

Webb County Obesity Disparities Profile

Target Area: Laredo

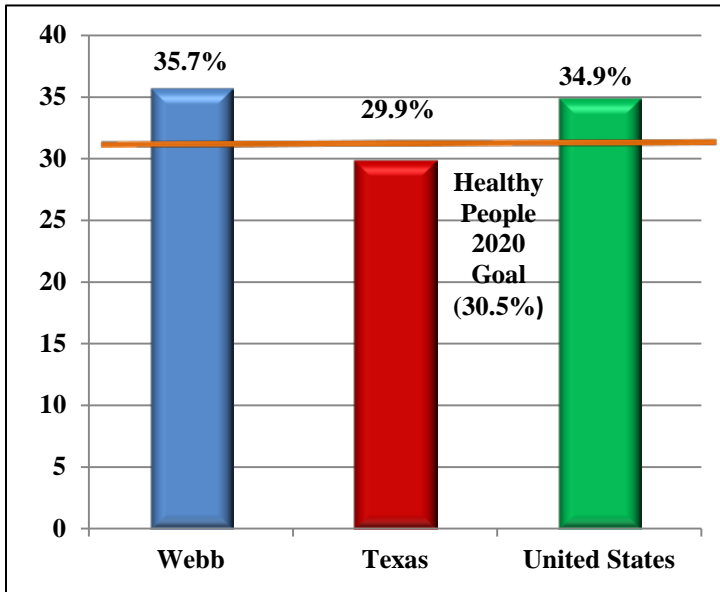
Racial/Ethnic Profile of Laredo, Texas

Est. Population 252,309 [US Census Bureau, 2014](#)



OBESITY

Obesity Prevalence* by Geographic Area in Comparison with Healthy People 2020 Obesity Goal



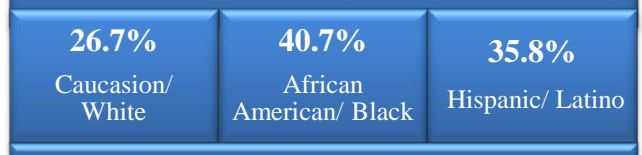
*Age-adjusted obesity rates, 2012, [CDC \(County\)](#), [DSHS \(State\)](#), [CDC \(National\)](#)

Webb County Quick Facts

- **63.8% of adult males and 61.7% of adult females are at risk for obesity (2011-2014)** [Center for Health Statistics, Texas Department of State Health Services](#)
- **From 2001 to 2011 the adult female obesity rate increased by 5.1% and the adult male obesity rate increased by 16.2%** [Institute for Health Metrics and Evaluation](#)

2014 Obesity Rates in Texas by Race/Ethnicity

State of Obesity, Texas

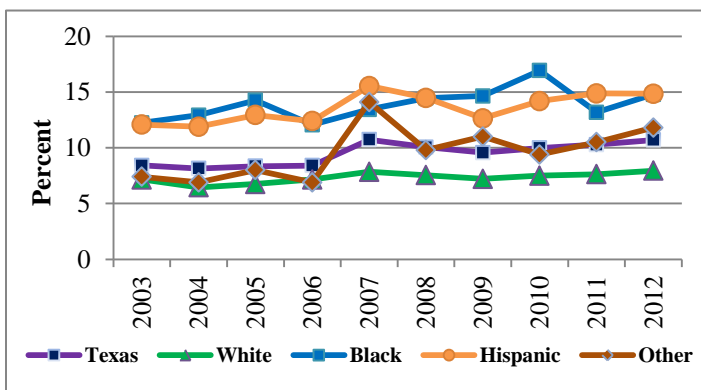


DIABETES

HYPERTENSION

Prevalence of Diabetes in Texas by Race/Ethnicity (Age-Adjusted, 2003-2012)

[Center for Health Statistics, Texas Department of State Health Services](#)

