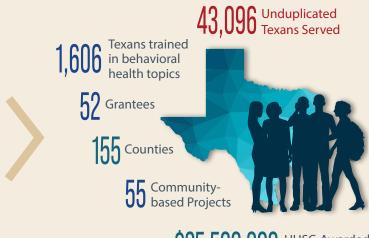
PROGRAM REPORT CARD

Community Mental Health Grant

Program Overview

The Community Mental Health Grant (CMHG) program supports comprehensive mental health systems that promote both wellness and recovery. CMHG's behavioral health programming consists of five distinct service types: Access to Care, Co-Occurring Disorders and Substance Use Disorder Services, Crisis and Forensic Services, Peer Support Services, and School-Based and Early Intervention Services.



\$25,500,000 HHSC-Awarded Funds

TEXAS-SIZED ACHIEVEMENTS

Accomplishments across multiple service domains illustrate positive effects and impacts of CMHG-funded services.

Rural Texas

CMHG-funded projects increased access to mental health services in rural Texas counties:

136 rural counties served by 27 grantees, connecting over 10,590 rural Texans to individualized mental health services.

Grantees also increased rural community capacities through:

- Over 150 behavioral health-related trainings resulting in more than 1,500 participants trained.
- 21 peer support groups.
- 79 community education events.

Youth Mental Health and Schools

Over **2,520 students** received individualized mental health services. Outcomes of their service participation include:

- Behavior in School: 85% of students achieved behavioral improvement.
- Academic Progress: 77% of students attained better grades.



Recovery and Wellness

Outcomes of grant-funded service participation include:

- Social Support: 87% of participants improved relationships and community supports.*
- Quality of Life: 73% of participants improved their quality of life.*

*As indicated by evidence-based measurement scales.





FY22 PROGRAM REPORT CARD

Community Mental Health Grant

FY22 GRANTEES

Amarillo Public Health (City of Amarillo Public Health Department)

Baptist Hospitals of Southeast Texas

Betty Hardwick Center (Abilene Regional My Health My Resources (MHMR) Center) Bluebonnet Trails Community Services (Bluebonnet Trails Community MHMR

Center)
Border Region Behavioral Health Center
(Border Region Community MHMR

Center)

Boys and Girls Club of Pharr

Burke Center (Deep East Texas MHMR Center)

Camino Real Community Services (Camino Real Community MHMR Center) Child and Family Guidance Center of Texoma

City of Laredo Public Health Department Coastal Plains Community Center (Coastal Plains Community MHMR Center)

Collin County, Texas

Communities In Schools of North Texas

CommUnity Care

Community Hope Projects, Inc.

DePelchin Children's Center

Family Service Association of San Antonio

Foundations Communities

Gulf Bend Center (Gulf Bend Mental Health and Developmental Disabilities (MHDD) Center)

Hale County, Texas

Harris County, Texas

Healthcare for the Homeless-Houston

Heart of Texas Region MHMR Center

Helen Farabee Centers (Helen Farabee

Regional MHMR Center)

Hill Country Centers (Hill Country Community MHDD Centers)

Hope Fort Bend Clubhouse

Integral Care (Austin Travis County MHMR Center)

Juvenile Outreach and Vocational Educational Network (JOVEN)

MHMR of Tarrant County

MHMR Services for the Concho Valley

Montrose Counseling Center

NAMI Texas, Inc.

Next Step Community Solutions, Inc.

North Texas Behavioral Health Authority Pecan Valley Centers (Pecan Valley MHMR Centers)

Project Vida Health Center

Rural Economic Assistance League, Inc.

Rusk Independent School District

San Antonio Metropolitan Ministries, Inc. (SAMMinistries)

San Antonio Clubhouse

Spindletop Center (Spindletop Center MHMR Services)

Texas A&M International University

Texas A&M University

Texas Panhandle Centers (Texas Panhandle MHMR Centers)

The Dallas-Fort Worth Hospital Council Foundation

The Ecumenical Center

The Harris Center for Mental Health and Intellectual and Developmental Disabilities

The Women's Home

Tri-County Behavioral Healthcare

United Way Amarillo Canyon (Panhandle Behavioral Health Alliance)

University of Texas Health Science Center at San Antonio

West Texas Centers (West Texas Center for MHMR)

CMHG Success Story

Parenting teens is rarely easy even in the most ideal circumstances. For Amelia, a newly single mother of two teens, it felt impossible. After enduring years of horrific abuse, she divorced her husband. Though physically removed, Amelia and her children struggled with depression, anxiety, anger and low self-esteem. Fortunately, new beginnings brought relief and hope. Comprehensive, schoolbased counseling services were available through their new school's partnership with a local nonprofit.

All three family members enrolled in services, participating in both individual and family counseling. Though not easy, the outcomes of service participation were tremendous. Both teens improved greatly in their school attendance, grades and behaviors.

Towards the end of therapy Amelia stated, "This has been really helpful. We were given the opportunity to express our pain and heal together. If counseling services were not available at our school, we probably would not have been able to access this assistance. I do not know where we would be if it were not for this program."

Story submitted by CMHG grantee Family Service Association of San Antonio.

