

# **HHSC Crisis Services Guide**

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**IDD and Behavioral Health  
Services**

**Medical and Social  
Services Division**

**Texas Health and Human  
Services Commission**

**December 2020**



**TEXAS**  
Health and Human  
Services

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## About This Guide

This guide provides a summary of the various state-funded crisis services and the organizations that can help connect individuals to those resources.

### **Local Mental Health Authorities/Local Behavioral Health Authorities**

Every county in Texas is served by a designated Local Mental Health Authority (LMHA) or Local Behavioral Health Authority (LBHA). LMHA/LBHA staff help individuals understand the treatment options to address the challenges associated with their mental illness or substance use disorders and ultimately achieve recovery. LMHAs/LBHAs provide a wide array of services and supports and connects individuals with resources unique to their community.

### **Local Intellectual and Developmental Disability Authorities (LIDDAs)**

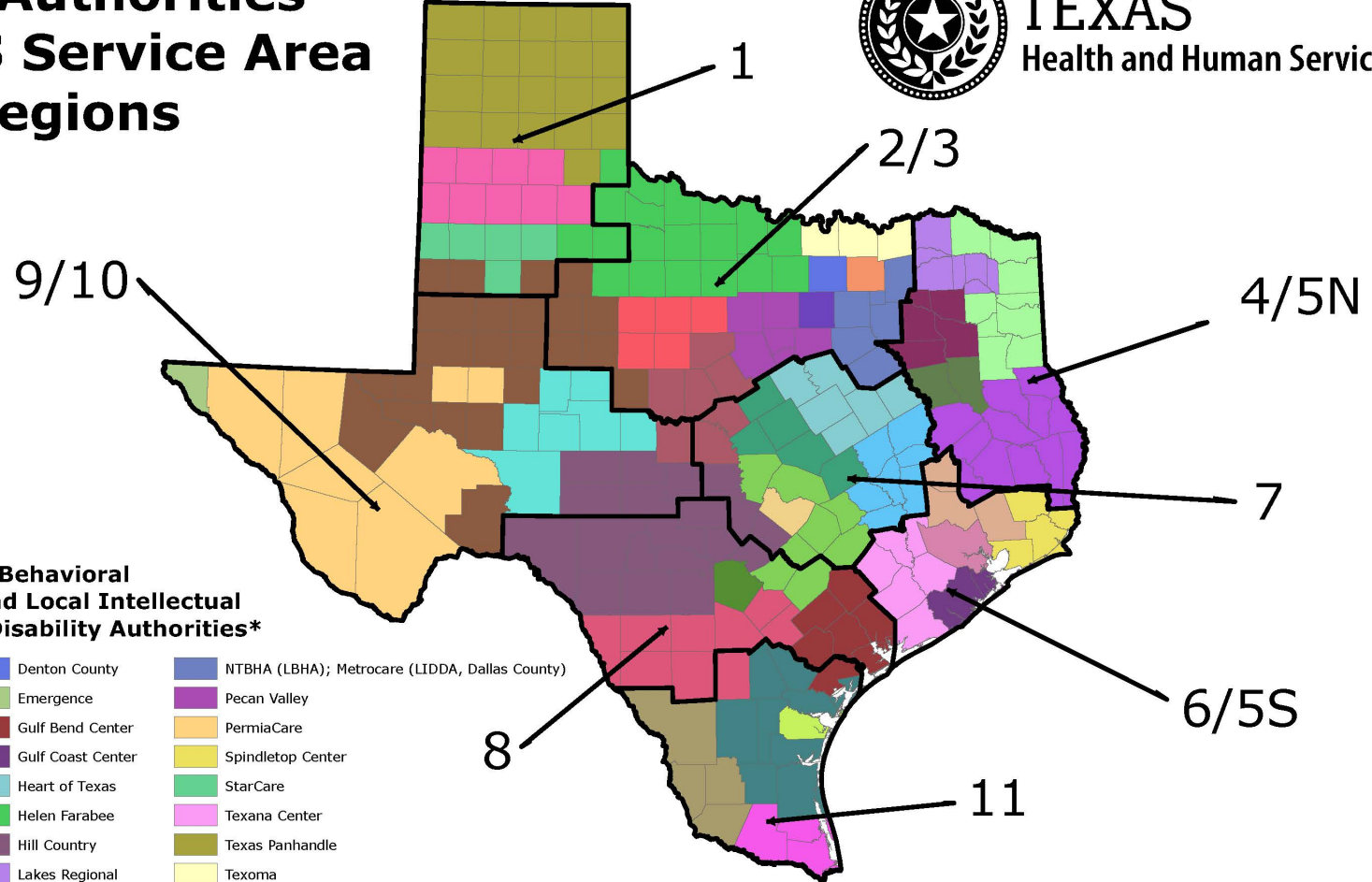
LIDDAs provide planning, policy development, coordination, resource allocation, resource development, and oversight of community intellectual and developmental disability (IDD) services for individuals with IDD throughout the state of Texas.

