

Health and Human Services Commission Crisis Services Guide

**Chief Program and Services
Office**

**Texas Health and Human
Services Commission**

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TEXAS
Health and Human
Services

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About This Guide

This guide provides a summary of the various state-funded crisis services and the organizations that can help connect people to those resources.

Local Mental Health and Local Behavioral Health Authorities

Every county in Texas is served by a designated Local Mental Health Authority (LMHA) or Local Behavioral Health Authority (LBHA). LMHA and LBHA staff help people understand which treatment options address the challenges associated with their mental illness needs and ultimately achieve recovery. Each LMHA and LBHA provide a wide array of services and supports and connects people with resources unique to their community.

Local Intellectual and Developmental Disability Authorities

Local Intellectual and Developmental Disability Authorities (LIDDAs) serve as the point of entry for publicly funded intellectual and developmental disability programs, whether the program is provided by a public or private entity. LIDDAs provide or contract to provide an array of services and supports for people with intellectual or developmental disabilities (IDD) and are responsible for enrolling eligible people into the following Medicaid programs:

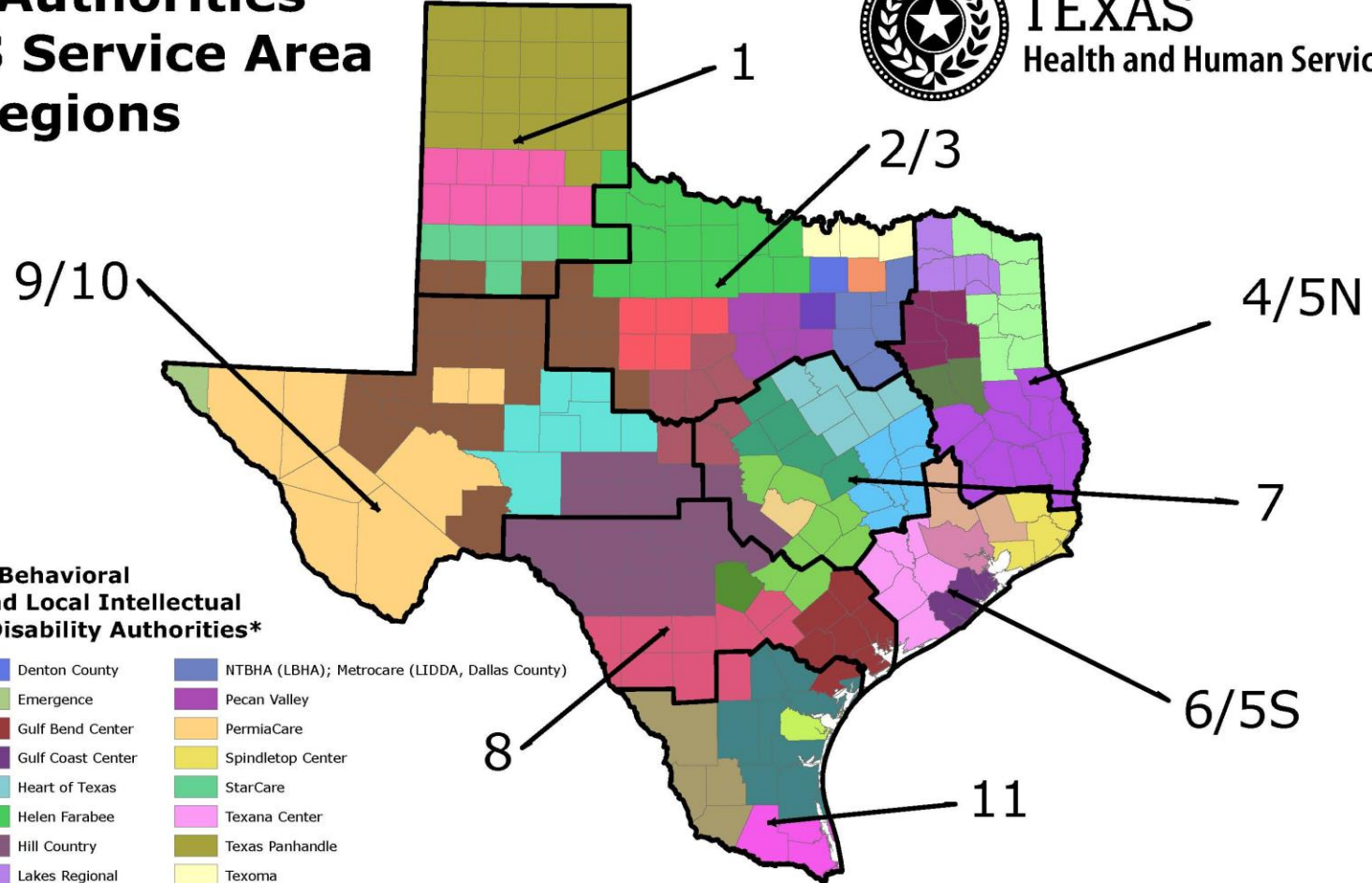
- Intermediate Care Facilities for Individuals with an Intellectual Disability ([ICF/IID](#)), which includes state supported living centers;
- the [Home and Community-based Services \(HCS\)](#) waiver program; and
- [Texas Home Living \(TxHmL\)](#) waiver program.

