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# **Texas Medicaid Telemedicine and Telehealth Services**

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**Morgan Goldstein**

**Medicaid Medical Benefits**

# Overview

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- Telemedicine and Telehealth Benefits
- Telemedicine and Telehealth Utilization Pre-COVID19
- COVID-19 Flexibilities
- Telemedicine and Telehealth Utilization During COVID-19
- Texas Medicaid Provider Procedures Manual



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# **Telemedicine and Telehealth Benefits**

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**Services Eligible for Remote Delivery**

# Fee For Service Benefits

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## Telemedicine Services

- Evaluation and management services
- Psychiatric diagnostic evaluations
- Psychotherapy
- End-stage Renal Disease services
- Inpatient consultation
- Follow-up inpatient consultation
- Federally Qualified Health Center visit



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# Fee For Service Benefits

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## Telehealth Services

- Evaluation and management services
- Psychotherapy services
- Psychotherapy
- End-stage Renal Disease services
- Medical Nutrition Therapy
- Federally Qualified Health Center visit
- School Health and Related Services



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# Coverage in Managed Care

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- S.B. 670, 86<sup>th</sup> Legislative Session, Regular Session, 2019 prohibits Medicaid health plans from denying reimbursement for telemedicine or telehealth services solely because the service was delivered remotely
  - Health plans should use clinical and cost effectiveness, among other factors, in making their coverage determinations
- Health plans may optionally cover telemedicine or telehealth services delivered as audio-only calls, text-only emails, or faxes



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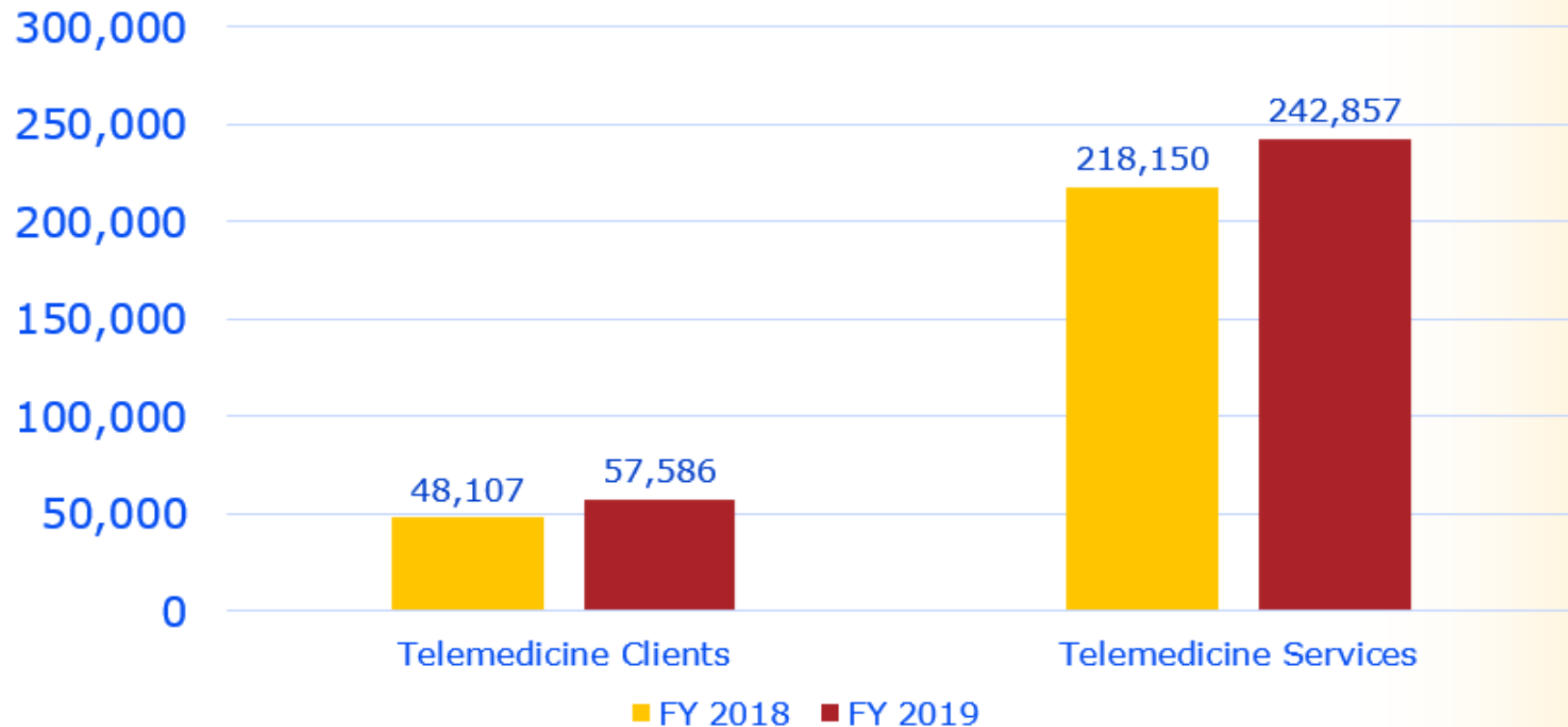
# **Telemedicine and Telehealth Utilization in Texas Medicaid**