A map of the local authorities and the Health and Human Services regions is provided on the following page. A list of the LMHA/LBHAs in Texas and the counties they serve may be found in Appendix A. A list of the LIDDAs in Texas may be found in Appendix B.

# Local Authorities and HHS Service Area Regions



**TEXAS**  
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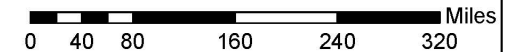


## Local Mental Health/Behavioral Health Authorities and Local Intellectual and Developmental Disability Authorities\*

Health Service Region	Denton County	NTBHA (LBHA); Metrocare (LIDDA, Dallas County)
ACCESS	Emergence	Pecan Valley
Andrews Center	Gulf Bend Center	PermianCare
Integral Care	Gulf Coast Center	Spindletop Center
Betty Hardwick	Heart of Texas	StarCare
Bluebonnet Trails	Helen Farabee	Texana Center
Border Region	Hill Country	Texas Panhandle
Burke Center	Lakes Regional	Texoma
Camino Real	LifePath Systems	Center for Health Care Services (LMHA); Alamo Area Council of Governments (LIDDA)
Center for Life Resources	MHMR Brazos Valley	Tri-County Services
Central Counties	MHMR Concho Valley	Tropical Texas
Central Plains	MHMR Harris County	West Texas Centers
Coastal Plains	MHMR Nueces County	
Community Healthcare	MHMR Tarrant County	

(\*authorities serve as both LMHA/LBHA and LIDDA except as indicated)

Source: Health and Human Services Commission, Behavioral Health Services



January 2020

## Types of Services Available at LMHAs/LBHAs

### Available Services

Crisis services are available 24 hours/7 days a week (24/7) and include prompt face-to-face crisis assessment, crisis intervention services, and crisis follow-up and relapse prevention services. LMHAs/LBHAs operate an array of crisis programs consisting of crisis hotlines, mobile crisis outreach teams (MCOTs), mental health deputies (MHDs), various types of crisis facilities, and inpatient psychiatric beds.

### Crisis Services

**Crisis Hotline:** The Crisis Hotline is a 24/7 telephone service operated by trained crisis staff providing crisis screening and assessment, crisis intervention services, mental health and substance use referrals, and general mental health and substance use information to the community. The crisis hotline is an integrated component of the overall crisis service delivery system and is accessible toll-free throughout each LMHA/LBHA service area.

**MCOTs:** MCOT services provide a combination of crisis services including emergent care (response within one hour), urgent care (response within eight hours), crisis follow-up, and relapse prevention to children, adolescents, or adults in the community 24/7. A team is comprised of two or more staff providing psychiatric emergency care that go into the community to begin the process of assessment and provide recommendations for the least restrictive treatment environment. MCOT responds to calls in the community and collaborates closely with community partners, such as law enforcement and local emergency departments to ensure behavioral healthcare needs are appropriately addressed.

**MHDs:** A number of LMHAs subcontract with local sheriffs' departments to deploy a certified MHD to address individuals in crisis. An MHD is an officer specially trained in crisis intervention who works collaboratively with the community and the LMHA's crisis response teams. MHDs help improve the crisis response system by diverting individuals in need of behavioral health crisis services from hospitals and jails to community-based alternatives providing effective behavioral health treatment.

**Non-traditional Crisis Programs:** The Health and Human Services Commissioner (HHSC) also funds non-traditional crisis programs, including continuity of care, inpatient substance use and detox treatment, a mental health docket, a crisis intervention response team, and substance use treatment within a crisis residential facility. Examples include:

- **Continuity of Care:** The Continuity of Care program at Burke Center is provided by local hospitals, state hospitals, mental health emergency center, and the MCOT for individuals at a higher level of risk for readmission during the first 30 days of discharge.
- **Substance Use Treatment within a Crisis Residential Facility:** Helen Farabee Centers and the Texana Center offer substance use treatment within a crisis residential facility. These programs provide an intensive day program focused on substance use treatment for those patients with a co-occurring psychiatric and substance use disorder in an effort to divert individuals from the criminal justice system.
- **Mental Health Docket:** The Mental Health Docket program at Texas Panhandle MHMR serves individuals with a serious mental illness who have frequent interaction with the criminal justice system.
- **Crisis Intervention Response Team:** The Crisis Intervention Response Team program at Tri-County Behavioral Healthcare assists law enforcement officers with behavioral health calls, evaluates individuals in behavioral health crises in their natural environment, and makes appropriate referrals for mental health services, thereby reducing the numbers of individuals that inappropriately end up in the jails or emergency rooms.

## Crisis Facilities

Several LMHAs operate crisis facilities funded by HHSC through the Psychiatric Emergency Service Center (PESC) contract. Crisis facilities may be staffed with mental health professionals, medical professionals, or others (such as peer providers) offering assessment, support, and services to achieve psychiatric stabilization to individuals with behavioral health needs.

