



SUPPORT & EMPOWERMENT PROGRAM

TEXAS COUNCIL FOR DEVELOPMENTAL DISABILITIES GRANT



SUPPORT & EMPOWERMENT PROGRAM: BACKGROUND

- Granted to the IDD Services Department in May 2019 by the Texas Council for Developmental Disabilities (TCDD)
- The Support & Empowerment Program for Older Adults with IDD and Their Caregiver is the Pilot program for LIDDAs across the state

SUPPORT & EMPOWERMENT PROGRAM: PROGRAM GOALS

- Provide further education to persons with IDD and caregivers about aging with IDD
- Identify gaps in the community to support a person aging in the IDD community
- Create a self sustainable model that can continue past the 5 year grant

SUPPORT & EMPOWERMENT PROGRAM: PARTICIPANT REQUIREMENTS

Who Can Participate

- Caregivers
 - Anyone who is a paid/unpaid role caring for the person with IDD. Does not have to live within same residence.
- Individuals with IDD
 - Individual with disability needs to be over the age of 18.
 - Do not have to be under AACOG services.

SUPPORT & EMPOWERMENT PROGRAM: CONTENT AND AVAILABILITY

- Offer series of classes with translation services available including Braille Grade 2
- Class List:
 - Health
 - Finance
 - Spirituality
 - Caregiver Care
 - Nutrition & Physical Fitness
- Class Flexibility:
 - 1 Day Flash Class
 - 2 Day Session
 - Monday through Friday Sessions

SUPPORT & EMPOWERMENT PROGRAM: COVID AND ADJUSTMENTS

- Before COVID

- Classes held in person and in the community

- After COVID

- Classes held online through a series of webinar series on Zoom
- Tablet loan program available for residents throughout the state of Texas

SUPPORT & EMPOWERMENT PROGRAM: TABLET LOAN PROGRAM

- Tablet Loan Program Includes
 - Tablets with data service
 - Wireless keyboard
 - Protective case
 - Charging cords
 - Fully enclosed in a specialized mailing box
- Each box will also have its own pre-paid shipping label participants can use to ship back to us via USPS

SUPPORT & EMPOWERMENT PROGRAM: DATA COLLECTION

- Data Collection includes:
 - Survey on Quality of Life
 - Survey on Social Determinants of Health
 - Demographic & personal information collected
- Participants need to sign necessary forms for us to collect data
- All data collection is placed into SPSS; but when displayed will not show any identifying information

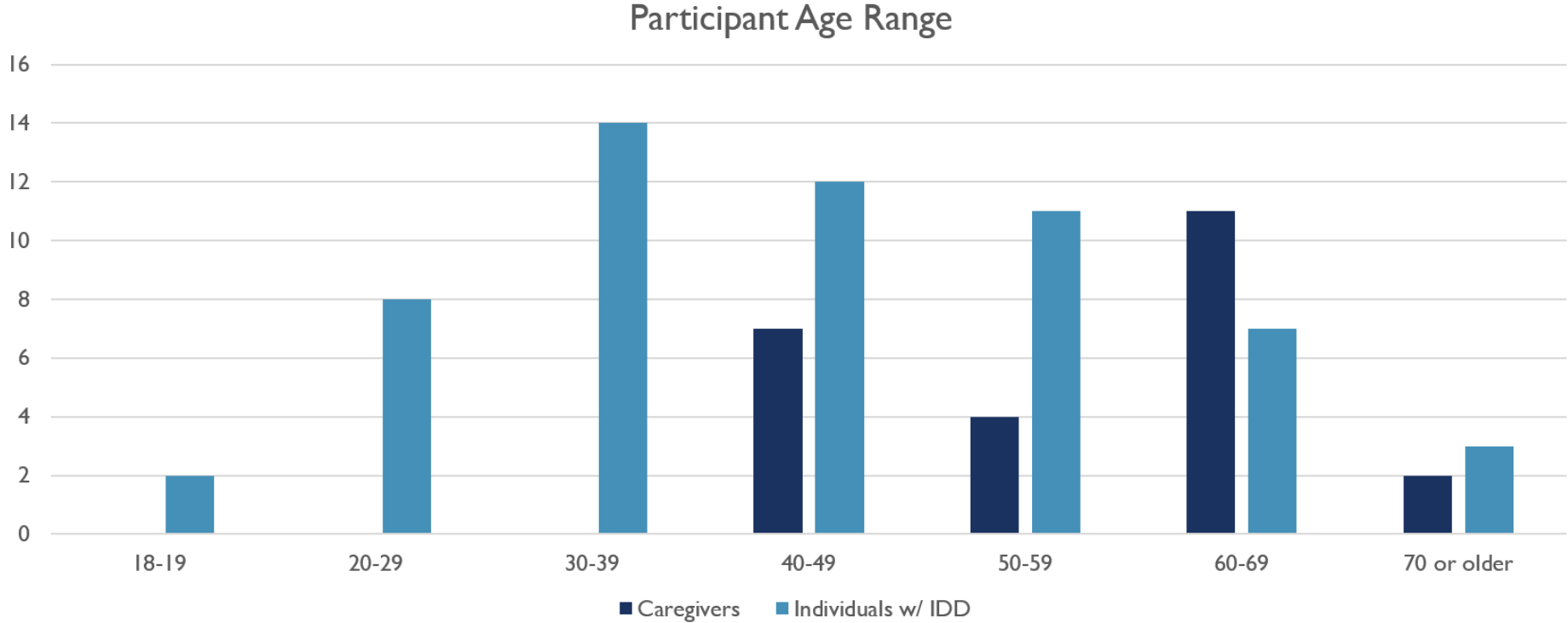
SUPPORT & EMPOWERMENT PROGRAM: FEEDBACK AND RESPONSES

- Feedback received:
 - Classes are too long and time consuming
 - Information is too extent, may need to be simplified
 - Incentives for classes
- Responses
 - Curriculum narrowed down to one class “Flash Class”
 - Information trimmed down for “Flash Class” but leaving option to take 6 series course
 - Incentives cannot be provided due to grant regulations

SUPPORT & EMPOWERMENT PROGRAM: GROWTH & GOALS

- Originally for Bexar County residents; now accepting participants from all of Texas
- Revision of curriculum underway to simplify material
- Recent recipient of the NADO Impact Award 2021
- Designing online resource library

SUPPORT & EMPOWERMENT PROGRAM: PARTICIPANTS



SUPPORT & EMPOWERMENT PROGRAM: REGISTRATION

- Signing up for classes
 - **Call**
 - **Email**
- Antonio Martinez
 - (210) 837-8077
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- Diana Chavarria
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