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**Fiscal Year 2018 and Fiscal Year 2019**

# Telemedicine Utilization FY 2018 and FY 2019

Telemedicine Clients and Services Rendered, FYs 2018 and 2019



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# Telemedicine Utilization FY 2018 and FY 2019

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## Most common primary diagnoses

- Attention-Deficit Hyperactivity Disorder (ADHD)
- Schizophrenia
- Schizoaffective disorder
- Bipolar disorder



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# Telemedicine Utilization FY 2018 and FY 2019

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## Most common services

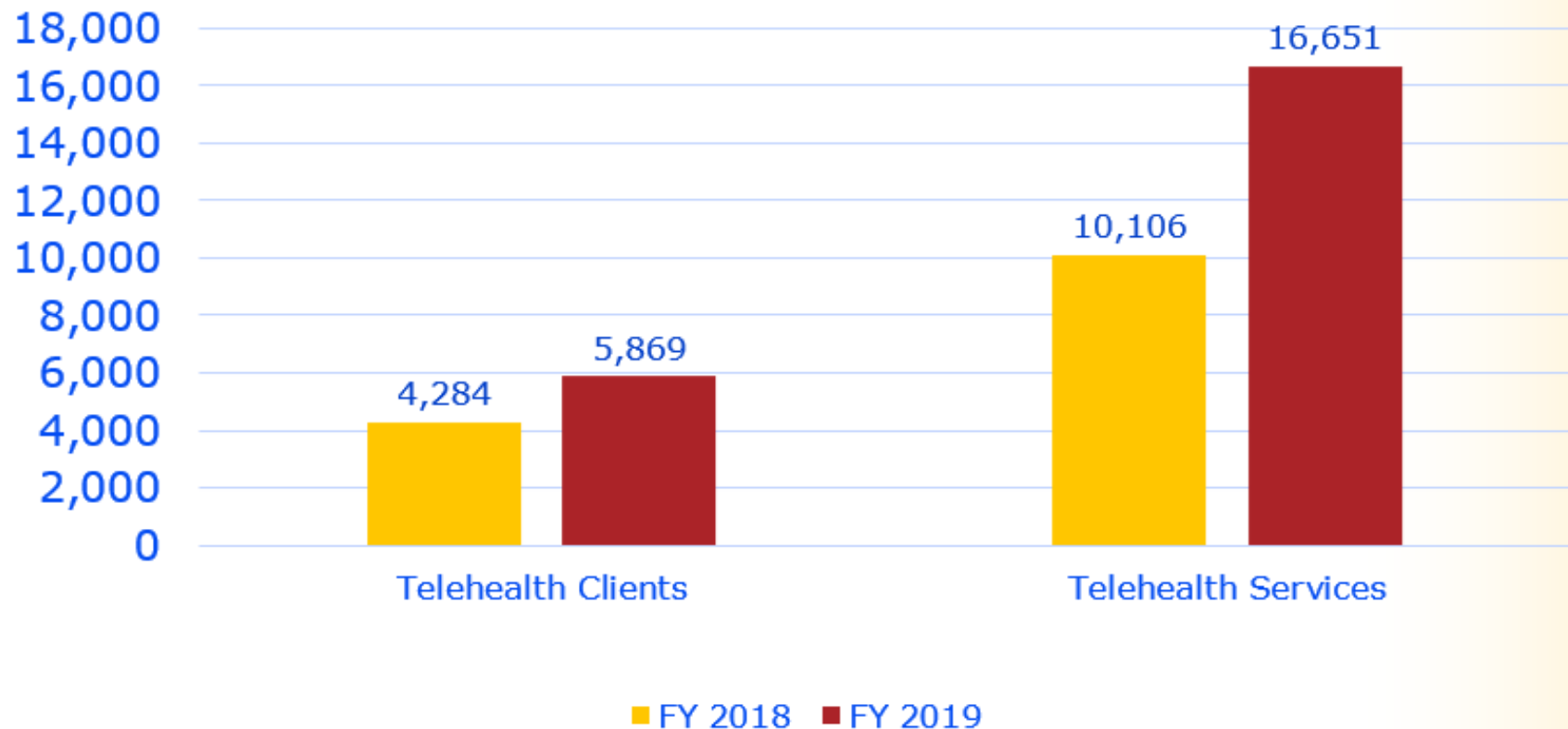
- Outpatient office visit
- Psychiatric Diagnostic Evaluation with a medical service
- Psychiatric Diagnostic Evaluation
- Outpatient office visit: Psychotherapy