There are four types of HHSC-funded crisis facilities:

1. **Crisis Respite:** Crisis respite provides short-term, community-based crisis care for individuals who pose a low risk of harm to themselves or others and may have some functional impairment that necessitates direct supervision and care, but who do not require hospitalization. This is the least intensive, facility-based crisis option.

Services may be provided for a few hours or a few days. Many individuals served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have trained staff on-site 24/7. Some crisis

respites are run by peers (individuals with at least one cumulative year of receiving mental health community services). HHSC allocates funds to 14 LMHAs to operate crisis respite units.

3. **Crisis Residential:** Crisis residential provides up to 14 days of short-term, community-based residential, crisis treatment to individuals who have a severe impairment in their ability to function, demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting, and may pose a risk of harm to themselves or others. This is a more intensive, facility-based crisis option with trained staff on-site 24/7. HHSC allocates funds to seven LMHAs to operate crisis residential units.
4. **Extended Observation Units (EOUs):** EOUs provide emergency services for up to 48 hours to individuals in psychiatric crisis. Services are provided in a secure, protected, clinically staffed, psychiatrically-supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate to high risk of harm to themselves or others. Prior to the end of the 48-hour period, a determination is made regarding whether the individual has stabilized or requires a psychiatric hospitalization. HHSC allocates PESC funds to seven LMHAs to operate EOUs.
5. **Crisis Stabilization Units (CSUs):** CSUs provide short-term, residential treatment designed to reduce acute symptoms of mental illness in a secure and protected, clinically staffed and psychiatrically supervised treatment environment. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options. CSUs are the only facility type in the crisis array that requires licensure in accordance with the Texas Administrative Code, Chapter 411, Subchapter M. HHSC allocates PESC funds to three LMHAs to operate CSUs.

## Inpatient Psychiatric Beds

HHSC provides funding to LMHAs/LBHAs to provide inpatient psychiatric services to individuals with acute symptoms in need of inpatient psychiatric treatment and stabilization. These services treat individuals on a voluntary admission, civil commitment, or forensic commitment. Civil commitments are for individuals receiving court-ordered treatment. Forensic commitments are for individuals adjudicated incompetent to stand trial pursuant to Texas Code of Criminal Procedure, Chapter 46B relating to Incompetency to Stand Trial.

**Community Mental Health Hospitals:** HHSC contracts inpatient beds at three facilities:

- Sunrise Canyon
- Harris County Psychiatric Center
- St. Joseph Hospital

**Private Psychiatric Hospital Beds:** HHSC contracts private psychiatric beds across the state.

**Rapid Crisis Stabilization Beds:** Rapid crisis stabilization beds provide brief stays in licensed psychiatric hospitals to relieve acute symptoms and restore an individual's ability to function in a less restrictive setting. These beds are available through 21 LMHAs/LBHAs.

## Service Type by LMHA/LBHA

Crisis Hotlines and MCOTs are available across the state and cover 254 counties in Texas. Table 1 shows facility type and counties served by LMHA/LBHA in alphabetical order. Community Mental Health Hospitals, Private Psychiatric Beds, and Rapid Crisis Stabilization Beds are for civil and voluntary treatment unless indicated otherwise.

**Table 1. List of LMHA/LBHAs, Facility Type and Counties Served**

LMHA/LBHA	Facility Type	Counties Served
<b>1. ACCESS</b>	Private Psychiatric Beds (Forensic and Civil)	Anderson and Cherokee
<b>2. Andrews Center</b>	Crisis Respite Unit; Private Psychiatric Beds	Henderson, Rains, Smith, Van Zandt and Wood
<b>3. Betty Hardwick Center</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Callahan, Jones, Shackelford, Stephens and Taylor
<b>4. Bluebonnet Trails Community Services</b>	Extended Observation Units; Crisis Respite Unit; Private Psychiatric Beds	Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson



<b>LMHA/LBHA</b>	<b>Facility Type</b>	<b>Counties Served</b>
<b>5. Border Region</b>	Crisis Stabilization Unit; Private Psychiatric Beds	Webb, Jim Hogg, Starr, and Zapata
<b>6. Burke Center</b>	Extended Observation Unit; Crisis Residential Unit; Private Psychiatric Beds	Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler
<b>7. Camino Real Community Services</b>	Crisis Residential Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala
<b>8. Center for Health Care Services</b>	Extended Observation Unit; Private Psychiatric Beds	Bexar
<b>9. Center for Life Resources</b>	Crisis Respite Unit; Private Psychiatric Beds	Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba
<b>10. Central Counties Services</b>	Private Psychiatric Beds	Bell, Coryell, Hamilton, Lampasas, and Milam
<b>11. Central Plains Center</b>	Crisis Respite Unit; Rapid Crisis Stabilization Beds; Mental Health Deputy	Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

