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Texas Medicaid Telemedicine and Telehealth Services

Morgan Goldstein

Medicaid Medical Benefits

Overview

- Telemedicine and Telehealth Benefits
- Telemedicine and Telehealth Utilization Pre-COVID19
- COVID-19 Flexibilities
- Telemedicine and Telehealth Utilization During COVID-19
- Texas Medicaid Provider Procedures Manual



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Telemedicine and Telehealth Benefits

Services Eligible for Remote Delivery

Fee For Service Benefits

Telemedicine Services

- Evaluation and management services
- Psychiatric diagnostic evaluations
- Psychotherapy
- End-stage Renal Disease services
- Inpatient consultation
- Follow-up inpatient consultation
- Federally Qualified Health Center visit



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Fee For Service Benefits

Telehealth Services

- Evaluation and management services
- Psychotherapy services
- Psychotherapy
- End-stage Renal Disease services
- Medical Nutrition Therapy
- Federally Qualified Health Center visit
- School Health and Related Services



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Coverage in Managed Care

- S.B. 670, 86th Legislative Session, Regular Session, 2019 prohibits Medicaid health plans from denying reimbursement for telemedicine or telehealth services solely because the service was delivered remotely
 - Health plans should use clinical and cost effectiveness, among other factors, in making their coverage determinations
- Health plans may optionally cover telemedicine or telehealth services delivered as audio-only calls, text-only emails, or faxes



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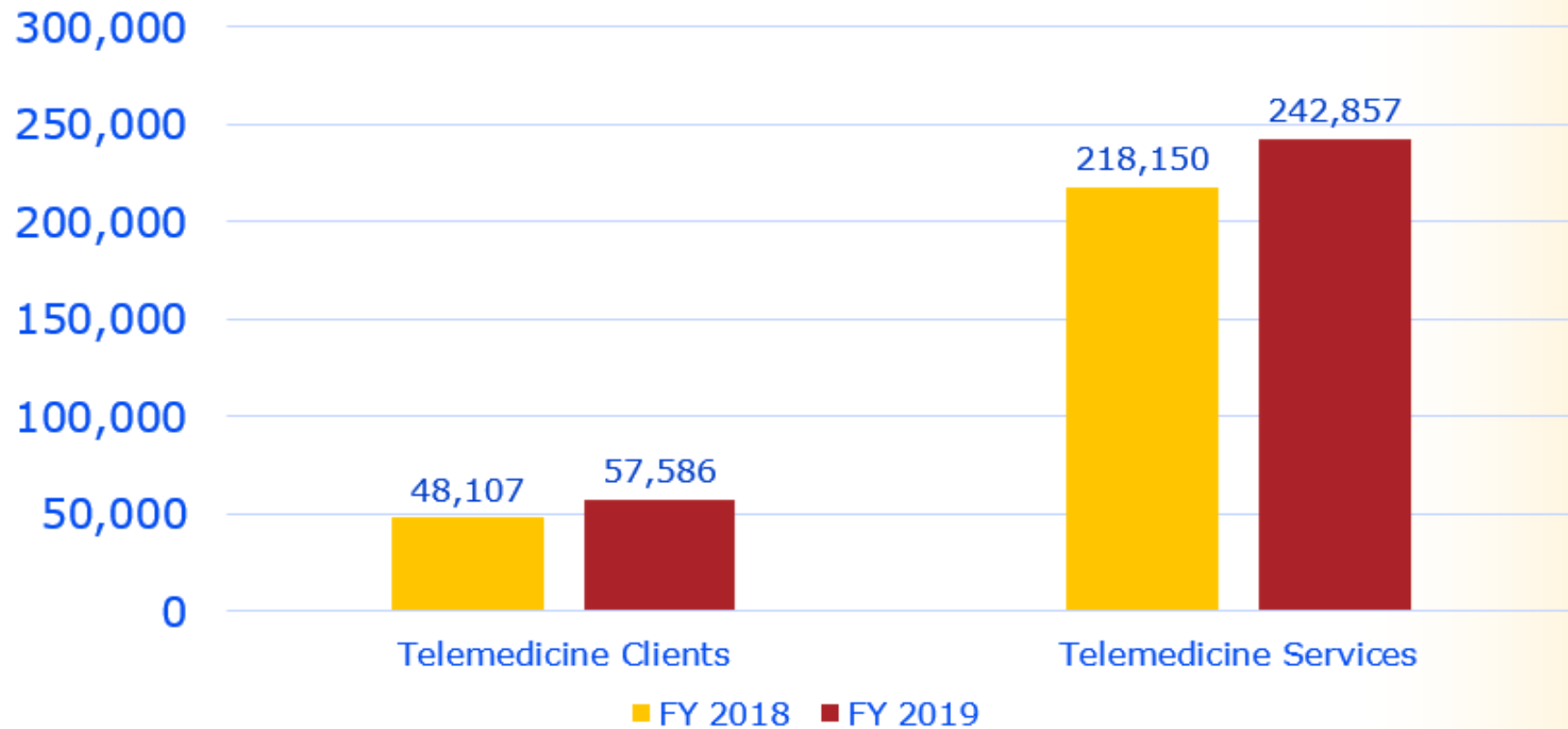
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Telemedicine and Telehealth Utilization in Texas Medicaid

