

FY2022

PROGRAM REPORT CARD

Community Mental Health Grant

Program Overview

The Community Mental Health Grant (CMHG) program supports comprehensive mental health systems that promote both wellness and recovery. CMHG's behavioral health programming consists of five distinct service types: Access to Care, Co-Occurring Disorders and Substance Use Disorder Services, Crisis and Forensic Services, Peer Support Services, and School-Based and Early Intervention Services.



1,606 Texans trained in behavioral health topics

52 Grantees

155 Counties

55 Community-based Projects

43,096 Unduplicated Texans Served



\$25,500,000 HHSC-Awarded Funds

TEXAS-SIZED ACHIEVEMENTS

Accomplishments across multiple service domains illustrate positive effects and impacts of CMHG-funded services.

Rural Texas

CMHG-funded projects increased access to mental health services in rural Texas counties:

136 rural counties served by **27 grantees**, connecting over **10,590 rural Texans** to individualized mental health services.

Grantees also increased rural community capacities through:

- Over **150 behavioral health-related trainings** resulting in more than 1,500 participants trained.
- **21 peer support groups.**
- **79 community education events.**

Youth Mental Health and Schools

Over **2,520 students** received individualized mental health services. Outcomes of their service participation include:

- **Behavior in School: 85% of students** achieved behavioral improvement.
- **Academic Progress: 77% of students** attained better grades.



Recovery and Wellness

Outcomes of grant-funded service participation include:

- **Social Support: 87% of participants improved** relationships and community supports.*
- **Quality of Life: 73% of participants improved** their quality of life.*

**As indicated by evidence-based measurement scales.*



FY22 GRANTEEES

Amarillo Public Health (City of Amarillo Public Health Department)
 Baptist Hospitals of Southeast Texas
 Betty Hardwick Center (Abilene Regional My Health My Resources (MHMR) Center)
 Bluebonnet Trails Community Services (Bluebonnet Trails Community MHMR Center)
 Border Region Behavioral Health Center (Border Region Community MHMR Center)
 Boys and Girls Club of Pharr
 Burke Center (Deep East Texas MHMR Center)
 Camino Real Community Services (Camino Real Community MHMR Center)
 Child and Family Guidance Center of Texoma
 City of Laredo Public Health Department
 Coastal Plains Community Center (Coastal Plains Community MHMR Center)
 Collin County, Texas
 Communities In Schools of North Texas
 CommUnity Care
 Community Hope Projects, Inc.
 DePelchin Children's Center
 Family Service Association of San Antonio
 Foundations Communities
 Gulf Bend Center (Gulf Bend Mental Health and Developmental Disabilities (MHDD) Center)
 Hale County, Texas
 Harris County, Texas
 Healthcare for the Homeless-Houston
 Heart of Texas Region MHMR Center
 Helen Farabee Centers (Helen Farabee Regional MHMR Center)
 Hill Country Centers (Hill Country Community MHDD Centers)
 Hope Fort Bend Clubhouse
 Integral Care (Austin Travis County MHMR Center)
 Juvenile Outreach and Vocational Educational Network (JOVEN)
 MHMR of Tarrant County
 MHMR Services for the Concho Valley
 Montrose Counseling Center
 NAMI Texas, Inc.
 Next Step Community Solutions, Inc.
 North Texas Behavioral Health Authority
 Pecan Valley Centers (Pecan Valley MHMR Centers)
 Project Vida Health Center
 Rural Economic Assistance League, Inc.
 Rusk Independent School District
 San Antonio Metropolitan Ministries, Inc. (SAMMinistries)
 San Antonio Clubhouse
 Spindletop Center (Spindletop Center MHMR Services)
 Texas A&M International University
 Texas A&M University
 Texas Panhandle Centers (Texas Panhandle MHMR Centers)
 The Dallas-Fort Worth Hospital Council Foundation
 The Ecumenical Center
 The Harris Center for Mental Health and Intellectual and Developmental Disabilities
 The Women's Home
 Tri-County Behavioral Healthcare
 United Way Amarillo Canyon (Panhandle Behavioral Health Alliance)
 University of Texas Health Science Center at San Antonio
 West Texas Centers (West Texas Center for MHMR)

CMHG Success Story

Parenting teens is rarely easy even in the most ideal circumstances. For Amelia, a newly single mother of two teens, it felt impossible. After enduring years of horrific abuse, she divorced her husband. Though physically removed, Amelia and her children struggled with depression, anxiety, anger and low self-esteem. Fortunately, new beginnings brought relief and hope. Comprehensive, school-based counseling services were available through their new school's partnership with a local nonprofit.

All three family members enrolled in services, participating in both individual and family counseling. Though not easy, the outcomes of service participation were tremendous. Both teens improved greatly in their school attendance, grades and behaviors.

Towards the end of therapy Amelia stated, "This has been really helpful. We were given the opportunity to express our pain and heal together. If counseling services were not available at our school, we probably would not have been able to access this assistance. I do not know where we would be if it were not for this program."

Story submitted by CMHG grantee Family Service Association of San Antonio.