<b>LMHA/LBHA</b>	<b>Facility Type</b>	<b>Counties Served</b>
<b>12. Coastal Plains Community Center</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Life Oak, and San Patricio
<b>13. Community Healthcore</b>	Extended Observation Unit; Crisis Residential Unit; Private Psychiatric Beds; Rapid Crisis Stabilization Beds	Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur
<b>14. Denton County MHMR Center</b>	Private Psychiatric Beds	Denton
<b>15. Emergence Health Network</b>	Crisis Residential Unit; Extended Observation Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds	El Paso
<b>16. Gulf Bend Center</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy	Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria
<b>17. Gulf Coast Center</b>	Community Mental Health Hospital; Private Psychiatric Beds	Brazoria and Galveston
<b>18. Heart of Texas Region MHMR Center</b>	Extended Observation Unit; Crisis Respite Unit; Crisis Residential Unit; Private Psychiatric Beds; Mental Health Deputy	Bosque, Falls, Freestone, Hill, Limestone and McLennan

<b>LMHA/LBHA</b>	<b>Facility Type</b>	<b>Counties Served</b>
<b>19. Helen Farabee Centers</b>	Crisis Respite Unit; Rapid Crisis Stabilization Beds	Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young
<b>20. Hill Country Mental Health and Developmental Disabilities Centers</b>	Crisis Stabilization Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy	Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde and Val Verde
<b>21. Integral Care</b>	Crisis Respite Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Travis
<b>22. Lakes Regional Community Center</b>	Private Psychiatric Beds	Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus
<b>23. Lifepath Systems</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Collin
<b>24. MHMR of Authority of Brazos Valley</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

<b>LMHA/LBHA</b>	<b>Facility Type</b>	<b>Counties Served</b>
<b>25. MHMR of Tarrant County</b>	Crisis Respite Unit; Adolescent Crisis Respite Unit; Crisis Residential Unit; Private Psychiatric Beds	Tarrant
<b>26. MHMR Services for the Concho Valley</b>	Crisis Respite Unit; Mental Health Deputy; Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green
<b>27. North Texas Behavioral Health Authority</b>	Private Psychiatric Beds	Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall
<b>28. Nueces Center for Mental Health and Intellectual Disabilities</b>	Crisis Respite Unit; Private Psychiatric Beds	Nueces
<b>29. Pecan Valley Centers for Behavioral and Developmental Healthcare</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Crisis Respite Unit	Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell
<b>30. PermianCare</b>	Rapid Crisis Stabilization Beds; Mental Health Deputy; Private Psychiatric Beds	Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

<b>LMHA/LBHA</b>	<b>Facility Type</b>	<b>Counties Served</b>
<b>31. Spindletop Center</b>	Extended Observation unit; Crisis Respite Unit; Crisis Residential Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy	Chambers, Hardin, Jefferson and Orange
<b>32. Starcare Specialty Health System</b>	Community Mental Health Hospital; Private Psychiatric Beds	Lubbock, Lynn, Cochran, Crosby and Hockley
<b>33. Texana Center</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton
<b>34. Texas Panhandle Centers</b>	Rapid Crisis Stabilization Beds	Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler
<b>35. Texoma Community Center</b>	Private Psychiatric Beds	Cooke, Fannin, and Grayson
<b>36. The Harris Center for Mental Health and IDD</b>	Peer Crisis Respite Unit; Private Psychiatric Beds; Community Mental Health Hospital	Harris

LMHA/LBHA	Facility Type	Counties Served
<b>37. Tri-County Behavioral Healthcare</b>	Crisis Stabilization Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Liberty, Montgomery and Walker
<b>38. Tropical Texas Behavioral Health</b>	Rapid Crisis Stabilization Beds; Private Psychiatric Beds	Cameron, Hidalgo, and Willacy
<b>39. West Texas Centers</b>	Crisis Respite Unit; Rapid Crisis Stabilization Beds; Private Psychiatric Beds; Mental Health Deputy	Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

## Fiscal Year 2019 Legislative Budget Board Performance Measures

- Number of persons receiving crisis outpatient services per year funded by general revenue: **97,207**
- Average general revenue spent per person for crisis outpatient services: **\$441**
- Number of persons receiving crisis residential services per year funded by general revenue: **24,480**
- Average general revenue spent per person for crisis residential services: **\$2,336**
- Average daily cost per occupied mental health community hospital bed: **\$447<sup>1</sup>**
- Average daily number of occupied mental health community hospital bed: **635<sup>2</sup>**

<sup>1</sup> The average cost is inclusive of community mental health hospital beds, private psychiatric beds, as well as Montgomery County beds, which are overseen by the Health and Specialty Care System.

<sup>2</sup> The average number is inclusive of community mental health hospital beds, private psychiatric beds, as well as University of Texas at Tyler and Montgomery County beds, which are overseen by the Health and Specialty Care System.

- Number of mental health consumers served in mental health community hospitals per year: **14,157<sup>3</sup>**
- State mental health hospital and center re-admission rate: **14.55 percent.<sup>4</sup>**
- Percent receiving crisis services who avoid psychiatric hospitalization: **97.38 percent.**

<sup>3</sup> The number of individuals served is inclusive of community mental health hospital beds, private psychiatric beds, as well as University of Texas at Tyler and Montgomery County beds, which are overseen by the Health and Specialty Care System.