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# Telehealth Utilization FY 2018 and FY 2019

Telehealth Clients and Services Rendered, FYs 2018 and 2019



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# Telehealth Utilization FY 2018 and FY 2019

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## Most common primary diagnoses

- Attention-Deficit Hyperactivity Disorder (ADHD)
- Major depressive disorder
- Schizophrenia
- Bipolar disorder



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# Telehealth Utilization FY 2018 and FY 2019

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## Most common services

- Outpatient office visit
- Psychiatric Diagnostic Evaluation
- Outpatient office visit: Psychotherapy



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# COVID-19 Flexibilities

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# COVID-19 Flexibilities

3)

**Extensions are considered on a month-to-month basis**  
**Authorized the following services to be delivered via audio-only modalities:**

- Evaluation and Management Services
- Select Behavioral Health Services:
  - Psychiatric Diagnostic Evaluation
  - Psychotherapy
  - Peer Specialist Services
  - Screening, Brief Intervention, and Referral to Treatment (SBIRT)
  - Substance Use Disorder Services
  - Mental Health Rehabilitation



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# COVID-19 Flexibilities

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## **Authorized remote delivery for the following services:**

- Targeted Case Management
- Authorized remote delivery for Occupational Therapy, Physical Therapy, and Speech Therapy
- Rural Health Center reimbursement for telemedicine and telehealth services
- Federally Qualified Health Center Reimbursement for telemedicine and telehealth services