LIDDAs also conduct permanency planning for persons under age 22 residing in an ICF/IID or a residential setting of the HCS Program. A map of the local authorities and Health and Human Services service areas is provided on the following page. A list of the LMHA and LBHAS and the counties they serve may be found in Appendix A. A list of the LIDDAs in Texas may be found in Appendix B.

Local Authorities and HHS Service Area Regions



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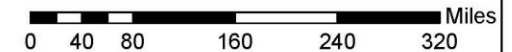


Local Mental Health/Behavioral Health Authorities and Local Intellectual and Developmental Disability Authorities*

Health Service Region	Denton County	NTBHA (LBHA); Metrocare (LIDDA, Dallas County)
ACCESS	Emergence	Pecan Valley
Andrews Center	Gulf Bend Center	PermianCare
Integral Care	Gulf Coast Center	Spindletop Center
Betty Hardwick	Heart of Texas	StarCare
Bluebonnet Trails	Helen Farabee	Texana Center
Border Region	Hill Country	Texas Panhandle
Burke Center	Lakes Regional	Texoma
Camino Real	LifePath Systems	Center for Health Care Services (LMHA); Alamo Area Council of Governments (LIDDA)
Center for Life Resources	MHMR Brazos Valley	Tri-County Services
Central Counties	MHMR Concho Valley	Tropical Texas
Central Plains	MHMR Harris County	West Texas Centers
Coastal Plains	MHMR Nueces County	
Community Healthcare	MHMR Tarrant County	

(*authorities serve as both LMHA/LBHA and LIDDA except as indicated)

Source: Health and Human Services Commission, Behavioral Health Services



January 2020

Types of Services Available at LMHAs and LBHAs

Available Services

Crisis services are available 24 hours a day, seven days a week and include prompt face-to-face crisis assessment, crisis intervention services, and crisis follow-up and relapse prevention services. LMHAs and LBHAs operate an array of crisis programs consisting of crisis hotlines, mobile crisis outreach teams (MCOTs), mental health deputies (MHDs), various types of crisis facilities, and inpatient psychiatric beds.

Crisis Services

Crisis Hotline: The Crisis Hotline is a 24 hours a day, seven days a week telephone service operated by trained crisis staff providing crisis screening and assessment, crisis intervention services, mental health and substance use referrals, and general mental health and substance use information to the community. The crisis hotline is an integrated component of the overall crisis service delivery system and is accessible toll-free throughout each LMHA and LBHA service area.

988 Suicide and Crisis Lifeline (988): 988 provides confidential support for people experiencing a mental health or suicide crisis, prevention services, and crisis resources at no cost, 24 hours a day, seven days a week. When a caller connects to one of the 988 crisis centers or national backup center, a trained crisis counselor is available to listen to the caller, provide support, and share resources or referrals, as needed. The 988 network crisis centers offer support via phone, online chat, and text. There are currently six 988 crisis centers operating in Texas:¹

- My Health My Resources (MHMR) of Tarrant County;
- Emergence Health Network;

¹ The Health and Human Services Commission (HHSC) contracts with MHMR of Tarrant County, Emergence Health Network, The Harris Center, and Integral. HHSC also contracts with Bluebonnet Trails Community Services to provide oversight for Avail Solutions Inc. While the Suicide and Crisis Center of North Texas answers 988 calls, HHSC does not have a formal contractual relationship with this agency.

- The Harris Center;
- Integral Care;
- Avail Solutions Inc.; and
- The Suicide and Crisis Center of North Texas.

MCOTs: MCOTs provide a combination of crisis services, including emergent care (response within one hour), urgent care (response within eight hours), crisis follow-up, and relapse prevention to children, adolescents, or adults in the community 24 hours a day, seven days a week. A team is comprised of two or more staff providing psychiatric emergency care who go into the community to begin the process of assessment and provide recommendations for the least restrictive treatment environment. The MCOT responds to calls in the community and collaborates closely with community partners, such as law enforcement and local emergency departments (EDs), to ensure behavioral healthcare needs are appropriately addressed.

MHDs: Several LMHAs and LBHAs subcontract with local sheriffs' departments to deploy a certified MHD to address people in crisis. An MHD is an officer specially trained in crisis intervention working collaboratively with the community and the LMHA's or LBHA's crisis response teams. MHDs help improve the crisis response system by diverting people in need of behavioral health crisis services from hospitals and jails to community-based alternatives providing effective behavioral health treatment.