<sup>4</sup> Percent of all persons discharged from any HHSC operated or purchased inpatient bed to the community during the fiscal year who are readmitted to any HHSC operated or purchased inpatient bed in the same fiscal year.



## Types of Services Available at LIDDAs

LIDDAs utilize the following services to provide crisis prevention and management for individuals with IDD:

### Crisis Services

**Crisis Intervention Specialist (CIS):** The CIS ensures individuals with IDD are receiving necessary services and supports while in crisis. The CIS works with LIDDA staff, law enforcement, Mobile Crisis Outreach Teams (MCOTs), and families to identify individuals in need of crisis assistance and offers prevention strategies, training, and support services. The CIS provides consultation and collaborates with the MCOT and develops criteria for individuals being referred for crisis respite.

**Service Coordination:** Service coordinators link and assist individuals receiving services through the Texas Home Living, Home and Community-based Services (HCS), General Revenue, and Community First Choice programs with accessing services and supports that enable individuals to prevent or manage crises.

**Crisis Respite:** Crisis respite is short-term (up to 14 calendar days) respite for individuals with IDD that includes:

- **Out-of-Home Crisis Respite:** Provides therapeutic support in a safe and secure environment with staff on-site providing 24-hour supervision to individuals in crisis that cannot be stabilized in a less intensive setting. Out-of-home crisis respite is provided in settings overseen by the state such as an intermediate care facility for individuals with an intellectual disability or related condition (ICF/IID), an HCS group home, or a Department of State Health Services-authorized crisis respite facility or crisis residential facility; and
- **In-Home Crisis Respite:** Provides therapeutic support to individuals in crisis in their home when it is deemed clinically appropriate for the individual to remain in their natural environment and it is anticipated the crisis can be stabilized within a 72-hour period.

## **Home & Community-based Services (HCS) Waiver – Diversion Slots**

### **Crisis Diversion and Nursing Facility Diversion Slots**

The HCS program is a Medicaid waiver for individuals with IDD who are living in their own home, family home, or in a small group home. There are two types of HCS slots available for individuals who are at imminent risk of leaving the community for a more-restrictive setting: Crisis Diversion and Nursing Facility Diversion.

Both Crisis Diversion and Nursing Facility Diversion slots are accessed through the LIDDA. Each LIDDA has an IDD Diversion Coordinator who answers questions and coordinates all diversion slot requests made to HHSC.

As a part of the slot request, LIDDA staff must be able to show that community resources are not available, including failed attempts to locate community-based services and supports. Community-based services and supports can include a spot in an intermediate care facility for individuals with an intellectual disability or related condition (ICF/IID), LIDDA general revenue-funded services, and for a minor, supports through the local school district.

The number of offers for an HCS Crisis Diversion slot made each month is based on budgetary guidelines, in accordance with the legislative allocation for the biennium.

### **Outpatient Psychiatric Services**

Approximately 38% of individuals with IDD have a co-occurring behavioral health diagnosis. Individuals with co-occurring IDD, mental health conditions, and/or behavior support needs experience numerous transitions in care (i.e. transitions out of the home setting and into inpatient or residential facilities), often resulting from crisis situations that threaten community living arrangements.

HHSC was appropriated \$3 million for the 2020-21 biennium by the 86th Legislature to provide outpatient mental health services for individuals with IDD. The agency is directed to expend \$1.5 million in each of the two fiscal years.

HHSC used fiscal year (FY) 2020 funds to contract with LIDDAs to establish a learning collaborative to advise HHSC on best practice models of services and associated outcome measures that demonstrate success providing outpatient mental health services for individuals with IDD. The best practice models developed in the Learning Collaborative and accompanying strategies to expand access to outpatient mental health services for individuals with IDD, will inform use of funds in a pilot project for an anticipated additional two to three LIDDAs in FY 2021.

As members of the Learning Collaborative, LIDDAs identified and shared best practices for delivering outpatient mental health services for individuals with IDD. The goals of the collaborative are to identify a best practice model to implement as a pilot project, develop goals and outcome measures for the project, and identify LIDDAs to participate in the project.

### **Key Deliverables**

- Five LIDDAs with contracts participated in the Learning Collaborative;
- HHSC identified and established a pilot project for FY 2021 through the Learning Collaborative that will establish enhanced IDD community outpatient mental health services at two to three LIDDAs to provide behavioral health services for individuals with IDD, preventing crisis situations;
- Crisis Intervention Services (CIS) Reports will measure success of enhanced programs by tracking the decrease in number of occurrences of institutionalizations (State Supported Living Center, state psychiatric hospital, jail); and
- The pilot LIDDAs will track and report the measures and outcomes created by the Learning Collaborative.