Fiscal Year 2018 and Fiscal Year 2019

Telemedicine Utilization FY 2018 and FY 2019

Telemedicine Clients and Services Rendered, FYs 2018 and 2019



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Telemedicine Utilization FY 2018 and FY 2019

Most common primary diagnoses

- Attention-Deficit Hyperactivity Disorder (ADHD)
- Schizophrenia
- Schizoaffective disorder
- Bipolar disorder



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Telemedicine Utilization FY 2018 and FY 2019

Most common services

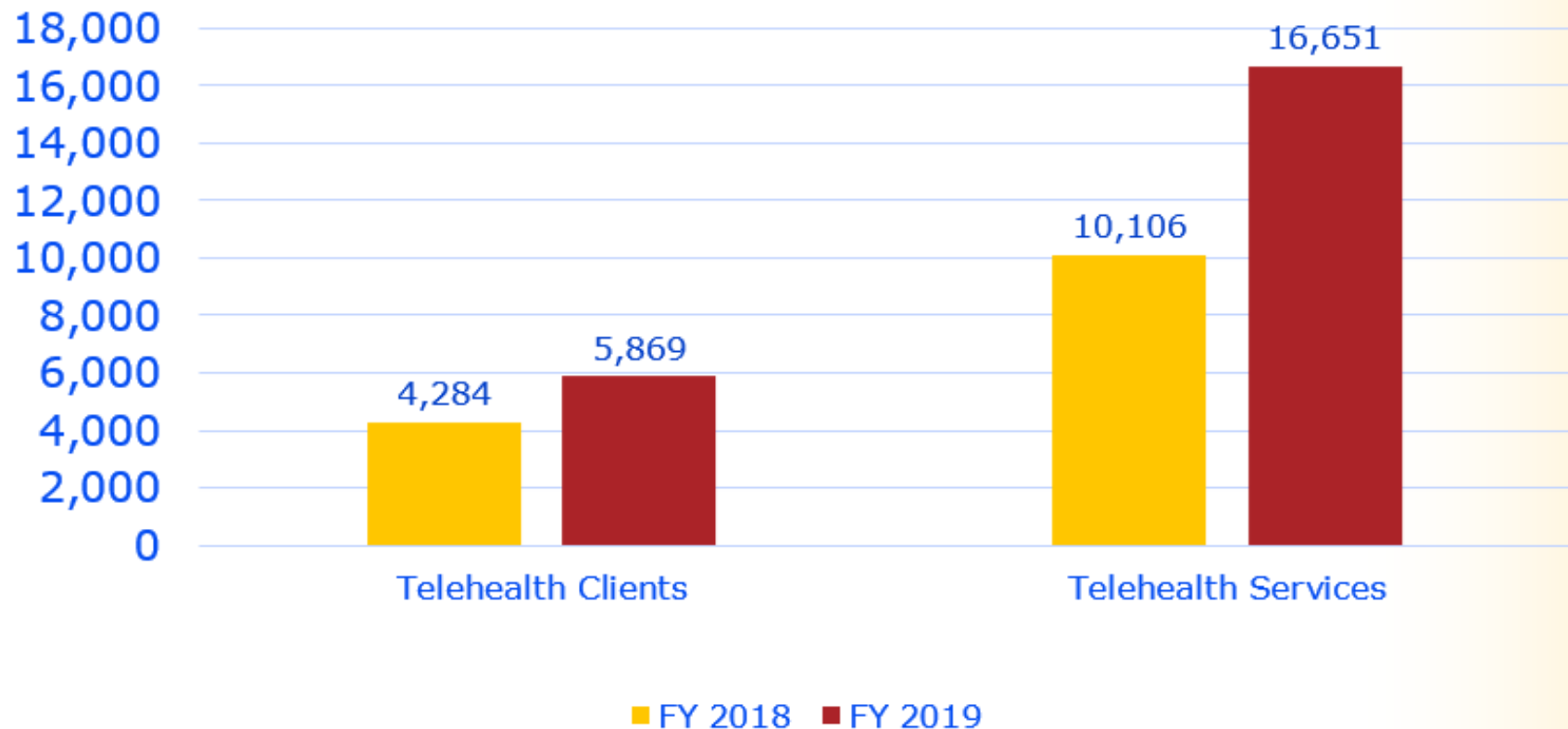
- Outpatient office visit
- Psychiatric Diagnostic Evaluation with a medical service
- Psychiatric Diagnostic Evaluation
- Outpatient office visit: Psychotherapy