Other Community-Based Crisis Programs: HHSC also funds other community-based crisis programs, including continuity of care, inpatient substance use and withdrawal management, a mental health docket, a crisis intervention response team, triage, and substance use treatment within a crisis residential facility. Examples include:

- **Continuity of Care:** Continuity of Care and Continuity of Care Navigator services help LMHAs or LBHAs develop and maintain communication, collaboration, and continuity of care coordination with local hospitals, state hospitals, mental health emergency centers, jails, local law enforcement, crisis intervention services, and other essential stakeholders. This program diverts people experiencing a behavioral health crisis from the criminal justice system and reduces unplanned use of local EDs to manage behavioral health crises.

- **Substance Use Disorder Treatment within a Crisis Residential Facility:** Helen Farabee Centers and the Texana Center LMHAs offer substance use disorder (SUD) treatment within a crisis residential facility. These programs provide an intensive day program focused on treatment for people with a co-occurring psychiatric and SUD to divert them from the criminal justice system.
- **Mental Health Docket:** The Mental Health Docket program at Texas Panhandle MHMR serves people with a serious mental illness who have frequent interaction with the criminal justice system.
- **Crisis Intervention Response Team:** The Crisis Intervention Response Team program at Tri-County Behavioral Healthcare assists law enforcement officers with behavioral health calls, evaluates people in behavioral health crises in their natural environment, and makes appropriate referrals for mental health services, thereby reducing the numbers of people that inappropriately end up in the jails or local ED.
- **Triage Program-** Registered nurses provide triage services to people who experience crises and present to a local ED or an LMHA's or LBHA's community-based behavioral health crisis facility. Triage services are part of the process of initial crisis assessment to determine whether the person requires further assessment, and the type and urgency of the response required from mental health or other physical health services to resolve the crisis.

Crisis Facilities

Several LMHAs and LBHA's operate crisis facilities funded by HHSC through a Community Based Crisis Programs (CBCP) contract. Crisis facilities may be staffed with mental health professionals, medical professionals, or others (such as peer providers) offering assessment, support, and services to achieve psychiatric stabilization to people with behavioral health needs.

There are four types of HHSC-funded crisis facilities:

1. **Crisis Respite:** Crisis respite provides short-term, community-based crisis care for children, adolescents, and adults who pose a low risk of

harm to themselves or others and may have some functional impairment that necessitates direct supervision and care, but who do not require hospitalization. This is the least intensive, facility-based crisis option.

Services may be provided for up to 10 days. Many people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones or caretakers seeking temporary support or supervision for the person. Facility-based crisis respite services have trained staff on-site 24 hours, seven days a week. HHSC allocates funds to 15 LMHAs and LBHAs to operate crisis respite facilities.

2. **Crisis Residential:** Crisis residential units (CRUs) provide up to 14 days of short-term, community-based residential, crisis treatment to children, adolescent and adults who have a severe impairment in their ability to function, demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting, and present with increased risk of harm to themselves or others. This is a more intensive, facility-based crisis option with trained staff on-site 24 hours, seven days a week. HHSC allocates funds to seven LMHAs and LBHAs to operate CRUs .
3. **Extended Observation Units:** Extended Observation units (EOUs) provide adults, presenting on voluntary or involuntary status, with access to emergency psychiatric care 24 hours, seven days a week. EOUs may also provide services to children and adolescents. EOU services are provided in a safe and secure environment and staffed by medical personnel, mental health professionals, and trained crisis support staff. EOUs provide emergency services for up to 48 hours to people in psychiatric crisis. Services are provided in a secure, protected, clinically staffed, psychiatrically supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. People seeking treatment in an EOU may pose a moderate to high risk of harm to themselves or others. Prior to the end of the 48-hour period, EOU staff make a determination regarding whether the person has stabilized or requires psychiatric hospitalization. HHSC allocates CBCP funds to eight LMHAs and LBHAs to operate EOUs.
4. **Crisis Stabilization Units** Crisis Stabilization Units (CSUs) provide up to 14 days of short-term, residential treatment 24 hours, seven days a week

to children, adolescents, and adults; and designed to reduce acute symptoms of mental illness in a secure and protected, clinically staffed and psychiatrically supervised treatment environment. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options. CSUs are the only facility type in the crisis array that require licensure in accordance with the Texas Administrative Code, Chapter 510, Subchapter B. HHSC allocates CBCP funds to three LMHAs to operate CSUs.

Inpatient Psychiatric Beds

HHSC provides funding to LMHAs and LBHAs to provide inpatient psychiatric services to people with acute symptoms in need of inpatient psychiatric treatment and stabilization. These services treat people on a voluntary admission, civil commitment, or forensic commitment. Civil commitments are for people receiving court-ordered mental health treatment through a probate court. Forensic commitments are for mental health treatment as ordered by a criminal court, and for people adjudicated incompetent to stand trial pursuant to Texas Code of Criminal Procedure, Chapter 46B relating to Incompetency to Stand Trial, or not guilty by reason of insanity pursuant to Chapter 46C.