## **Appendix A. LMHAs/LBHAs in Texas**

### **ACCESS**

[www.accessmhmr.org](http://www.accessmhmr.org)

1011 College Ave.

Jacksonville, TX 75766

903-589-9000

Counties: Anderson and Cherokee

### **Andrews Center**

[www.andrewscenter.com](http://www.andrewscenter.com)

2323 West Front St.

Tyler, TX 75702

903-597-1351

Counties: Henderson, Rains, Smith, Van Zandt and Wood

### **Betty Hardwick Center**

<https://bettyhardwick.org/>

2616 S Clack

Abilene, TX 79606

325-690-5100

Counties: Callahan, Jones, Shackelford, Stephens and Taylor

**Bluebonnet Trails Community Services**

[www.bbtrails.org](http://www.bbtrails.org)

1009 N. Georgetown St.

Round Rock, TX 78664

512-255-1720

Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson

**Border Region Behavioral Health Center**

[www.borderregion.org](http://www.borderregion.org)

1500 Pappas St.

Laredo, TX 78041

956-794-3000

Counties: Jim Hogg, Starr, Webb, and Zapata

**Burke Center**

[www.myburke.org](http://www.myburke.org)

2001 S Medford Dr.

Lufkin, TX 75901

936-639-1141

Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

**Camino Real Community Services**

[www.caminorealcs.org](http://www.caminorealcs.org)

19965 FM-3175 N.

Lytle, TX 78052

210-357-0300

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

**Center for Health Care Services**

[www.chcsbc.org](http://www.chcsbc.org)

3031 W I-10

San Antonio, TX 78201

210-261-1000

County: Bexar

**Center for Life Resources**

[www.cflr.us](http://www.cflr.us)

408 Mulberry St.

Brownwood, TX 76801

325-646-9574

Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba

**Central Counties Services**

<https://centralcountiesservices.org>

304 S 22nd St.

Temple, TX 76501

254-298-7000

Counties: Bell, Coryell, Hamilton, Lampasas and Milam

**Central Plains Center**

[www.clplains.org](http://www.clplains.org)

2700 Yonkers St.

Plainview, TX 79072

806-293-2636

Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

**Coastal Plains Community Center**

[www.coastalplainsctr.org](http://www.coastalplainsctr.org)

200 Marriott Dr.

Portland, TX 78374

361-777-3991

Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg,

**Live Oak and San Patricio****Community Healthcore**

[www.communityhealthcore.com](http://www.communityhealthcore.com)

107 Woodbine Pl.

Longview, TX 75601

903-758-2471

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

**Denton County MHMR Center**

[www.dentonmhmr.org](http://www.dentonmhmr.org)

2519 Scripture St.

Denton, TX 76201

940-381-5000

County: Denton

**Emergence Health Network**

[www.emergencehealthnetwork.org](http://www.emergencehealthnetwork.org)

1600 Montana Ave.

El Paso, TX 79902

915-779-1800

County: El Paso

**Gulf Bend Center**

[www.gulfbend.org](http://www.gulfbend.org)

6502 Nursery Drive, Suite 100

Victoria, TX 77904-1178

361-575-0611

Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

**Gulf Coast Center**

[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

123 Rosenberg, Ste. 6

Galveston, TX 77550

409-763-2373

Counties: Brazoria and Galveston

**Heart of Texas Region MHMR Center**

[www.hotrmhmr.org](http://www.hotrmhmr.org)

110 S 12th St.

Waco, TX 76703

254-752-3451

Counties: Bosque, Falls, Freestone, Hill, Limestone and McLennan

**Helen Farabee Centers**

[www.helenfarabee.org](http://www.helenfarabee.org)

1000 Brook

Wichita Falls, TX 76301

940-397-3100

Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young



### **Hill Country Mental Health and Developmental Disabilities Centers**

[www.hillcountry.org](http://www.hillcountry.org)

819 Water St, Suite 300

Kerrville, TX 78028

830-792-3300

Counties: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde and Val Verde

### **Integral Care**

[www.integralcare.org](http://www.integralcare.org)

1631 E. 2nd Street Bldg. D

Austin, TX 78702

512-804-3600

County: Travis

### **Lakes Regional Community Center**

[www.lrmhmrc.org](http://www.lrmhmrc.org)

400 Airport Rd.

Terrell, TX 75160

972-388-2000

**Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus**

### **Lifepath Systems**

[www.lifepathsystems.org/](http://www.lifepathsystems.org/)

1515 Heritage Drive

McKinney, TX 75069

972 562-0190

County: Collin

**MHMR Authority of Brazos Valley**

[www.mhmrbv.org](http://www.mhmrbv.org)

1504 S. Texas Ave.

Bryan, TX 77802

979-822-6467

Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

**MHMR of Tarrant County**

[www.mhmrtarrant.org](http://www.mhmrtarrant.org)

3840 Hulen St., North Tower

Fort Worth, TX 76107

817-569-4300

County: Tarrant

**MHMR Services for the Concho Valley**

[www.mhmrcv.org](http://www.mhmrcv.org)