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Telehealth Utilization FY 2018 and FY 2019

Telehealth Clients and Services Rendered, FYs 2018 and 2019



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Telehealth Utilization FY 2018 and FY 2019

Most common primary diagnoses

- Attention-Deficit Hyperactivity Disorder (ADHD)
- Major depressive disorder
- Schizophrenia
- Bipolar disorder



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Telehealth Utilization FY 2018 and FY 2019

Most common services

- Outpatient office visit
- Psychiatric Diagnostic Evaluation
- Outpatient office visit: Psychotherapy



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COVID-19 Flexibilities

COVID-19 Flexibilities

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Extensions are considered on a month-to-month basis
Authorized the following services to be delivered via audio-only modalities:

- Evaluation and Management Services
- Select Behavioral Health Services:
 - Psychiatric Diagnostic Evaluation
 - Psychotherapy
 - Peer Specialist Services
 - Screening, Brief Intervention, and Referral to Treatment (SBIRT)
 - Substance Use Disorder Services
 - Mental Health Rehabilitation



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COVID-19 Flexibilities

Authorized remote delivery for the following services:

- Targeted Case Management
- Authorized remote delivery for Occupational Therapy, Physical Therapy, and Speech Therapy
- Rural Health Center reimbursement for telemedicine and telehealth services
- Federally Qualified Health Center Reimbursement for telemedicine and telehealth services