Community Mental Health Hospitals: HHSC contracts for inpatient beds at three community mental health hospitals (CMHHs):

- Sunrise Canyon
- Harris County Psychiatric Center
- St. Joseph Hospital

Private Psychiatric Beds: HHSC contracts for private psychiatric hospital beds (PPBs) across the state. Length of stay varies by LMHA or LBHA and allocated funding.

Contracted Psychiatric Beds: Contracted psychiatric beds (CPBs) provide brief stays in licensed private psychiatric hospitals to relieve acute symptoms and restore a person's ability to function in a less restrictive setting. Length of stay varies by LMHA or LBHA and allocated funding. These beds are available through 22 LMHAs and LBHAs.

Coverage by Service Type

Crisis hotlines and MCOTs are available across the state with statewide coverage across all 254 counties. CMHHs, PPBs, and CPBs are for treatment for inpatient civil commitment and voluntary admissions, unless otherwise indicated.

Table 1. Services by LMHA, LBHA, Facility Type and County

LMHA or LBHA	Facility Type	Counties Served
1. ACCESS	PPBs (Forensic and Civil)	Anderson and Cherokee
2. Andrews Center	CPBs; PPBs	Henderson, Rains, Smith, Van Zandt, and Wood
3. Betty Hardwick Center	CPBs; PPBs	Callahan, Jones, Shackelford, Stephens and Taylor
4. Bluebonnet Trails Community Services	EOU; Children's Crisis Respite Unit; Crisis Respite Unit; PPBs	Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson
5. Border Region	CSU; PPBs	Webb, Jim Hogg, Starr, and Zapata
6. Burke Center	EOU; CRU; PPBs	Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler
7. Camino Real Community Services	CRU; CPBs; PPBs	Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick,

LMHA or LBHA	Facility Type	Counties Served
		McMullen, Wilson, and Zavala
8. Center for Health Care Services	EOU; PPBs	Bexar
9. Center for Life Resources	Crisis Respite Unit; PPBs	Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba
10. Central Counties Services	PPBs	Bell, Coryell, Hamilton, Lampasas, and Milam
11. Central Plains Center	Crisis Respite Unit; CPBs; MHD	Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher
12. Coastal Plains Community Center	CPBs; PPBs	Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Life Oak, and San Patricio
13. Community Healthcore	EOU; CRU; PPBs; CPBs	Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur
14. Denton County MHMR Center	PPBs	Denton
15. Emergence Health Network	CRU;EOU; CPBs; PPBs	El Paso
16. Gulf Bend Center	CPBs; PPBs; MHD	Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

LMHA or LBHA	Facility Type	Counties Served
17. Gulf Coast Center	CMHH; PPBs	Brazoria and Galveston
18. Heart of Texas Region MHMR Center	EOU; Crisis Respite Unit; CRU; PPBs; MHD	Bosque, Falls, Freestone, Hill, Limestone and McLennan
19. Helen Farabee Centers	Crisis Respite Unit; CPBs	Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young
20. Hill Country Mental Health and Developmental Disabilities Centers	CSU; CPBs; PPBs; MHD	Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde
21. Integral Care	Crisis Respite Unit; CPBs; PPBs	Travis
22. Lakes Regional Community Center	PPBs	Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus
23. Lifepath Systems	EOU; CPBs; PPBs	Collin
24. MHMR of Authority of Brazos Valley	CPBs; PPBs	Brazos, Burleson, Grimes, Leon, Madison,

LMHA or LBHA	Facility Type	Counties Served
		Robertson, and Washington
25. MHMR of Tarrant County	Crisis Respite Unit; Adolescent Crisis Respite Unit; CRU; PPBs	Tarrant
26. MHMR Services for the Concho Valley	Crisis Respite Unit; MHD; CPBs; PPBs	Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green
27. North Texas Behavioral Health Authority	PPBs	Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall
28. Nueces Center for Mental Health and Intellectual Disabilities	Crisis Respite Unit; PPBs	Nueces
29. Pecan Valley Centers for Behavioral and Developmental Healthcare	CPBs; PPBs; Crisis Respite Unit	Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell
30. PermiaCare	CPBs; MHD; PPBs	Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio
31. Spindletop Center	EOU; Crisis Respite Unit; CRU; CPBs; PPBs; MHD	Chambers, Hardin, Jefferson, and Orange