1501 W Beauregard St.

San Angelo, TX 76901

325-658-7750

Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

**North Texas Behavioral Health Authority**

<https://www.ntbha.org/>

9441 Lyndon B. Johnson Freeway, Suite 350

Dallas, TX 75243

214-366-9407

Counties: Dallas, Ellis, Hunt, Kaufman, Navarro, Rockwall

**Nueces Center for Mental Health and Intellectual Disabilities**

<https://www.ncmhid.org/>

1630 S Brownlee

Corpus Christi, TX 78404

361-886-6970

County: Nueces

**Pecan Valley Centers for Behavioral & Developmental HealthCare**

<https://www.pecanvalley.org>

2101 W. Pearl

Granbury, TX 76048

817-579-4400

Counties: Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

**PermiaCare**

[www.pbmhmr.com](http://www.pbmhmr.com)

401 E Illinois, Suite 403

Midland, TX 79701

844-420-3964

Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

**Spindletop Center**

[www.stmhmr.org](http://www.stmhmr.org)

655 S 8th St.

Beaumont, TX 77701

409-784-5400

Counties: Chambers, Hardin, Jefferson and Orange

**StarCare Specialty Health System**

[www.StarCarelubbock.org](http://www.StarCarelubbock.org)

904 Avenue O St.

Lubbock, TX 79401

806-766-0310

Counties: Cochran, Crosby, Hockley, Lubbock and Lynn

**Texana Center**

[www.texanacenter.com](http://www.texanacenter.com)

4910 Airport Ave.

Rosenberg, TX 77471

281-239-1300

Counties: Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

**Texas Panhandle Centers**

[www.texaspanhandlecenters.org](http://www.texaspanhandlecenters.org)

901 Wallace Blvd.

Amarillo, TX 79106

806-358-1681

Counties: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

**Texoma Community Center**

[www.mhmrst.org](http://www.mhmrst.org)

315 W McLain Dr.

Sherman, TX 75092

903-957-4700

Counties: Cooke, Fannin and Grayson

**The Harris Center for Mental Health and IDD**

<https://www.theharriscenter.org>

9401 Southwest Fwy.

Houston, TX 77074

713-970-7000

County: Harris

**Tri-County Behavioral Healthcare**

[www.tcmhmrs.org](http://www.tcmhmrs.org)

233 Sgt. Ed Holcomb Blvd. S.

Conroe, TX 77304

936-521-6100

Counties: Liberty, Montgomery and Walker

**Tropical Texas Behavioral Health**

[www.ttbh.org](http://www.ttbh.org)

1901 S. 24 St.

Edinburg, TX 78539

956-289-7000

Counties: Cameron, Hidalgo and Willacy

**West Texas Centers**

[www.wtcmhmr.org](http://www.wtcmhmr.org)

319 Runnels St.

Big Spring, TX 79720

432-263-0027

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

## **Appendix B. LIDDAs in Texas**

### **Alamo Area Council of Governments (AACOG)**

<http://www.aacog.com>

8700 Tesoro Drive, Suite 160

San Antonio, Texas 78217

210-362-5200

Counties: Bexar

### **Anderson-Cherokee Community Enrichment Services (ACCESS)**

<http://www.access-center.org>

1011 College Avenue

Jacksonville, Texas 75766

903-586-9000

Counties: Anderson and Cherokee

### **Andrews Center**

<http://www.andrewscenter.com>

2323 West Front Street

Tyler, Texas 75702

903-597-1351

Counties: Henderson, Rains, Smith, Van Zandt, and Wood

### **Austin Travis County Integral Care**

<http://www.integralcare.org>

1430 Collier Street

Austin, Texas 78704

512-447-4141

Counties: Travis County

**Behavioral Health Center of Nueces County**

<http://bhcnc.net/>

1630 S. Brownlee

Corpus Christi, Texas 78404

361-886-6900

Counties: Nueces

**Betty Hardwick Center**

<https://bettyhardwick.org>

2616 S. Clack

Abilene, Texas 79606

325-690-5100

Counties: Callahan, Jones, Shackelford, Stephens, and Taylor counties.

**Bluebonnet Trails Community Services**

<http://www.bbtrails.org>

1009 N. Georgetown Street

Round Rock, Texas 78664

Business phone: 512-255-1720

Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

**Border Region Behavioral Health Center**

<http://www.borderregion.org>

1500 Pappas Street

Laredo, Texas 78041

Business phone: 956-794-3000

Counties: Jim Hogg, Starr, Webb, and Zapata

**Burke (formerly Burke Center)**

<http://www.myburke.org>

2001 S. Medford Drive

Lufkin, Texas 75901

936-639-1141

Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

**Camino Real Community Services**

<http://www.caminorealmhmr.org/>

19965 FM 3175 North

[Mailing address: PO Box 725]

Lytle, Texas 78052

210-357-0300 or 1-800-491-5201

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

**Center for Life Resources**

<http://www.cflr.us/>

408 Mulberry

Brownwood, Texas 76801

325-646-9574

Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba counties.