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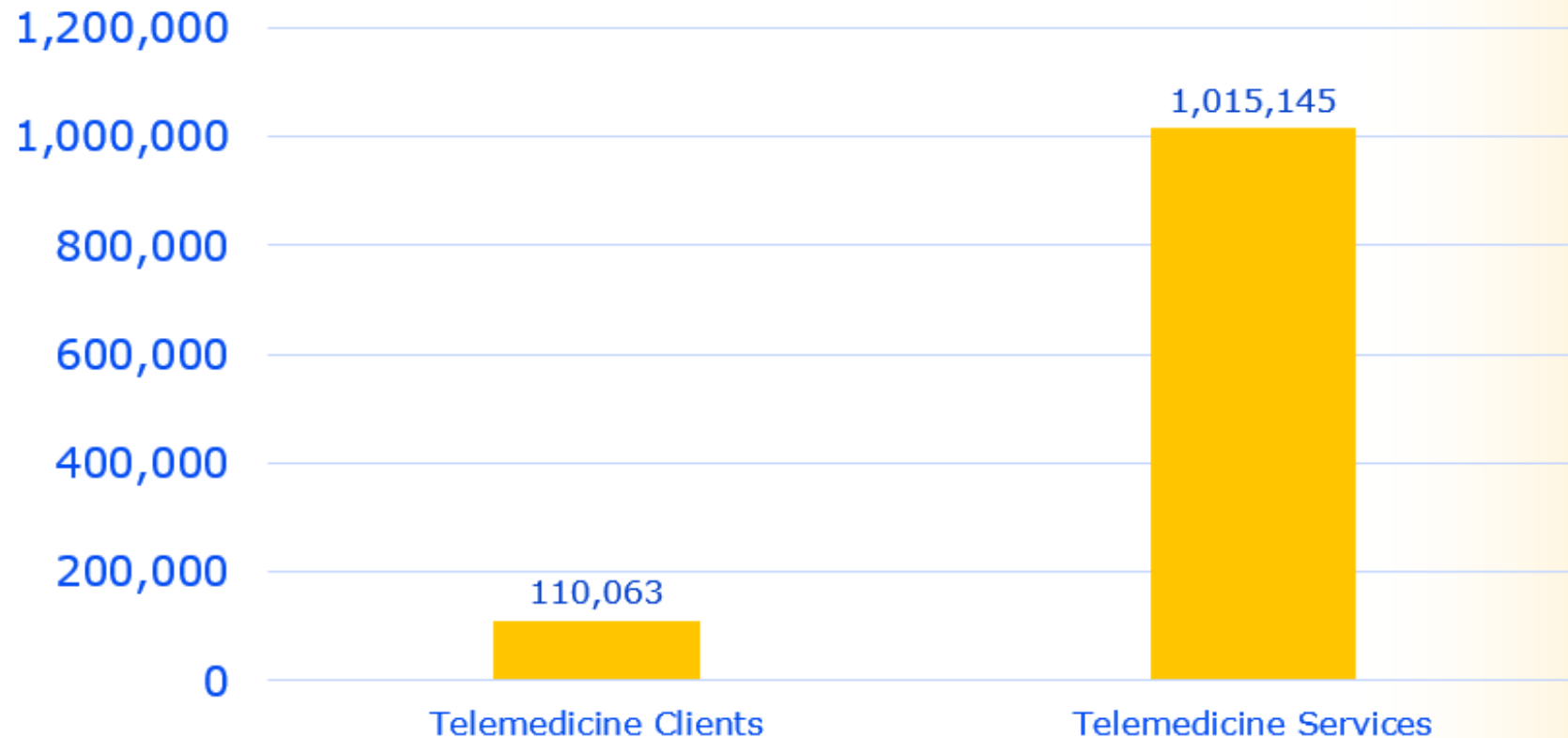
# Telemedicine and Telehealth Utilization in Texas Medicaid

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**During COVID-19**

# Telemedicine Utilization, January 2020 – May 2020

Telemedicine Clients and Services Rendered, January  
2020 – May 2020



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# Telemedicine Utilization, January 2020 – May 2020

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## Most common primary diagnoses

- Hypertension
- Allergic rhinitis
- Major depressive disorder
- Acute upper respiratory infection
- Generalized anxiety disorder



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# Telemedicine Utilization, January 2020 – May 2020