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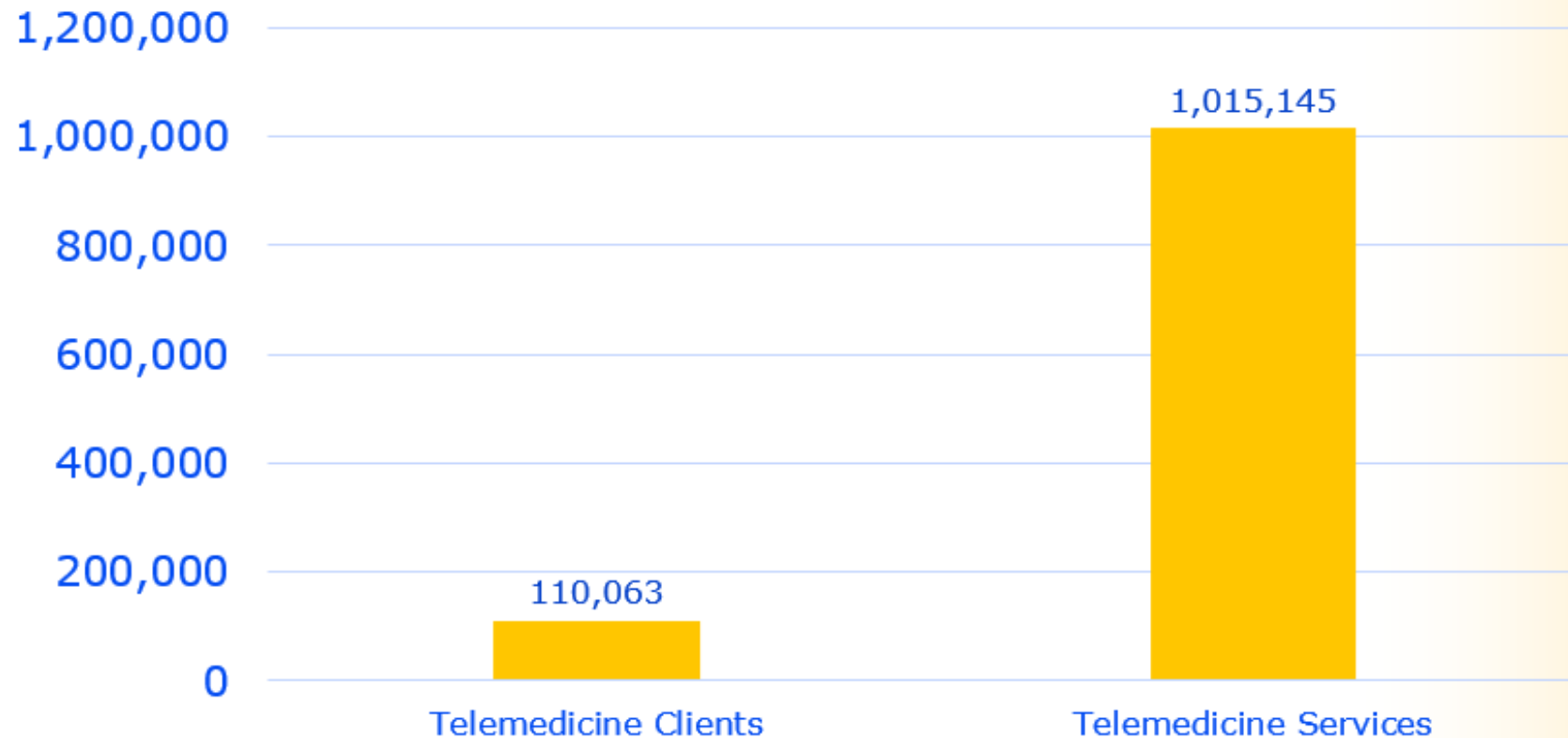
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Telemedicine and Telehealth Utilization in Texas Medicaid

During COVID-19

Telemedicine Utilization, January 2020 – May 2020

Telemedicine Clients and Services Rendered, January
2020 – May 2020



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Telemedicine Utilization, January 2020 – May 2020

Most common primary diagnoses

- Hypertension
- Allergic rhinitis
- Major depressive disorder
- Acute upper respiratory infection
- Generalized anxiety disorder



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Telemedicine Utilization, January 2020 – May 2020