LMHA or LBHA	Facility Type	Counties Served
32. Starcare Specialty Health System	CMHH; PPBs	Lubbock, Lynn, Cochran, Crosby, and Hockley
33. Texana Center	CPBs; PPBs	Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton
34. Texas Panhandle Centers	CPBs; PPBs	Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler
35. Texoma Community Center	PPBs	Cooke, Fannin, and Grayson
36. The Harris Center for Mental Health and IDD	Peer Crisis Respite Unit; PPBs; CMHH	Harris
37. Tri-County Behavioral Healthcare	CSU; CPBs; PPBs	Liberty, Montgomery, and Walker
38. Tropical Texas Behavioral Health	CPBs; PPBs	Cameron, Hidalgo, and Willacy
39. West Texas Centers	Crisis Respite Unit; CPBs; PPBs; MHD	Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin,

LMHA or LBHA	Facility Type	Counties Served
		Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum

Fiscal Year 2022 Legislative Budget Board Measures and Targets

1. Number of persons receiving crisis outpatient services per year funded by general revenue:
 - Target score: **93,400**
 - Fiscal Year 2022 score: **83,317**
2. Average general revenue spent per person for crisis outpatient services:
 - Target score: **\$445**
 - Fiscal Year 2022 score: **\$470**
3. Number of persons receiving crisis residential services per year funded by general revenue:
 - Target score: **23,200**
 - Fiscal Year 2022 score: **12,827**
4. Average general revenue spent per person for crisis residential services:
 - Target score: **\$2,300**
 - Fiscal Year 2022 score: **\$3,353**
5. Average daily cost per occupied mental health community hospital bed:
 - Target score: **\$581**
 - Fiscal Year 2022 score: **\$546**
6. Average daily number of occupied mental health community hospital bed:
 - Target score: **724**
 - Fiscal Year 2022 score: **855**
7. Percent receiving crisis services who avoid psychiatric hospitalization:
 - Target score: **97 percent**
 - Fiscal Year 2022 score: **97.54 percent**

Types of Services Available at LIDDAs

LIDDAs utilize the following services to provide crisis prevention and management for people with IDD:

Crisis Services

Service Coordination: Service coordinators link and assist people receiving services through TxHmL, HCS, general revenue-funded, and Community First Choice programs with accessing services and supports that enable people to prevent or manage crises.

Crisis Intervention Specialist (CIS): The CIS ensures people with IDD are receiving necessary services and supports while in crisis. The CIS works with LIDDA staff, law enforcement, MCOTs, and families to identify people in need of crisis assistance and offers prevention strategies, training, and support services. The CIS provides consultation and collaborates with the MCOT and develops criteria for people being referred for crisis respite.

Crisis Respite: Crisis respite is short-term (up to 14 calendar days) respite for people with IDD that includes:

- **Out-of-Home Crisis Respite:** Provides therapeutic support in a safe and secure environment with staff on-site providing supervision 24 hours a day, seven days a week to people in crisis that cannot be stabilized in a less intensive setting. Out-of-home crisis respite is provided in settings overseen by the state such as an ICF/IID, HCS group home, or a HHSC-authorized crisis respite facility or crisis residential facility; and
- **In-Home Crisis Respite:** Provides therapeutic support to people in crisis in their home when it is deemed clinically appropriate for the person to remain in their natural environment, and it is anticipated the crisis can be stabilized within a 72-hour period.

HCS Waiver Program Diversion Slots

Crisis Diversion and Nursing Facility Diversion Slots

The HCS program is a 1915(c) Medicaid waiver for people with IDD who are living in their own home, family home, or small group home. There are two types of HCS slots available for people at imminent risk of leaving the community for a more-restrictive setting: Crisis Diversion and Nursing Facility Diversion.

Both Crisis Diversion and Nursing Facility Diversion slots are accessed through the LIDDA. Each LIDDA has an IDD Diversion Coordinator who answers questions and submits all diversion slot requests to HHSC.

As a part of the slot request, LIDDA staff must be able to show that community resources are not available, including failed attempts to locate community-based services and supports. Community-based services and supports can be provided in an ICF/IID; through LIDDA general revenue-funded services; and for a minor, through supports from the local school district.

HHSC offers a certain number of HCS Crisis Diversion slots each month based on budgetary guidelines and in accordance with the legislative allocation for the biennium.

Outpatient Biopsychosocial Approach for IDD Services

Approximately 38 percent of people with IDD have a co-occurring behavioral health diagnosis. People with co-occurring IDD and mental health conditions or behavior support needs experience numerous transitions in care (i.e., transitions out of the home setting and into inpatient or residential facilities), often resulting from crisis situations that threaten community living arrangements.

HHSC was appropriated \$3 million for the 2020-21 biennium by the 86th Legislature, Regular Session, 2019 to provide outpatient mental health services for people with IDD. The agency was directed to expend \$1.5 million in each of the two fiscal years. Five LIDDAs alongside HHSC and the

Texas Council of Community Centers created the Learning Collaborative. The Learning Collaborative put together best practices to better serve the IDD community and ultimately designed the Outpatient Biopsychosocial approach for IDD Services (OBI).