**Central Counties Services**

<https://www.cccmhmr.org>

304 S. 22nd Street

Temple, Texas 76501

254-298-7000

Counties: Bell, Coryell, Hamilton, Lampasas, and Milam

**Central Plains Center**

2700 Yonkers

Plainview, Texas 79072

806-296-2636

<http://www.centralplains.org>

Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

**Coastal Plains Community Center**

<http://www.coastalplainsctr.org>

200 Marriott Drive

Portland, Texas 78374

361-777-3991

Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

**Community Healthcare**

<http://www.communityhealthcore.com>

107 Woodbine Place

Longview, Texas 75601

Business phone: 903-758-2471

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

**Denton County MHMR Center**

<http://www.dentonmhmr.org>

2519 Scripture

[Mailing address: PO Box 2346, Denton, TX 76202]

Denton, Texas 76202

940-565-5277

Counties: Denton

**Emergence Health Network (formerly El Paso MHMR)**

<http://emergencehealthnetwork.org/>

8730 Boeing

El Paso, Texas 79925

915-887-3410 or 1-844-225-7254

Counties: El Paso

**Gulf Bend Center**

<http://www.gulfbend.org>

6502 Nursery Drive, Suite 100

Victoria, Texas 77904

361-575-0611 or 1-800-421-8825

Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

**Gulf Coast Center**

<http://www.gcmhmr.com/>

10000 Emmett F. Lowry Express, Texas City, Texas 77591

409-763-2373

Counties: Brazoria and Galveston

**The Harris Center for Mental Health and IDD (formerly MHMRA of Harris County)**

<http://www.mhmraharris.org>

7011 Southwest Freeway

Houston, Texas 77074

713-970-7000

Counties: Harris

**Heart of Texas Region MHMR Center**

<http://www.hotrmhmr.org>

110 S. 12th Street

Waco, Texas 76701

254-752-3451

Counties: Bosque, Falls, Freestone, Hill, Limestone, and McLennan

**Helen Farabee Centers**

<http://www.helenfarabee.org>

1000 Brook Street

[Mailing address: PO Box 8266]

Wichita Falls, Texas 76301

940-397-3143

Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

**Hill Country Mental Health & Developmental Disabilities Centers**

<http://www.hillcountry.org>

819 Water Street, Suite 300

Kerrville, Texas 78028

830-792-3300

Counties: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

**Lakes Regional MHMR Center**

<http://www.lrmhmrc.org>

400 Airport Road

Terrell, Texas 75160

972-524-4159

Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

**LifePath Systems**

<http://www.lifepathsystems.org>

1515 Heritage Dr. Ste 10

McKinney, Texas 75069

972-422-5939

Counties: Collin

**Metrocare Services**

<http://www.metrocareservices.org>

1345 River Bend Drive, Suite 200

Dallas, Texas 75247

214-743-1200

Counties: Dallas

**MHMR Authority of Brazos Valley**

<http://www.mhmrabv.org>

1504 S. Texas Avenue

Bryan, Texas 77802

979-822-6467

Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

**MHMR Services for the Concho Valley**

<http://www.mhmrcv.org>

1501 W. Beauregard

San Angelo, Texas 76901

325-658-7750

Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

**MHMR of Tarrant County**

<http://www.mhmrtarrant.org>

3840 Hulen Street, North Tower

Fort Worth, Texas 76107

Business phone: 817-569-4300

Counties: Tarrant

**Pecan Valley Centers for Behavioral & Developmental HealthCare**

<http://www.pecanvalley.org>

2101 W. Pearl St

Granbury, Texas 76048

Business phone: 817-579-4400

Counties: Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

**Permian Basin Community Centers for MHMR**

<http://www.pbmhmr.com>

401 E. Illinois, Suite 403

Midland, Texas 79701

432-570- 3333

Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

**Spindletop Center**

<http://www.stmhmr.org>

655 S. 8th Street

Beaumont, Texas 77701

409-784-5400

Counties: Chambers, Hardin, Jefferson, and Orange

**StarCare Specialty Health System (formerly Lubbock Regional MHMR Center)**

<http://www.lubbockmhmr.org>

386 I-27

Lubbock, Texas 79401

806-766-0310

Counties: Cochran, Crosby, Hockley, Lubbock, and Lynn

**Texana Center**

<http://www.texanacenter.com>

4910 Airport Avenue

Rosenberg, Texas 77471

281-239-1300 or 1-866-483-9262

Counties: Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

**Texas Panhandle Centers**

<http://www.tpmhmr.org/>

901 Wallace Blvd

Amarillo, Texas 79106

(806) 358-1681

Counties: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler

**Texoma Community Center**

<http://www.mhmrst.org>

315 McLain Drive

Sherman, Texas 75092

903-957-4700

Counties: Cooke, Fannin, and Grayson

**Tri-County Behavioral Healthcare**

<http://www.tricountyservices.org>

1506 Old Montgomery Rd.

Conroe, Texas 77304

936-521-6100

Counties: Liberty, Montgomery, and Walker

**Tropical Texas Behavioral Health**

<http://www.ttbh.org>

1901 S. 24th Ave.,

Edinburg, Texas 78539

956-289-7000 or 1-800-813-1233

Counties: Cameron, Hidalgo, and Willacy

**West Texas Centers**

<http://www.wtcmhmr.org>

319 Runnels

Big Spring, Texas 79720

432-263-0007

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum