



Childhood Injury Prevention Resources

- [TexasHealthSteps.com](https://www.texashealthsteps.com) online Provider Education provides free continuing education credits on a variety of topics, including brain injury, to physicians, nurses, social workers, pharmacists, dentists and others.
- [HelpandHope.org](https://www.helpandhope.org), a website for parents on parenting and preventing childhood injury. The [Child Safety](#) page includes information on gun safety, helmets, safe sleep and car safety. The website also includes an entire section on [Water Safety](#) with helpful videos and information to prevent drowning.
- [Texas Home Visiting](#), a free program that provides trained home visitors for parents who are expecting a child or have a child who has not started kindergarten yet. Contact your [local Home Visiting Program](#) to see if you could benefit from participating in the program.
- The [CDC Child Safety and Injury Prevention](#) website includes information on fall prevention, drowning prevention and road traffic safety. In addition, the [Child Passenger Safety](#) page helps parents and caregivers select and properly install child safety seats.
- [Safe Kids Worldwide](#) has information on many child safety topics such as child passenger safety, home safety and gun safety. You can also connect with [local Safe Kids coalitions](#) to learn more or get involved.
- The CDC's [HEADS UP](#) website has free information and training on concussions for parents, coaches, sports officials and athletes. It also includes a section on [Helmet Safety](#) where you can learn about the various types of helmets needed for different activities and how to make sure they are properly fitted.

- The [Children's Safety Network](#) is another helpful website with information on a variety of child safety and injury prevention topics.
- The [Period of PURPLE Crying](#) is a program designed to prevent shaken baby syndrome and abusive head trauma by helping parents of new babies understand the normal crying curve and the dangers of shaking a baby.
- The CDC's [HEADS UP to Health Care Providers](#) has free information and training on identifying and treating concussions, as well as Return-to-Learn and Return-to-Play protocols to help manage a child's return to school and sports.