Most common services

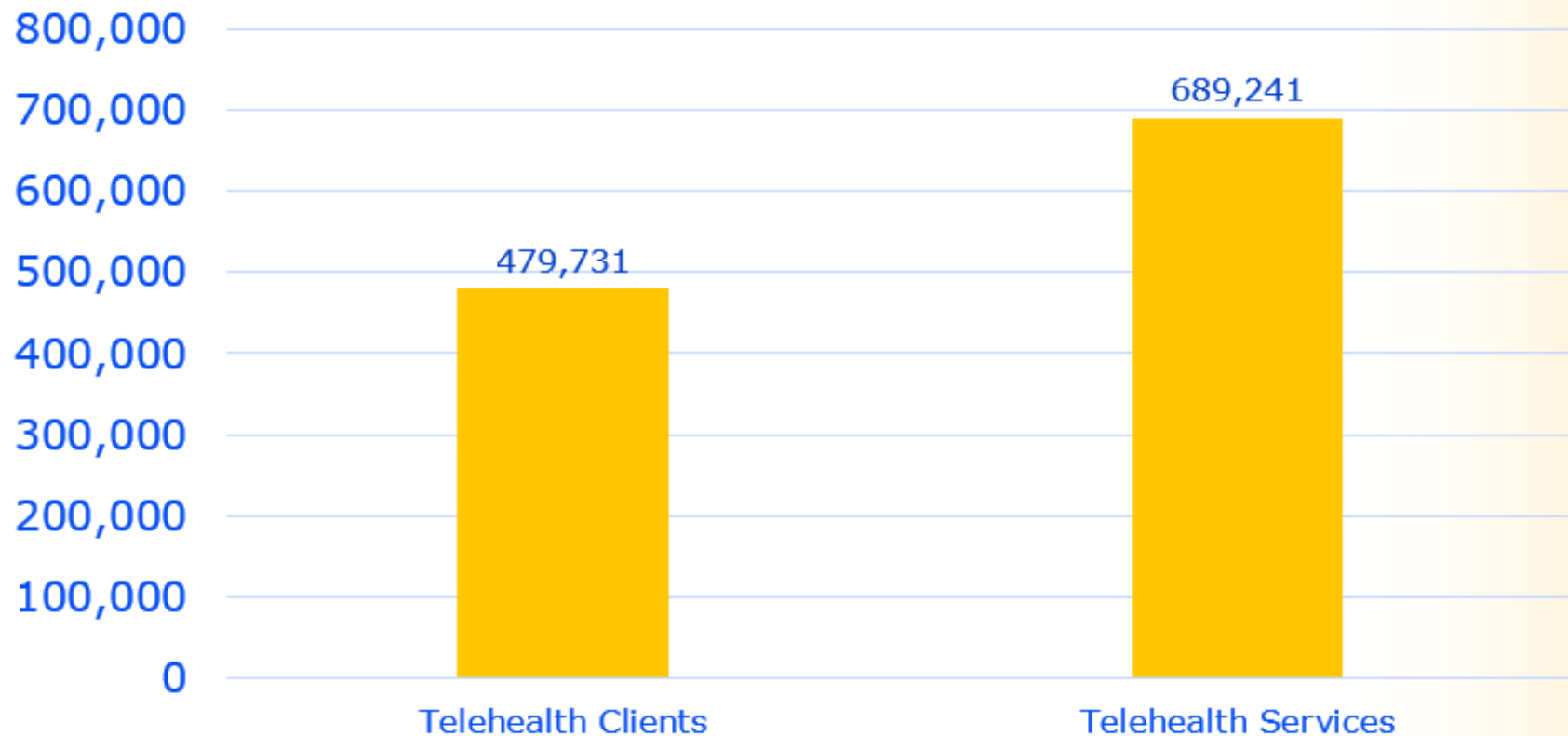
- Outpatient office visit
- Clinic visit



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Telehealth Utilization, January 2020 – May 2020

Telehealth Clients and Services Rendered, January
2020 – May 2020



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Telehealth Utilization, January 2020 – May 2020

Most common primary diagnoses

- Mixed receptive-expressive language disorder
- Delayed milestone in childhood
- Attention Deficit Hyperactivity Disorder (ADHD)
- Unspecified lack of expected normal physiological development in childhood



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Telehealth Utilization, January 2020 – May 2020

Most common services

- Treatment of Speech, Language, Voice, Communication, and/or Auditory Processing Disorder
- Therapeutic Activities, Direct Patient Contact
- Targeted Case Management
- Skills Training and Development



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Texas Medicaid Provider Procedures Manual

Texas Medicaid Provider Procedures Manual

Medicaid reimbursement information

- Outlines Medicaid minimum fee-for-service (FFS) medical and dental benefits.
- Procedure codes, places of service, provider types, and any benefit restrictions.
- Available through the Texas Medicaid & Healthcare Partnership (TMHP):

http://www.tmhp.com/Pages/Medicaid/Medicaid_Publications_Provider_manual.aspx



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Thank you

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