

## APPENDIX D: DSHS-APPROVED CURRICULA LIST

### DSHS-Approved Curricula List for YPU, YPS, and YPI Prevention Programs

*Family-focused curricula must be implemented with the youth participants within the appropriate age range for the curricula and the participant's parent(s)/guardian(s).*

<b>DSHS-Approved Universal Program Curricula:</b>				
<b>No.</b>	<b>Curriculum</b>	<b>Family Component Required</b>	<b>Age Range for Curriculum</b>	<b>Grade Level for Curriculum</b>
1	All Stars	No	11 to 14	5 <sup>th</sup> – 9 <sup>th</sup>
2	Creating Lasting Family Connections	Yes	9 to 17	3 <sup>rd</sup> – 12 <sup>th</sup>
3	LifeSkills Training (LST)	No	8 to 12 12 to 14 14 to 18	3 <sup>rd</sup> – 6 <sup>th</sup> 7 <sup>th</sup> – 8 <sup>th</sup> 9 <sup>th</sup> – 12 <sup>th</sup>
4	Positive Action	No (optional)	6 to 18	1 <sup>st</sup> – 12 <sup>th</sup>
5	Project Toward No Drug Abuse	No	14 to 19	9 <sup>th</sup> – 12 <sup>th</sup>
6	Strengthening Families Program (14 sessions)	Required	6 to 11 12 to 16	1 <sup>st</sup> – 6 <sup>th</sup> 6 <sup>th</sup> – 11 <sup>th</sup>
7	Strengthening Families Program: For Parents and Youth 10-14	Required	10 to 14	4 <sup>th</sup> – 9 <sup>th</sup>
8	Too Good For Drugs	No	6 to 18	1 <sup>st</sup> – 12 <sup>th</sup>

<b>DSHS-Approved Selective Program Curricula:</b>				
<b>No.</b>	<b>Curriculum</b>	<b>Family Component Required</b>	<b>Age Range for Curriculum</b>	<b>Grade Level for Curriculum</b>
1	All Stars	No	11 to 14	5 <sup>th</sup> – 9 <sup>th</sup>
2	Creating Lasting Family Connections	Yes	9 to 17	3 <sup>rd</sup> – 12 <sup>th</sup>
3	Curriculum-Based Support Group (CBSG Program)	No	6 to 17	1 <sup>st</sup> – 12 <sup>th</sup>
4	Positive Action	No (optional)	6 to 18	1 <sup>st</sup> – 12 <sup>th</sup>
5	Project Toward No Drug Abuse	No	14 to 19	9 <sup>th</sup> – 12 <sup>th</sup>
6	Reconnecting Youth	No	14 to 19	9 <sup>th</sup> – 12 <sup>th</sup>
7	Strengthening Families Program (14 sessions)	Required	6 to 11 12 to 16	1 <sup>st</sup> – 6 <sup>th</sup> 6 <sup>th</sup> – 11 <sup>th</sup>

<b>DSHS-Approved Indicated Program Curricula:</b>				
<b>No.</b>	<b>Curriculum</b>	<b>Family Component Required</b>	<b>Age Range for Curriculum</b>	<b>Grade Level for Curriculum</b>
1	Creating Lasting Family Connections	Yes	11 to 17	6 <sup>th</sup> – 12 <sup>th</sup>
2	Curriculum-Based Support Group (CBSG Program)	No	11 to 17	6 <sup>th</sup> – 12 <sup>th</sup>
3	Positive Action	No (optional)	11 to 18	6 <sup>th</sup> – 12 <sup>th</sup>
4	Project Toward No Drug Abuse	No	14 to 19	9 <sup>th</sup> – 12 <sup>th</sup>
5	Reconnecting Youth	No	14 to 19	9 <sup>th</sup> – 12 <sup>th</sup>
6	Strengthening Families Program (14 sessions)	Required	12 to 16	6 <sup>th</sup> – 11 <sup>th</sup>

The curriculum names are listed as they appear on the National Registry of Evidence-based Programs and Practices (NREPP) website (<http://www.nrepp.samhsa.gov/Index.aspx>) and the DSHS-Approved age ranges are within the curricula's approved age ranges.