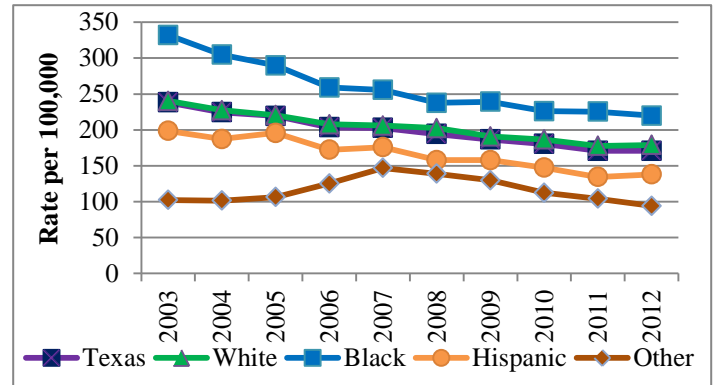


African American and Hispanic Texans consistently rank highest for diabetes prevalence with both groups at **14.8%** compared to White Texans at **7.9%** in 2012

[Center for Health Statistics, Texas Department of State Health Services](#)

Diseases of the Heart Disease Death Rates in Texas by Race/Ethnicity

[Center for Health Statistics, Texas Department of State Health Services](#)



In 2012, the prevalence of hypertension for African American Texans was at **42.2%** in comparison with White Texans at **29.5%**. Heart disease death rates mirror this disparity with African Americans at a rate of **219.9** and Whites at a rate of **170.8** per 100,000

[Center for Health Statistics, Texas Department of State Health Services](#)

Resources

Texas Department of State Health Services

Health Status of Texas 2014

<http://www.google.com/url?url=http://www.dshs.state.tx.us/chs/HealthStatusTexas2014.pdf&rct=j&frm=1&q=&esrc=s&sa=U&ved=0CBQQFjAAahUKEwiFgfyx0oPJAhUVNIgKHZsvAHY&usg=AFQjCNGmxFG2IPvlfLOQj6WSR-K4D0VtYA>

Center for Health Statistics - Texas Health Data Query System and Data Lists

<https://www.dshs.state.tx.us/chs/datalist.shtm>

BRFSS Risk Factor Data Table Look Up

<https://www.dshs.state.tx.us/Layouts/ContentPage.aspx?pageid=35474>

Diabetes Surveillance and Evaluation Data with Diabetes Fact Sheets by Texas Health Service Region

<https://www.dshs.state.tx.us/diabetes/tdcdata.shtm>

Center for Disease Control

County Level Diabetes Prevalence and Trend

<http://www.cdc.gov/diabetes/atlas/countydata/atlas.html>

Adult Obesity Facts

<http://www.cdc.gov/obesity/data/adult.html>

Data and Trends of Diagnosed Obesity, Diabetes, and Physical Inactivity at National State and County Levels

<http://www.cdc.gov/diabetes/data/county.html>

Diabetes, Obesity, and Inactivity Prevalence by County

http://www.cdc.gov/diabetes/atlas/countydata/County_ListofIndicators.html

US Census Bureau

Texas Demographic Quick

Facts <http://quickfacts.census.gov/qfd/states/48000.html>

Webb County Demographic Quick

Facts <http://quickfacts.census.gov/qfd/states/48/48479.html>

Laredo Demographic Quick Facts

<http://quickfacts.census.gov/qfd/states/48/4841464.html>

US Census Bureau Fact Finder

<http://factfinder.census.gov/faces/nav/jsf/pages/searchresults.xhtml?refresh=t>

Other Health Data Sources

Health People 2020 Leading Health Indicators

<http://www.healthypeople.gov/2020/Leading-Health-Indicators>

Texas Obesity Prevalence by Demographics and Related Chronic Disease Information

<http://stateofobesity.org/states/tx/>

Health Indicator Data Warehouse

<http://www.healthindicators.gov/>

Webb County Health Profile (Institute of Health Metrics and Evaluation)

http://www.healthdata.org/sites/default/files/files/county_profiles/US/County_Report_Webb_County_Texas.pdf

County Level Data on Life Expectancy, Alcohol Use, Obesity, and Physical Activity (Institute of Health Metrics and Evaluation)

<http://www.healthdata.org/us-health/data-download#T>

Minority Health Information

US Health and Human Services, Office of Minority Health

<http://minorityhealth.hhs.gov/>

CDC Office of Minority Health and Health Equity

<http://www.cdc.gov/minorityhealth/index.html>

Texas Health and Human Services Commission, Office of Minority Health and Health Equity

http://www.hhsc.state.tx.us/hhsc_projects/cedd/minority-health.shtm