2: services in lieu of outpatient services
  - Phase 3: services in need of further consideration



## Phase 1 Services

#### **Services in-lieu-of inpatient services**

- Partial hospitalization services
- Intensive outpatient program services
- Coordinated specialty care
- Crisis respite services
- Crisis stabilization services
- Extended observation services



## Phase 1 Services

- HHSC plans to move forward with implementing:
  - Partial Hospitalization
  - Intensive Outpatient
  - Coordinated Specialty Care (CSC) services
- HHSC will continue to work with CMS to address questions regarding:
  - Crisis respite services
  - Crisis stabilization services
  - Extended observation services

## Next Steps to Implement Phase 1 Services

# **Update Uniform Managed Care Manual (UMCM)\* to require MCOs to:**

- Document the member's choice to receive in-lieu-of services
- Educate Providers and Members about the availability of inlieu-of services, if providing in-lieu-of services.
- Develop and maintain an operational plan that describes how the MCO will operationalize in-lieu-of services prior to implementation.
- Ensure that there is not a duplication of services or payment when providing in-lieu-of services and Covered Services.
- Have clinical guidelines in place for the medical appropriateness and utilization management processes and share these guidelines with HHSC upon request.



\* HHSC expects updates to be published by late 2022

## Next Steps to Implement Phase 1 Services



#### **Update Uniform Managed Care Manual (UMCM)\* to:**

- Prohibit MCOs from offering outpatient in-lieu-of services in place of inpatient hospitalization services for Members who are at immediate risk of harming themselves or others.
- Define the new in-lieu-of services and outline provider qualifications.

\* HHSC expects updates to be published by late 2022

## Next Steps to Implement Phase 1 Services

## Seek feedback on MCO next steps:

- Do MCOs plan to offer Partial Hospitalization, Intensive Outpatient and Coordinated Specialty Care (CSC) services?
- What is the estimated timeline for MCOs to be able to offer these in-lieu-of services?





- Cognitive Rehabilitation
- Multisystemic Therapy (MST)

Phase 2 Services

Functional Family Therapy (FFT)





### Phase 2 Services

- HHSC has determined all Phase 2 proposed services are evidence-based and is reviewing Phase 2 services for cost effectiveness.
- HHSC is also considering FFT for ages 10-18 as a potential Medicaid benefit to be added to the state plan as a result of a medical benefit topic nomination from a stakeholder.

# TEXAS Health and Human Services

## Phase 3 Services

#### Requires further consideration

- Collaborative Care Model^
- Integrated Pain Management Day Program\*
- Health & Behavior Assessment & Intervention\*
- Systemic, Therapeutic, Assessment, Resources, and Treatment (START)
- Treatment/Therapeutic Foster Care
- Mobile Crisis Outreach Team (MCOT)#
- ^ Implemented as a State Plan benefit in June 2022
- \* Current state plan benefits for ages 0-20
- # Crisis services provided via a MCOT are covered by Medicaid under the mental health rehabilitation, crisis intervention services.



## Phase 3 Services

- Phase 3 services require additional analysis because:
  - Some only apply to specific populations;
  - Some services contain components already covered under Texas Medicaid;
  - Some need further analysis to determine which state plan services they could be offered in lieu of and confirm assumptions with CMS.
- Phase 3 services will be analyzed after Phase 1 and Phase 2 services are analyzed and implemented, if approved.



# Thank you

 ${\bf Managed\_Care\_Initiatives@hhs.texas.gov}$