OBI provides outpatient mental health services for people with IDD and mental health needs. People who are eligible include children and adults with IDD, or presumed to have IDD, and a co-occurring mental health condition, SUD, or behavior support need.

OBI is offered at the following five LIDDAs:

- **Bluebonnet Trails Community Services**
- **Integral Care**
- **Lakes Regional Community Center**
- **MHMR Tarrant**
- **The Harris Center for Mental Health and IDD**

OBI is composed of four components:

- **Biopsychosocial Assessments** - An evidence-based biopsychosocial approach to care including a person-centered and trauma-informed treatment plan.
- **Collaborative Care Case Management** - A holistic case management approach focused on increasing access and creating a team of medical, psychiatric, mental health and paraprofessionals to address the person's unique needs.
- **Skills Training** Through skills training, the sites offer both individual and their parent(s) or support system with training themes that address Mental Health, Skills Development, Communication/Skills, ABA/Behavior Therapy, Psychoeducation, and Case Management/Support. both the person and their support system
- **Training and Education** - Education and training on co-occurring IDD and mental health conditions provided to practitioners in the mental health, SUD, or other related fields.

Key Deliverables

- Crisis Intervention Services Reports will measure and track the number of occurrences of institutionalizations (state supported living center, state psychiatric hospital, jail) and provide assistance to the LIDDAs serving these individuals; and
- The OBI sites will track and report the measures and outcomes related to service delivery.

Appendix A. LMHAs and LBHAs in Texas

ACCESS

accessmhmr.org

1011 College Ave.

Jacksonville, TX 75766

903-589-9000

Counties: Anderson and Cherokee

Andrews Center

andrewscenter.com

2323 West Front St.

Tyler, TX 75702

903-597-1351

Counties: Henderson, Rains, Smith, Van Zandt, and Wood

Betty Hardwick Center

bettyhardwick.org/

2616 S Clack

Abilene, TX 79606

325-690-5100

Counties: Callahan, Jones, Shackelford, Stephens and Taylor

Bluebonnet Trails Community Services

bbtrails.org

1009 N. Georgetown St.

Round Rock, TX 78664

512-255-1720

Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

Border Region Behavioral Health Center

borderregion.org

1500 Pappas St.

Laredo, TX 78041

956-794-3000

Counties: Jim Hogg, Starr, Webb, and Zapata

Burke Center

myburke.org

2001 S Medford Dr.

Lufkin, TX 75901

936-639-1141

Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Camino Real Community Services