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## Most common services

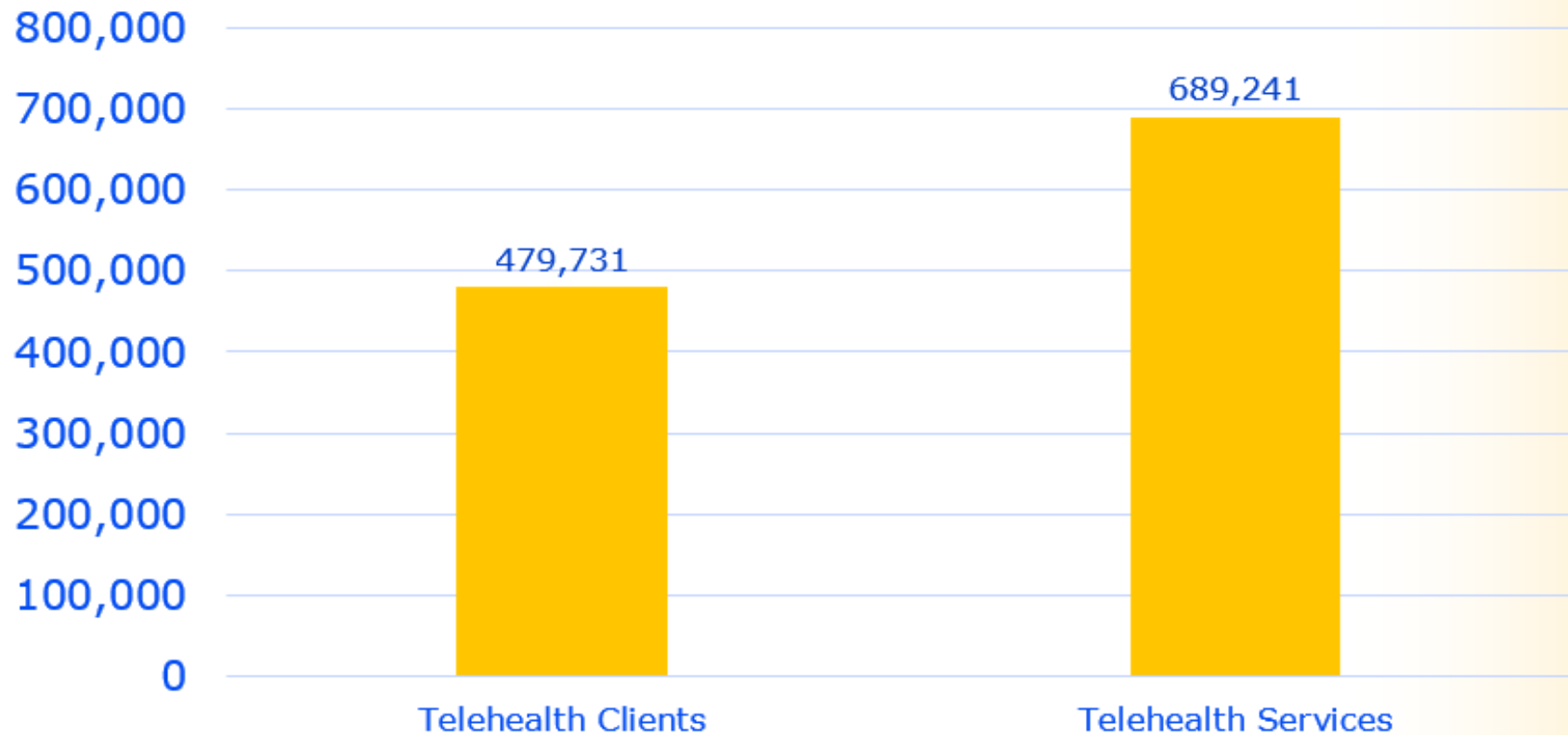
- Outpatient office visit
- Clinic visit



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# Telehealth Utilization, January 2020 – May 2020

Telehealth Clients and Services Rendered, January  
2020 – May 2020



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# Telehealth Utilization, January 2020 – May 2020

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## Most common primary diagnoses

- Mixed receptive-expressive language disorder
- Delayed milestone in childhood
- Attention Deficit Hyperactivity Disorder (ADHD)
- Unspecified lack of expected normal physiological development in childhood



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# Telehealth Utilization, January 2020 – May 2020

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## Most common services

- Treatment of Speech, Language, Voice, Communication, and/or Auditory Processing Disorder
- Therapeutic Activities, Direct Patient Contact
- Targeted Case Management
- Skills Training and Development



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# Texas Medicaid Provider Procedures Manual

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# Texas Medicaid Provider Procedures Manual

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## Medicaid reimbursement information

- Outlines Medicaid minimum fee-for-service (FFS) medical and dental benefits.
- Procedure codes, places of service, provider types, and any benefit restrictions.
- Available through the Texas Medicaid & Healthcare Partnership (TMHP):

[http://www.tmhp.com/Pages/Medicaid/Medicaid\\_Publications\\_Provider\\_manual.aspx](http://www.tmhp.com/Pages/Medicaid/Medicaid_Publications_Provider_manual.aspx)



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# Thank you

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