caminorealcs.org

19965 FM-3175 N.

Lytle, TX 78052

210-357-0300

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

Center for Health Care Services

chcsbc.org/

3031 W I-10

San Antonio, TX 78201

210-261-1000

County: Bexar

Center for Life Resources

cflr.us

408 Mulberry St.

Brownwood, TX 76801

325-646-9574

Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba

Central Counties Services

centralcountiesservices.org

304 S 22nd St.

Temple, TX 76501

254-298-7000

Counties: Bell, Coryell, Hamilton, Lampasas, and Milam

Central Plains Center

clplains.org

2700 Yonkers St.

Plainview, TX 79072

806-293-2636

Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

Coastal Plains Community Center

coastalplainsctr.org

200 Marriott Dr.

Portland, TX 78374

361-777-3991

Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, and Kleberg

Live Oak and San Patricio

Community Healthcore

communityhealthcore.com

107 Woodbine Pl.

Longview, TX 75601

903-758-2471

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

Denton County MHMR Center

dentonmhmr.org

2519 Scripture St.

Denton, TX 76201

940-381-5000

County: Denton

Emergence Health Network

emergencehealthnetwork.org

1600 Montana Ave.

El Paso, TX 79902

915-779-1800

County: El Paso

Gulf Bend Center

gulfbend.org

6502 Nursery Drive, Suite 100

Victoria, TX 77904-1178

361-575-0611

Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

Gulf Coast Center

gulfcoastcenter.org

123 Rosenberg, Ste. 6

Galveston, TX 77550

409-763-2373

Counties: Brazoria and Galveston

Heart of Texas Region MHMR Center

hotrmhmr.org

110 S 12th St.

Waco, TX 76703

254-752-3451

Counties: Bosque, Falls, Freestone, Hill, Limestone, and McLennan

Helen Farabee Centers

helenfarabee.org

1000 Brook

Wichita Falls, TX 76301

940-397-3100

Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

Hill Country Mental Health and Developmental Disabilities Centers

hillcountry.org

819 Water St, Suite 300

Kerrville, TX 78028

830-792-3300

Counties: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

Integral Care

integralcare.org

1631 E. 2nd Street Bldg. D

Austin, TX 78702

512-804-3600

County: Travis

Lakes Regional Community Center

lakesregional.org

400 Airport Rd.

Terrell, TX 75160

972-388-2000

Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

Lifepath Systems

lifepathsystems.org/

1515 Heritage Drive

McKinney, TX 75069

972 562-0190

County: Collin

MHMR Authority of Brazos Valley

mhmrabv.org

1504 S. Texas Ave.

Bryan, TX 77802

979-822-6467

Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

MHMR of Tarrant County

mhmartarrant.org

3840 Hulen St., North Tower

Fort Worth, TX 76107

817-569-4300

County: Tarrant

MHMR Services for the Concho Valley

mhmrvcv.org

1501 W Beauregard St.

San Angelo, TX 76901

325-658-7750

Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

North Texas Behavioral Health Authority

ntbha.org/

9441 Lyndon B. Johnson Freeway, Suite 350

Dallas, TX 75243

214-366-9407

Counties: Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall

Nueces Center for Mental Health and Intellectual Disabilities

ncmhid.org/

1630 S Brownlee

Corpus Christi, TX 78404

361-886-6970

County: Nueces

Pecan Valley Centers for Behavioral & Developmental HealthCare

pecanvalley.org

2101 W. Pearl

Granbury, TX 76048

817-579-4400

Counties: Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

PermiaCare

pbmhm.com

401 E Illinois, Suite 403

Midland, TX 79701

844-420-3964

Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

Spindletop Center

spindletopcenter.org

655 S 8th St.

Beaumont, TX 77701

409-784-5400

Counties: Chambers, Hardin, Jefferson, and Orange

StarCare Specialty Health System

StarCarelubbock.org

904 Avenue O St.
Lubbock, TX 79401
806-766-0310

Counties: Cochran, Crosby, Hockley, Lubbock, and Lynn

Texana Center

texanacenter.com

4910 Airport Ave.
Rosenberg, TX 77471
281-239-1300

Counties: Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

Texas Panhandle Centers

texaspanhandlecenters.org

901 Wallace Blvd.
Amarillo, TX 79106
806-358-1681

Counties: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

Texoma Community Center

mhmrst.org

315 W McLain Dr.
Sherman, TX 75092
903-957-4700

Counties: Cooke, Fannin and Grayson

The Harris Center for Mental Health and IDD

theharriscenter.org

9401 Southwest Fwy.
Houston, TX 77074
713-970-7000

County: Harris

Tri-County Behavioral Healthcare

tcmhmrs.org

233 Sgt. Ed Holcomb Blvd. S.

Conroe, TX 77304

936-521-6100

Counties: Liberty, Montgomery, and Walker

Tropical Texas Behavioral Health

ttbh.org

1901 S. 24 St.

Edinburg, TX 78539

956-289-7000

Counties: Cameron, Hidalgo, and Willacy

West Texas Centers

wtcmhmr.org

319 Runnels St.

Big Spring, TX 79720

432-263-0027

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum

Appendix B. LIDDAs in Texas

Alamo Area Council of Governments (AACOG)

aacog.com

8700 Tesoro Drive, Suite 160
San Antonio, Texas 78217
210-362-5200

Counties: Bexar

Anderson-Cherokee Community Enrichment Services (ACCESS)

access-center.org

1011 College Avenue
Jacksonville, Texas 75766
903-586-9000

Counties: Anderson and Cherokee

Andrews Center

andrewscenter.com

2323 West Front Street
Tyler, Texas 75702
903-597-1351

Counties: Henderson, Rains, Smith, Van Zandt, and Wood

Austin Travis County Integral Care

integralcare.org

1430 Collier Street
Austin, Texas 78704
512-447-4141

Counties: Travis County

Betty Hardwick Center

bettyhardwick.org

2616 S. Clack
Abilene, Texas 79606
325-690-5100

Counties: Callahan, Jones, Shackelford, Stephens, and Taylor counties.

Bluebonnet Trails Community Services

bbtrails.org

1009 N. Georgetown Street
Round Rock, Texas 78664
Business phone: 512-255-1720

Counties: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

Border Region Behavioral Health Center

borderregion.org

1500 Pappas Street

Laredo, Texas 78041

Business phone: 956-794-3000

Counties: Jim Hogg, Starr, Webb, and Zapata

Burke (formerly Burke Center)

myburke.org

2001 S. Medford Drive

Lufkin, Texas 75901

936-639-1141

Counties: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Camino Real Community Services

caminorealmhmr.org/

19965 FM 3175 North

[Mailing address: PO Box 725]

Lytle, Texas 78052

210-357-0300 or 1-800-491-5201

Counties: Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

Center for Life Resources

cflr.us/

408 Mulberry

Brownwood, Texas 76801

325-646-9574

Counties: Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba counties.

Central Counties Services

centralcountiesservices.org

304 S. 22nd Street

Temple, Texas 76501

254-298-7000

Counties: Bell, Coryell, Hamilton, Lampasas, and Milam

Central Plains Center

centralplains.org

2700 Yonkers

Plainview, Texas 79072

806-296-2636

Counties: Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

Coastal Plains Community Center

coastalplainsctr.org

200 Marriott Drive
Portland, Texas 78374
361-777-3991

Counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

Community Healthcore

communityhealthcore.com

107 Woodbine Place
Longview, Texas 75601
Business phone: 903-758-2471

Counties: Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

Denton County MHMR Center

dentonmhmr.org

2519 Scripture
[Mailing address: PO Box 2346, Denton, TX 76202]
Denton, Texas 76202
940-565-5277

Counties: Denon

Emergence Health Network (formerly El Paso MHMR)

emergencehealthnetwork.org/

8730 Boeing
El Paso, Texas 79925
915-887-3410 or 1-844-225-7254

Counties: El Paso

Gulf Bend Center

gulfbend.org

6502 Nursery Drive, Suite 100
Victoria, Texas 77904
361-575-0611 or 1-800-421-8825

Counties: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

Gulf Coast Center

gcmhmr.com

10000 Emmett F. Lowry Express, Texas City, Texas 77591
409-763-2373

Counties: Brazoria and Galveston

The Harris Center for Mental Health and IDD (formerly MHMRA of Harris County)

theharriscenter.org

7011 Southwest Freeway
Houston, Texas 77074
713-970-7000

Counties: Harris

Heart of Texas Region MHMR Center

hotrmhmr.org

110 S. 12th Street
Waco, Texas 76701
254-752-3451

Counties: Bosque, Falls, Freestone, Hill, Limestone, and McLennan

Helen Farabee Centers

helenfarabee.org

1000 Brook Street
[Mailing address: PO Box 8266]
Wichita Falls, Texas 76301
940-397-3143

Counties: Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

Hill Country Mental Health & Developmental Disabilities Centers

hillcountry.org

819 Water Street, Suite 300
Kerrville, Texas 78028
830-792-3300

Counties: Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

Lakes Regional MHMR Center

lakesregional.org

400 Airport Road
Terrell, Texas 75160
972-524-4159

Counties: Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

LifePath Systems

lifepathsystems.org

1515 Heritage Dr. Ste 10

McKinney, Texas 75069

972-422-5939

Counties: Collin

Metrocare Services

metrocareservices.org

1345 River Bend Drive, Suite 200

Dallas, Texas 75247

214-743-1200

Counties: Dallas

MHMR Authority of Brazos Valley

mhmrabv.org

1504 S. Texas Avenue

Bryan, Texas 77802

979-822-6467

Counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

MHMR Services for the Concho Valley

mhmrvcv.org

1501 W. Beauregard

San Angelo, Texas 76901

325-658-7750

Counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

MHMR of Tarrant County

mhmrarrant.org

3840 Hulen Street, North Tower

Fort Worth, Texas 76107

Business phone: 817-569-4300

Counties: Tarrant

Nueces Center for Mental Health and Intellectual Disabilities

ncmhid.org/

1630 S Brownlee

Corpus Christi, TX 78404

361-886-6970

County: Nueces

Pecan Valley Centers for Behavioral & Developmental HealthCare

pecanvalley.org

2101 W. Pearl St

Granbury, Texas 76048

Business phone: 817-579-4400

Counties: Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

Permian Basin Community Centers for MHMR

pbmhmrc.com

401 E. Illinois, Suite 403

Midland, Texas 79701

432-570- 3333

Counties: Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

Spindletop Center

stmhmrc.org

655 S. 8th Street

Beaumont, Texas 77701

409-784-5400

Counties: Chambers, Hardin, Jefferson, and Orange

StarCare Specialty Health System (formerly Lubbock Regional MHMR Center)

StarCarelubbock.org

386 I-27

Lubbock, Texas 79401

806-766-0310

Counties: Cochran, Crosby, Hockley, Lubbock, and Lynn

Texana Center

texanacenter.com

4910 Airport Avenue

Rosenberg, Texas 77471

281-239-1300 or 1-866-483-9262

Counties: Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

Texas Panhandle Centers

texaspanhandlecenters.org

901 Wallace Blvd

Amarillo, Texas 79106

(806) 358-1681

Counties: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler

Texoma Community Center

mhmrst.org

315 McLain Drive

Sherman, Texas 75092

903-957-4700

Counties: Cooke, Fannin, and Grayson

Tri-County Behavioral Healthcare

tricountyservices.org

1506 Old Montgomery Rd.

Conroe, Texas 77304

936-521-6100

Counties: Liberty, Montgomery, and Walker

Tropical Texas Behavioral Health

ttbh.org

1901 S. 24th Ave.,

Edinburg, Texas 78539

956-289-7000 or 1-800-813-1233

Counties: Cameron, Hidalgo, and Willacy

West Texas Centers

wtcmhmr.org

319 Runnels

Big Spring, Texas 79720

432-263-0007

Counties: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum